

# Calendar of Health & Disability Events Hawke's Bay 2018

| <b>January</b>  |   | <b>Kohi-tatea</b>   |
|-----------------|---|---|
| 02 - 03         | <i>New Year's Day Holidays</i>  |   |
| 04              | World Braille Day   | <a href="https://blindfoundation.org.nz/">https://blindfoundation.org.nz/</a>   |
| 05 - 10         | HB Summer Cycling Carnival  | <a href="http://www.summercyclingcarnival.co.nz/carnival-events/">http://www.summercyclingcarnival.co.nz/carnival-events/</a> |
|                 |   |   |
| <b>February</b> |   | <b>Hui-tanguru</b>  |
|                 | Aotearoa Bike Challenge Month   | <a href="http://www.lovetoride.net/nz">http://www.lovetoride.net/nz</a>   |
|                 |   |   |
| 05 - 11         | World Tinnitus Awareness Week   | <a href="http://nfd.org.nz">http://nfd.org.nz</a>   |
| 06              | <i>Term 1 Starts</i>  |   |
| 04              | World Cancer Day  | <a href="http://www.worldcancerday.org/">http://www.worldcancerday.org/</a>   |
| 06              | Safer Internet Day  | <a href="http://netsafe.org.nz">http://netsafe.org.nz</a>   |
| 06              | <i>Kahungunu Waitangi Day Celebrations</i>                                | <a href="http://www.kahungunufestival.com/">http://www.kahungunufestival.com/</a>   |
| 06 - 26         | Kahungunu Festival  | <a href="http://www.kahungunufestival.com/">http://www.kahungunufestival.com/</a>   |
| 11              | Tumu Timbers Whanau Day   | <a href="mailto:kylie.truman@tumu.co.nz">kylie.truman@tumu.co.nz</a>  |
| 14              | Congenital Heart Defect Awareness Day                                     | <a href="http://www.heartkids.org.nz/">http://www.heartkids.org.nz/</a>   |
| 16              | Chinese New Year – Year of the Dog  |   |
| 21              | Go By Bike Day  | <a href="http://www.sporthb.net.nz/">http://www.sporthb.net.nz/</a>   |
| 23 - 24         | Big Heart Street Appeal   | <a href="http://www.heartfoundation.org.nz/">http://www.heartfoundation.org.nz/</a>   |
| 26 - 04         | Well Child Week   | <a href="http://www.wellchild.org.nz">http://www.wellchild.org.nz</a>   |
| 28              | Rare Disease Day “Research”   | <a href="http://www.rarediseaseday.org/">http://www.rarediseaseday.org/</a>   |
| <b>March</b>    |   | <b>Poutu-te-rangi</b>   |
|                 | Endometriosis Awareness Month   | <a href="http://www.nzendo.org.nz/">http://www.nzendo.org.nz/</a>   |
|                 | Melanoma March  | <a href="http://www.melanoma.org.nz/">http://www.melanoma.org.nz/</a>   |
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| 26 - 04         | Well Child Week   | <a href="http://www.wellchild.org.nz">http://www.wellchild.org.nz</a>   |
| 03 - 09         | World Hearing Week (3 <sup>rd</sup> Day)                                  | <a href="http://nfd.org.nz">http://nfd.org.nz</a>   |
| 03 - 09         | Endometriosis Awareness Week  | <a href="http://www.nzendo.org.nz/">http://www.nzendo.org.nz/</a>   |
| 03 - 09         | Light it Orange for Shine help victims of family violence                 | <a href="http://www.lightitorange.co.nz/">http://www.lightitorange.co.nz/</a>   |
| 03 - 11         | Seaweek “Toiora te Moana – Toiora te Tangata Healthy Seas Healthy People” | <a href="http://seaweek.org.nz/">http://seaweek.org.nz/</a>   |

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| 03           | International Culture's Day - Cornwall Park Hastings 11am - 4pm                |   |
| 04 - 10      | Playcentre Awareness Week  | <a href="http://www.playcentre.org.nz">http://www.playcentre.org.nz</a>   |
| 04           | Children's Day   | <a href="http://www.childrensday.org.nz/">http://www.childrensday.org.nz/</a>   |
| 14           | International Registered Dietitian Nutritionst Day                             | <a href="http://dietitians.org.nz/">http://dietitians.org.nz/</a>   |
| 08           | International Women's Day<br>#PressforProgress                                 | <a href="https://www.internationalwomensday.com/">https://www.internationalwomensday.com/</a>   |
| 08           | World Kidney Day – Kidneys & Women's Health                                    | <a href="http://www.worldkidneyday.org/">http://www.worldkidneyday.org/</a>   |
| 10           | Cancer Society Relay For Life “Super Heros” HB Regional Sports Park            | <a href="https://www.everydayhero.co.nz/event/RFL-HawkesBay-2018">https://www.everydayhero.co.nz/event/RFL-HawkesBay-2018</a>   |
| 12 - 18      | Brain Awareness Week   | <a href="https://www.dana.org/BAW/">https://www.dana.org/BAW/</a>   |
| 14           | Walk 2 Work Day  | <a href="http://www.livingstreets.org.nz/">http://www.livingstreets.org.nz/</a>   |
| 19 - 25      | Shave For A Cure Awareness Week  | <a href="https://shaveforacure.co.nz/">https://shaveforacure.co.nz/</a>   |
| 20           | World Oral Health Day  | <a href="http://www.healthysmiles.org.nz/">http://www.healthysmiles.org.nz/</a>   |
| 20           | World Social Work Day - ‘Promoting Community and Environmental Sustainability’ | <a href="https://www.worldsocialworkday.com/">https://www.worldsocialworkday.com/</a>   |
| 21           | CHB Service Community Day 10.00-12.30 Main Street Waipukurau                   | Denise Skilton CHB Business Association   |
| 21           | World Down Syndrom Day   | <a href="http://www.nzdsa.org.nz/">http://www.nzdsa.org.nz/</a>   |
| 22           | World Water Day  | <a href="http://www.worldwaterday.org/">http://www.worldwaterday.org/</a>   |
| 23 - 24      | Red Puppy Appeal   | <a href="https://blindfoundation.org.nz/guide-dogs/red-puppy-appeal/">https://blindfoundation.org.nz/guide-dogs/red-puppy-appeal/</a>   |
| 24           | World Tuberculosis Day   | <a href="https://www.health.govt.nz/your-health/conditions-and-treatments/diseases-and-illnesses/tuberculosis-disease">https://www.health.govt.nz/your-health/conditions-and-treatments/diseases-and-illnesses/tuberculosis-disease</a> |
| 24 - 25      | Neighbours Day   | <a href="http://neighboursday.org.nz/">http://neighboursday.org.nz/</a>   |
| 26           | Purple Day Epilepsy  | <a href="http://www.epilepsy.org.nz/">http://www.epilepsy.org.nz/</a>   |
| <b>30</b>    | <b>Good Friday</b>   |   |
| <b>April</b> |  | <b>Paenga-whawha</b>  |
|              | HB April Falls   | <a href="http://www.hqsc.govt.nz/">http://www.hqsc.govt.nz/</a>   |
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| <b>01</b>    | <b>Daylight Saving End (3.00am becomes 2.00am)</b>                             |   |
| <b>02</b>    | <b>Easter Monday</b>   |   |
| 02           | World Autism Awareness Day - Light It Up Blue                                  | <a href="http://www.autismnz.org.nz/">http://www.autismnz.org.nz/</a>   |
| 02 - 08      | St John Appeal Week  | <a href="http://stjohn.org.nz">http://stjohn.org.nz</a>   |
| 07           | World Health Day – Depression Let's Talk                                       | <a href="http://www.who.int/campaigns/world-health-day/">http://www.who.int/campaigns/world-health-day/</a>   |
| 11           | World Parkinson's Day  | <a href="http://www.parkinsons.org.nz/">http://www.parkinsons.org.nz/</a>   |
| <b>13</b>    | <b>Term One Finishes</b>   |   |
| 17           | World Haemophilia Day  | <a href="http://haemophilia.org.nz">http://haemophilia.org.nz</a>   |
| 20           | Poppy Day  | <a href="http://www.rsa.org.nz/">http://www.rsa.org.nz/</a>   |
| 21           | CHB Service Community Day  |   |
| 24           | World Meningitis Day   | <a href="http://www.meningitis.org.nz/">http://www.meningitis.org.nz/</a>   |

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| 25             | <b>ANZAC Day</b>  |   |
| 25             | World Malaria Day   |   |
| 28             | World Day for Safety & Health at Work                                     | <a href="http://www.ilo.org/safework/events/safeday/lang--en/index.htm">http://www.ilo.org/safework/events/safeday/lang--en/index.htm</a>     |
| 30             | <b>Term Two Starts</b>  |   |
| 30 - 06        | Immunisation Awareness Week   | <a href="http://www.immune.org.nz/">http://www.immune.org.nz/</a>   |
| 30 - 06        | Salvation Army Red Shield Appeal Week                                     | <a href="http://salvationarmy.org.nz">http://salvationarmy.org.nz</a>   |
| <b>May</b>     |   | <b>Haratua</b>  |
|                | Go Red For May – Women’s Heart Awareness Month                            | <a href="http://www.heartfoundation.org.nz/get-involved/go-red-for-women">http://www.heartfoundation.org.nz/get-involved/go-red-for-women</a> |
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| 30 – 06        | Immunisation Awareness Week   | <a href="https://www.hpa.org.nz/what-we-do/immunisation">https://www.hpa.org.nz/what-we-do/immunisation</a>                                   |
| 01             | World Asthma Day  | <a href="https://www.asthmafoundation.org.nz/">https://www.asthmafoundation.org.nz/</a>   |
| <b>01</b>      | <b>Term Two Starts</b>  |   |
| 30 - 06        | Salvation Army Red Shield Appeal Week                                     | <a href="http://salvationarmy.org.nz">http://salvationarmy.org.nz</a>   |
| 05             | World Midwives Day  | <a href="https://www.findyourmidwife.co.nz/midwives/hawkes+bay">https://www.findyourmidwife.co.nz/midwives/hawkes+bay</a>                     |
| 05-13 or 12-20 | Perinatal Anxiety & Depression Aotearoa Awareness Week                    | <a href="http://www.pada.nz/">http://www.pada.nz/</a>   |
| 06 - 12        | Nurses Week   | <a href="https://www.nzno.org.nz/">https://www.nzno.org.nz/</a>   |
| 07 - 13        | Road Safety Week – Seatbelts & distractions                               | <a href="http://brake.org.nz">http://brake.org.nz</a>   |
| 07 - 11        | Alcohol Youth Expo – Pettigrew Arena                                      | <a href="mailto:Linda.anderson@hbrc.govt.nz">Linda.anderson@hbrc.govt.nz</a>  |
| 07 - 13        | Sign Language Week  | <a href="http://www.deaf.org.nz">http://www.deaf.org.nz</a>   |
| TBC            | Rape Crisis Awareness Week  | <a href="http://www.rapecrisis.org.nz">http://www.rapecrisis.org.nz</a>   |
| 08             | World Red Cross & Red Crescent Day  | <a href="http://redcross.org.nz">http://redcross.org.nz</a>   |
| 10             | World Lupus Day   | <a href="http://www.lupus.org.nz">http://www.lupus.org.nz</a>   |
| 12             | World ME Awareness Day  | <a href="http://www.anzmes.org.nz">http://www.anzmes.org.nz</a>   |
| 12             | World Fibromyalgia Day  | <a href="http://www.arthritis.org.nz">http://www.arthritis.org.nz</a>   |
| 12             | World Chronic Fatigue Syndrome Day  |   |
| 12             | World Nurses Day  | <a href="http://www.nzno.org.nz">http://www.nzno.org.nz</a>   |
| 13 -19         | Food Allergy Awareness Week   |   |
| <b>13</b>      | <b>Mothers Day</b>  |   |
| 15             | International Day of Families   | <a href="http://www.un.org/en/events/familyday">http://www.un.org/en/events/familyday</a>   |
| 15             | Friday Jean Day – Napier Family Centre                                    | <a href="http://www.napierfamilycentre.org.nz/">http://www.napierfamilycentre.org.nz/</a>   |
| 17             | International Day Against Homophobia, Transphobia & Biphobia – “Families” | <a href="http://dayagainsthomophobia.org/">http://dayagainsthomophobia.org/</a>   |
| 18             | Pink Shirt Day – Speak Up Stand Together Stop Bullying                    | <a href="https://www.pinkshirtday.org.nz/">https://www.pinkshirtday.org.nz/</a>   |
| 19             | Hope Walk – Suicide Prevention  | <a href="mailto:Penny.thompson@hbdhb.govt.nz">Penny.thompson@hbdhb.govt.nz</a>  |
| 19             | World IBD Day   | <a href="http://www.worldibdday.org/">http://www.worldibdday.org/</a>   |
| 19             | World Sickle Cell Day   | <a href="http://www.worldsicklecellday.webs.com/">http://www.worldsicklecellday.webs.com/</a>   |
| 19 - 27        | Youth Week “Be who you want to be”  | <a href="http://www.arataiohi.org.nz/youthweek">http://www.arataiohi.org.nz/youthweek</a>   |
| 20             | World Autoimmune Arthritis  | <a href="http://www.worldautoimmunearthritisday.org">http://www.worldautoimmunearthritisday.org</a>   |

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| 22 - 28          | Macular Degeneration Awareness Week  | <a href="http://www.mdnz.co.nz/">http://www.mdnz.co.nz/</a>   |
| TBC              | Samoan Language Week   | <a href="http://www.mpp.govt.nz/language-culture-and-identity/pacific-language-weeks/">http://www.mpp.govt.nz/language-culture-and-identity/pacific-language-weeks/</a> |
| 28               | World Hepatitis Day  | <a href="https://www.hepatitisfoundation.org.nz/">https://www.hepatitisfoundation.org.nz/</a>   |
| 30               | World Multiple Sclerosis Day<br>#bringinguscloser Research                     | <a href="http://worldmsday.org">http://worldmsday.org</a>   |
| 31               | World Smokefree Day  | <a href="http://smokefree.org.nz/">http://smokefree.org.nz/</a>   |
| 31 - 06          | Infant Gastric Reflux Awareness Week   | <a href="http://cryingoverspiltmilk.co.nz">http://cryingoverspiltmilk.co.nz</a>   |
| <b>June</b>      |  |   |
| 31 – 06          | Infant Gastric Reflux Awareness Week   | <a href="http://cryingoverspiltmilk.co.nz">http://cryingoverspiltmilk.co.nz</a>   |
| 01               | World Parents Day  |   |
| 03               | Cancer Survivors Day   | <a href="http://www.cancernz.org.nz/">http://www.cancernz.org.nz/</a>   |
| 04               | <b>Queens Birthday</b>   |   |
| 05               | World Environment Day  | <a href="http://worldenvironmentday.global/">http://worldenvironmentday.global/</a>   |
| 06               | <b>Term Two Finishes</b>   |   |
| 08               | World Brain Tumor Day  | <a href="https://www.worldnationaldays.com/world-brain-tumor-day-2018/">https://www.worldnationaldays.com/world-brain-tumor-day-2018/</a>                               |
| 08               | Tamatea Matariki Event –Te Aute College, Pukehou, CHB                          | <a href="http://www.kahungunu.iwi.nz/">http://www.kahungunu.iwi.nz/</a>   |
| 09               | Matariki Takapau Event   | <a href="http://www.kahungunu.iwi.nz/">http://www.kahungunu.iwi.nz/</a>   |
| 11 - 17          | Mens Health Week   | <a href="http://menshealthnz.org.nz/">http://menshealthnz.org.nz/</a>   |
| 14               | World Blood Donnor Day   | <a href="http://www.nzblood.co.nz/">http://www.nzblood.co.nz/</a>   |
| 15               | World Elder Abuse Day  | <a href="http://www.ageconcern.org.nz/">http://www.ageconcern.org.nz/</a>   |
| 15 - 21          | World Elder Abuse Week   | <a href="http://www.ageconcern.org.nz/">http://www.ageconcern.org.nz/</a>   |
| 15               | Matariki Heretaunga – Flaxmere Park  | <a href="http://www.kahungunu.iwi.nz/">http://www.kahungunu.iwi.nz/</a>   |
| 17               | Napier Matariki Event – Soundshell, Marine Parade, Napier                      | <a href="http://www.kahungunu.iwi.nz">http://www.kahungunu.iwi.nz</a>   |
| 17 - 23          | Volunteer Awareness Week   | <a href="http://www.volunteeringnz.org.nz/">http://www.volunteeringnz.org.nz/</a>   |
| 18 - 24          | Coeliac Awareness Week   | <a href="http://www.coeliac.co.nz">http://www.coeliac.co.nz</a>   |
| 19               | World Sickle Cell Day  | <a href="http://www.worldsicklecellday.webs.com/">http://www.worldsicklecellday.webs.com/</a>   |
| 20               | World Refugee Day  | <a href="http://www.un.org/en/events/refugeeday/">http://www.un.org/en/events/refugeeday/</a>   |
| 22               | Wairoa Matariki Event-Community Centre, Marine Parade, Wairoa                  | <a href="http://www.kahungunu.iwi.nz">http://www.kahungunu.iwi.nz</a>   |
| TBC              | Jeans Day– wear your jeans to work gold coin dontation to Napier Family Centre | <a href="http://www.napierfamilycentre.org.nz/">http://www.napierfamilycentre.org.nz/</a>   |
| <b>July</b>      |  |   |
|                  | Women’s Refuge Awareness Month   | <a href="https://womensrefuge.org.nz/">https://womensrefuge.org.nz/</a>   |
|                  |  |   |
| 01 - 07          | Neurological Foundation Appeal Week  | <a href="http://www.neurological.org.nz/">http://www.neurological.org.nz/</a>   |
| 06               | <b>Term Two Finishes</b>   |   |
| 23               | <b>Term Three Starts</b>   |   |
| TBC              | Loss & Grief Awareness Week  | <a href="http://www.griefcentre.org.nz/">http://www.griefcentre.org.nz/</a>   |
| 28               | World Hepatitis Day  | <a href="https://www.hepatitisfoundation.org.nz/">https://www.hepatitisfoundation.org.nz/</a>   |
| <b>Hongongoi</b> |  |   |

| <b>August</b>    |   | <b>Here-turi-koka</b>   |
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|                  | @Heart Month Heart Kids Month                       | <a href="http://www.heartkids.org.nz/">http://www.heartkids.org.nz/</a>   |
|                  | Daffodil Awareness Month                            | <a href="http://www.cancernz.org.nz/">http://www.cancernz.org.nz/</a>   |
|                  |   |   |
| TBC              | Cook Island Language Week                           | <a href="http://www.mpp.govt.nz/language-culture-and-identity/pacific-language-weeks/">http://www.mpp.govt.nz/language-culture-and-identity/pacific-language-weeks/</a> |
| 01 – 07          | World Breastfeeding Week                            | <a href="http://worldbreastfeedingweek.org/">http://worldbreastfeedingweek.org/</a>   |
| TBC              | Mutiple Sclerosis Week                              | <a href="http://www.msnz.org.nz/">http://www.msnz.org.nz/</a>   |
| 04               | Silent Leadership Challenge                         | <a href="http://www.silentleadershipchallenge.com">http://www.silentleadershipchallenge.com</a>   |
| 09               | World Indigenous Peoples Day                        | <a href="http://www.un.org/en/events/indigenousday/">http://www.un.org/en/events/indigenousday/</a>   |
| 12               | International Youth Day                             | <a href="http://www.un.org/en/events/youthday/">http://www.un.org/en/events/youthday/</a>   |
| 13 - 19          | Cystic Fibrosis Awareness Week                      | <a href="http://www.cfnz.org.nz/">http://www.cfnz.org.nz/</a>   |
| 21 – 31          | Parenting Week                                      | <a href="http://www.nht.org.nz/parentingweek">http://www.nht.org.nz/parentingweek</a>   |
| 24               | Daffodil Day  | <a href="http://www.cancernz.org.nz/">http://www.cancernz.org.nz/</a>   |
| 27 - 02          | Iron Awareness Week                                 | <a href="http://www.ironweek.co.nz">http://www.ironweek.co.nz</a>   |
|                  |   |   |
| <b>September</b> |   | <b>Mahuru</b>   |
|                  | Cervical Screening Awareness Month                  | <a href="http://www.nsu.govt.nz/">http://www.nsu.govt.nz/</a>   |
|                  | Blue September Month Prostate Cancer                | <a href="http://www.blueseptember.org.nz/">http://www.blueseptember.org.nz/</a>   |
|                  | Leukemia & Lymphoma Month                           | <a href="http://www.lls.org.nz/">http://www.lls.org.nz/</a>   |
|                  | Remember September – Students Against Drink Driving | <a href="http://www.sadd.org.nz/">http://www.sadd.org.nz/</a>   |
|                  | September Month – Cerebralpalsy                     | <a href="http://www.cerebralpalsy.org.nz/">http://www.cerebralpalsy.org.nz/</a>   |
|                  | Breathe Better September – Asthma Awareness Month   | <a href="http://www.breathebetterseptember.co.nz/">http://www.breathebetterseptember.co.nz/</a>   |
|                  | CanTeen Awareness Month                             | <a href="http://www.canteen.org.nz">http://www.canteen.org.nz</a>   |
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| 27 - 02          | Iron Awareness Week                                 | <a href="http://www.ironweek.co.nz">http://www.ironweek.co.nz</a>   |
| 01               | Gamble Free Day                                     | <a href="http://www.gamblinghb.co.nz/">http://www.gamblinghb.co.nz/</a>   |
| 01               | Random Act of Kindness Day                          | <a href="http://rak.co.nz/">http://rak.co.nz/</a>   |
| <b>02</b>        | <b><i>Father's Day</i></b>                          |   |
| TBC              | Tongan Language Week                                | <a href="http://www.mpp.govt.nz/language-culture-and-identity/pacific-language-weeks/">http://www.mpp.govt.nz/language-culture-and-identity/pacific-language-weeks/</a> |
| 03 - 09          | Gambling Harm Awareness Week                        | <a href="https://www.hpa.org.nz/what-we-do/minimising-gambling-harm">https://www.hpa.org.nz/what-we-do/minimising-gambling-harm</a>                                     |
| 04 - 08          | Adult Learner's Week                                | <a href="http://www.literacy.org.nz">http://www.literacy.org.nz</a>   |
| TBC              | Asthma Awareness Week                               | <a href="http://www.breathehb.co.nz/">http://www.breathehb.co.nz/</a>   |
| TBC              | Asthma Balloon Day                                  | <a href="http://www.breathehb.co.nz/">http://www.breathehb.co.nz/</a>   |
| 08               | World Literacy Day                                  | <a href="http://www.literacy.org.nz">http://www.literacy.org.nz</a>   |
| 08               | World Physiotherapy Day                             | <a href="http://www.physio.co.nz/">http://www.physio.co.nz/</a>   |
| 09               | Fetal Alcohol Spectrum Disorder Awareness Week      | <a href="http://www.fan.org.nz/fasd_awareness_day/">http://www.fan.org.nz/fasd_awareness_day/</a>   |
| 10               | World Suicide Prevention Day                        | <a href="http://www.spinz.org.nz/">http://www.spinz.org.nz/</a>   |
| 10 -16           | Maori Language Week                                 | <a href="http://www.tetaurawhiri.govt.nz/news/kia-ora-te-reo/">http://www.tetaurawhiri.govt.nz/news/kia-ora-te-reo/</a>   |
| TBC              | Speech Language Therapy Awareness                   | <a href="http://www.speechtherapy.org.nz">http://www.speechtherapy.org.nz</a>   |

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| 15 - 16        | CanTeen Awareness Street Appeal               | <a href="http://www.canteen.org.nz/">http://www.canteen.org.nz/</a>   |
| 15             | World Lymphoma Day                            | <a href="http://www.leukaemia.org.nz/">http://www.leukaemia.org.nz/</a>   |
| 15 - 23        | Conservation Week                             | <a href="http://www.doc.govt.nz">http://www.doc.govt.nz</a>   |
| 21             | World Alzheimers Day                          | <a href="http://www.alzheimers.org.nz/">http://www.alzheimers.org.nz/</a>   |
| TBC            | Arthritis Awareness Week                      | <a href="http://www.arthritis.org.nz/">http://www.arthritis.org.nz/</a>   |
| 23             | Daylight Saving Start (2.00am becomes 3.00am) |   |
| 25             | World Pharmacist Day                          | <a href="https://www.fip.org/worldpharmacistsday">https://www.fip.org/worldpharmacistsday</a>                                 |
| 25             | White Heart Day Victims Remembrance           | <a href="http://www.whitehearttrust.co.nz/">http://www.whitehearttrust.co.nz/</a>   |
| 26             | World Contraception Day                       | <a href="http://www.familyplanning.org.nz/">http://www.familyplanning.org.nz/</a>   |
| 28             | Loud Shirt Day – Deaf Children Awareness Day  | <a href="http://www.loudshirtday.org.nz/">http://www.loudshirtday.org.nz/</a>   |
| 28             | <b>Term Three Finishes</b>                    |   |
| 30             | World Deaf Day                                | <a href="http://www.nfd.org.nz/">http://www.nfd.org.nz/</a>   |
| 30             | <b>Day Light Saving Starts</b>                |   |
| <b>October</b> |   | <b>Whiringa-a-nuku</b>  |
|                | Breast Cancer Awareness Month                 | <a href="http://www.nzbcf.org.nz/">http://www.nzbcf.org.nz/</a>   |
|                | Stoptober 31 day quit smoking challenge       | <a href="http://www.stoptober.nz/">http://www.stoptober.nz/</a>   |
|                | Health Literacy Month                         | <a href="http://www.healthliteracymonth.org/">http://www.healthliteracymonth.org/</a>   |
|                | World Vegetarian Month                        | <a href="http://www.vegetarian.org.nz/">http://www.vegetarian.org.nz/</a>   |
|                |   |   |
| 01             | World Day of Older Persons                    | <a href="http://www.ageconcern.org.nz/">http://www.ageconcern.org.nz/</a>   |
| 01             | World Vegetarian Day                          | <a href="http://www.vegetarian.org.nz/">http://www.vegetarian.org.nz/</a>   |
| 01             | World Habitat Day                             | <a href="http://www.unhabitat.org/">http://www.unhabitat.org/</a>   |
| 01 - 06        | Stroke Awareness Week                         | <a href="http://www.stroke.org.nz/">http://www.stroke.org.nz/</a>   |
| 03             | World Cerebral Palsy Day                      | <a href="https://worldcpday.org/">https://worldcpday.org/</a>   |
| 05             | World Teachers' Day                           | <a href="http://www.teacherscouncil.govt.nz/">http://www.teacherscouncil.govt.nz/</a>   |
| 05             | World Smile Day                               | <a href="http://www.worldsmileday.com/">http://www.worldsmileday.com/</a>   |
| 06             | Big Blood Pressure Awareness Day              | <a href="http://www.stroke.org.nz/stroke-blood-pressure-campaign">http://www.stroke.org.nz/stroke-blood-pressure-campaign</a> |
| 09 - 15        | Mental Health Awareness Week                  | <a href="http://www.mentalhealth.org.nz/">http://www.mentalhealth.org.nz/</a>   |
| 09 - 15        | Baby Loss Awareness week                      | <a href="http://www.sands.org.nz/">http://www.sands.org.nz/</a>   |
| 10             | Mental Health Awareness Day                   | <a href="http://www.mentalhealth.org.nz/">http://www.mentalhealth.org.nz/</a>   |
| 10             | World Homeless Day                            | <a href="http://www.worldhomelessday.org/">http://www.worldhomelessday.org/</a>   |
| 11             | World Obesity Day                             | <a href="http://www.obesityday.worldobesity.org/">www.obesityday.worldobesity.org/</a>  |
| 12             | World Sight Day                               | <a href="https://www.iapb.org/advocacy/world-sight-day/">https://www.iapb.org/advocacy/world-sight-day/</a>                   |
| 12             | World Arthritis Day                           | <a href="http://www.arthritis.org.nz/">http://www.arthritis.org.nz/</a>   |
| TBC            | Pink Ribbon Street Appeal                     | <a href="http://www.nzbcf.org.nz">http://www.nzbcf.org.nz</a>   |
| TBC            | 14 hour sleepout – Salvation Army             | <a href="http://salvationarmy.org.nz/">http://salvationarmy.org.nz/</a>   |
| 13             | World Hospice & Palliative Care Day           | <a href="http://www.thewhpc.org/">http://www.thewhpc.org/</a>   |
| 15             | Global Hand Washing Day                       | <a href="https://globalhandwashing.org/global-handwashing-day/">https://globalhandwashing.org/global-handwashing-day/</a>     |
| <b>15</b>      | <b>Term Four Starts</b>                       |   |
| <b>19</b>      | <b>HB Anniversary Day</b>                     |   |
| 20             | World Osteoporosis Day                        | <a href="https://osteoporosis.org.nz/">https://osteoporosis.org.nz/</a>   |
| 22             | World Stuttering Day                          | <a href="http://www.stuttering.co.nz/">http://www.stuttering.co.nz/</a>   |
| <b>22</b>      | <b>Labour Day</b>                             |   |

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| 24              | United Nations Day   | <a href="http://www.un.org/">http://www.un.org/</a>   |
| TBC             | Safer Community Napier Day   |   |
| 29              | World Psoriasis Day  | <a href="http://www.psoriasis.org.nz/">http://www.psoriasis.org.nz/</a>   |
| <b>November</b> |  | <b>Whiringa-a-rangi</b>   |
|                 | Movember – Men’s Health Month  | <a href="http://www.movember.com/">http://www.movember.com/</a>   |
|                 | Diabetes Action Month  | <a href="http://www.diabetes.org.nz/">http://www.diabetes.org.nz/</a>   |
|                 |  |   |
| 01              | World Vegan Day  | <a href="http://www.vegansociety.co.nz/">http://www.vegansociety.co.nz/</a>   |
| 01 - 07         | Parkinson’s Awareness Week   | <a href="http://www.parkinsons.org.nz/">http://www.parkinsons.org.nz/</a>   |
| 08              | Radiography Day  | <a href="http://www.sor.org/about-radiography/world-radiography-day/">http://www.sor.org/about-radiography/world-radiography-day/</a>   |
| 11              | Armistice Day  | <a href="http://www.rsa.org.nz/">http://www.rsa.org.nz/</a>   |
| 11 - 17         | Diabetes Awareness Week  | <a href="http://www.diabeteshb.org.nz/">http://www.diabeteshb.org.nz/</a>   |
| 12              | World Pneumonia Day  | <a href="https://stoppneumonia.org/world-pneumonia-day/">https://stoppneumonia.org/world-pneumonia-day/</a>   |
| 12 -18          | World Antibiotic Week  | <a href="http://www.who.int/campaigns/world-antibiotic-awareness-week/en/">http://www.who.int/campaigns/world-antibiotic-awareness-week/en/</a>   |
| 14              | World Diabetes Awareness Day   | <a href="http://www.diabetes.org.nz/">http://www.diabetes.org.nz/</a>   |
| 14              | World COPD Day   | <a href="http://asthmafoundation.org.nz">http://asthmafoundation.org.nz</a>   |
| 15              | Buddy Day – Child Matters  | <a href="http://www.childmatters.org.nz/172/about-us/our-services/awareness-and-influencing/buddy-day">http://www.childmatters.org.nz/172/about-us/our-services/awareness-and-influencing/buddy-day</a> |
| TBC             | Melanoma Awareness Week –“Go Spotty” Mufti Day                                     | <a href="http://www.melanoma.org.nz/news-events/">http://www.melanoma.org.nz/news-events/</a>   |
| 18              | The World Day of Remembrance for Road Traffic Victims                              | <a href="http://www.worlddayofremembrance.org/">http://www.worlddayofremembrance.org/</a>   |
| 19              | International Men’s Day  | <a href="http://www.internationalmensday.com/">http://www.internationalmensday.com/</a>   |
| TBC             | Camberley CAFÉ   | <a href="mailto:lhalbert@teorahou.org.nz">lhalbert@teorahou.org.nz</a>  |
| TBC             | Women’s Lifestyle Expo Pettigrew Green Arena                                       | <a href="http://www.expos.co.nz">http://www.expos.co.nz</a>   |
| 25              | White Ribbon Day - international day for the elimination of violence towards women | <a href="http://whiteribbon.org.nz/">http://whiteribbon.org.nz/</a>   |
| <b>December</b> |  | <b>Hakihea</b>  |
|                 | Decembeard Beat Bowel Cancer Month   | <a href="http://www.beatbowelcancer.org.nz/">http://www.beatbowelcancer.org.nz/</a>   |
|                 |  |   |
| 01              | Aids Foundation Red Ribbon Day   | <a href="http://www.nzaf.org.nz/">http://www.nzaf.org.nz/</a>   |
| 03              | World Day Of Persons With Disabilities   | <a href="http://www.un.org/en/events/disabilitiesday/">http://www.un.org/en/events/disabilitiesday/</a>   |
| 05              | World Volunteer Day  | <a href="http://www.volunteering.org.nz/">http://www.volunteering.org.nz/</a>   |
| 07              | Safe Sleep Awareness Day   | <a href="http://sudinalationalcoordination.co.nz/safe-sleep-day">http://sudinalationalcoordination.co.nz/safe-sleep-day</a>   |
| 10              | World Human Rights Day   | <a href="http://www.un.org/en/events/humanrightsday/">http://www.un.org/en/events/humanrightsday/</a>   |
| 18              | World Migrants Day   | <a href="http://www.un.org/en/events/migrantsday/">http://www.un.org/en/events/migrantsday/</a>   |
| <b>20</b>       | <b>Term Four Finishes</b>  |   |
| <b>25</b>       | <b>Christmas Day</b>   |   |

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| 26 | <i>Boxing Day</i> |  |
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For health education resources please contact:

**Wendi Wolfen-Duvall – Health Education Resource Coordinator/Authorised Provider**

Email [wendi.wolfen-duvall@hbdhb.govt.nz](mailto:wendi.wolfen-duvall@hbdhb.govt.nz) Phone 06 834 1815 ext 4162 Fax 06 834 1894 Visit Napier Health, 76 Wellesley Road, Napier 4110. Mail PO Box 447, Napier 4140.

To view and order Ministry of Health & Health Promotion Agency resources go to: [www.healthed.govt.nz](http://www.healthed.govt.nz)

*Whilst every effort has been made to ensure dates are correct HBDHB accepts no liability for the accuracy of dates or content enclosed in this calendar. For more information about each event please contact the relevant organisation through their website.*