

## **FAMILY EMERGENCY PLAN**

Work through the checklist with all members of your household. Keep the Plan close to hand and in a convenient place at home, in your desk draw at work, or next to the emergency advice page in your Yellow Pages.

<b>Name:</b>	<b>Home Phone:</b>
<b>Address:</b>	
<b>Work Phone (Mum):</b>	<b>Mobile Phone (Mum):</b>
<b>Work Phone (Dad):</b>	<b>Mobile Phone (Dad):</b>
<b>Community Assessment Centre (CAC) Phone:</b>	
<b>Location of CBAC:</b>	
<p>1. In a Pandemic situation we will:</p> <ul style="list-style-type: none"> <li>• Remain in Doors.</li> <li>• Observe Hand Hygiene.</li> <li>• Observe Cough etiquette.</li> <li>• Observe 1 metre separation.</li> <li>• Conserve Food and Water supplies.</li> <li>• Turn on the Emergency Radio.</li> <li>• Be aware of Flu like symptoms.</li> </ul>	<p>2. The person responsible for collecting the children from school in an emergency is:</p> <p><b>Contact Phone:</b></p>
<p>3. If we are required to go to the CBAC or GP how do we get there?</p>	<p>4. Who do we contact if we require more food or other essentials?</p>
<p>5. Who is to look after the children if the Schools close?</p>	<p>6. What is the contact number of the local Pharmacy?</p>
<p>7. Our Neighbours</p>	<p>8. Do we have enough of the following items to last at least 3 weeks?</p> <ul style="list-style-type: none"> <li>• Water.</li> <li>• Soap.</li> <li>• Canned or dried food.</li> <li>• Pet supplies.</li> <li>• Baby food/supplies.</li> <li>• Waste disposal bags.</li> <li>• Batteries (Radio &amp; Torch).</li> <li>• Essential Medicines.</li> <li>• Tissues.</li> <li>• Hand cleansing materials.</li> <li>• Face masks.</li> <li>• Fuel (If winter).</li> </ul>
<b>Local Radio Station Frequency:</b>	<p><b>Contact Numbers:</b></p> <p><b>Police:</b></p> <p><b>Civil Defence:</b></p>