



# Hawke's Bay Health Consumer Council Meeting

**Date:** Thursday, 15 November 2018  
**Meeting:** 4.00 pm to 6.00 pm  
**Venue:** Te Waiora Meeting Room, District Health Board Corporate Office,  
Cnr Omaha Road & McLeod Street, Hastings

## **Council Members:**

Rachel Ritchie (Chair)	Sarah Hansen
Malcolm Dixon (Co-Deputy Chair)	Dallas Adams
Dr Diane Mara (Co-Deputy Chair)	Jemma Russell
Sami McIntosh	Wayne Taylor
Deborah Grace	Les Cunningham
Jenny Peters	Gerraldine Tahere
Olive Tanielu	Denise Woodhams
Jim Henry	

## **Apologies:**

### **In Attendance:**

Ken Foote, Company Secretary (Co Sec)  
Kate Coley, Executive Director – People & Quality (ED P&Q)  
Caryn Daum and Nancy Barlow – Consumer Experience Facilitators  
Debs Higgins, Clinical Council Representative  
Tracy Fricker, Council Administrator / EA to ED P&Q

**Public**

Item	Section 1 – Routine	Time (pm)
1.	Karakia Timatanga (Opening) / Reflection	4:00
2.	Apologies	
3.	<a href="#">Interests Register</a>	
4.	<a href="#">Minutes of Previous Meeting</a>	
5.	<a href="#">Matters Arising – Review Actions</a>	
6.	<a href="#">Consumer Council Workplan</a>	
7.	<a href="#">Consumer Council's Board Report October 2018</a>	
8.	<a href="#">Chair's Report</a> (verbal) – Rachel Ritchie	
9.	<a href="#">Youth Consumer Council Report</a> (verbal) – Jemma Russell	
10.	<a href="#">Consumer Experience Facilitators Report</a> (verbal) – Caryn Daum/Nancy Barlow	
11.	<a href="#">Committee Representatives Feedback</a>	
	<b>Section 2 – Presentations</b>	
12.	<a href="#">DHB Funding Overview</a> – Carriann Hall (ED Financial Services)	4.30
	<b>Section 3 – Discussion</b>	
13.	<a href="#">Nuka Conference - Report back from attendees</a> (verbal)	4:50
14.	<a href="#">Clinical Services Plan</a> (Summary of changes and feedback) – Ken Foote	5.10
15.	Paper removed	5.20
	<b>Section 4 – Information Only</b> (no presenters) – any feedback to document owner	
16.	<a href="#">Scoping Report - Addictions</a>	-
17.	<a href="#">Best Start Healthy Eating &amp; Activity Plan update</a> (6 monthly)	-
18.	<a href="#">Te Ara Whakawaiora "Smokefree update"</a> (6 monthly)	-
19.	<a href="#">Te Ara Whakawaiora - Access Rates 0-4 / 45-65 yrs</a> (local indicator)	-
20.	<a href="#">Consumer Council Meeting dates for 2019</a>	-
21.	<b>Section 5 – Recommendation to Exclude</b>	

**Public Excluded**

	<b>Section 6 – Routine</b>	
22.	<a href="#">Minutes of Previous Meeting</a>	
23.	<a href="#">Topics of Interest – Member Issues / Updates</a>	5:45
	Karakia Whakamutunga (Closing)	

**NEXT MEETING: Thursday 6 December 4.00-6.00pm, Corporate Boardroom**

**Interest Register**

**Hawke's Bay Health Consumer Council**

Jul-18

Name Consumer Council Member	Interest eg Organisation / Close Family Member	Nature of Interest eg Role / Relationship	Core Business Key Activity of Interest	Conflict of Interest Yes / No	If Yes, Nature of Conflict: - Real, potential, perceived - Pecuniary / Personal - Describe relationship of Interest to
Rachel Ritchie (Chair)	Put the Patient First	Involved when group was active	Advocating for Diabetes Patients	Unsure	Real / potential / Perceived
Jenny Peters	Nil				
Olive Tanielu	HB District Health Board	Employee	Work with Pacific Island children and families in hospital and in the community	Yes	Perceived/potential conflict between employee HBDHB and roles of Consumer
Malcolm Dixon (Deputy Chair)	Hastings District Councillor	Elected Councillor		No	
	Scott Foundation	Allocation Committee		No	
	HB Medical Research Foundation Inc	Hastings District Council Rep		No	
James Henry	Health Hawke's Bay Ltd	Facilitator	Part-time role. Improving lifestyles for people with chronic illness.	No	
Sarah de la Haye	Nil				
Sami McIntosh	Eastern Institute of Technology	Student Nurse	Practical placements	No	Perceived potential if applying for work.
Deborah Grace	Isect Ltd	Director	IT Security Awareness	No	
Dr Diane Mara (Deputy Chair)	Napier Family Centre	Chair	Social Service Organisation	Yes	Perceived/possible conflict as NFC has a small contract for PND from HBDHB
	IHC Hawke's Bay Association	Chair	Disability Intellectual Stakeholder	No	
	Pacifica Women's Tiare Ahuriri Branch (Inc)	Branch Chair	Development Leadership for Pacific Women	No	
Denise Woodhams	Nil to declare				
Geraldine Tahere	Nil to declare				
Les Cunningham	Stroke Central Inc	Employee / Field Officer	Working with stroke patients and clients	No	
Wayne Taylor	Nil to declare				



**MINUTES OF THE HAWKE'S BAY HEALTH CONSUMER COUNCIL  
HELD IN THE TE WAIORA MEETING ROOM, HAWKE'S BAY DISTRICT HEALTH BOARD  
CORPORATE OFFICE ON THURSDAY, 11 OCTOBER 2018 AT 4.00 PM**

**PUBLIC**

- Present:** Rachel Ritchie (Chair)  
Dr Diane Mara (Co-Deputy Chair)  
James Henry  
Sarah Hansen  
Deborah Grace  
Wayne Taylor  
Jemma Russell  
Dallas Adams  
Sami McIntosh  
Les Cunningham  
Jenny Peters  
Olive Tanielu  
Gerraldine Tahere  
Denise Woodhams
- In Attendance:** Kate Coley, Executive Director - People and Quality (ED P&Q)  
Ken Foote, Company Secretary  
Caryn Daum – Consumer Experience Facilitators  
Nancy Barlow – Consumer Experience Facilitator  
Tracy Fricker, Council Administrator / EA to ED P&Q
- Apologies:** Malcolm Dixon

**SECTION 1: ROUTINE**

**1. KARAKIA TIMATANGA (OPENING) / REFLECTION**

Rachel Ritchie (Chair) welcomed everyone to the meeting. A karakia/reflection was provided by James Henry to open the meeting.

The Chair welcomed Dallas Adams as a confirmed member in his own right to Council and Caryn Daum and Nancy Barlow, Consumer Experience Facilitators who will be attendee members. Roundtable introductions took place.

**2. APOLOGIES**

Apologies were noted from Malcolm Dixon and from attendee member Debs Higgins.

**3. INTERESTS REGISTER**

No conflicts of interest noted for items on today's agenda.

**4. PREVIOUS MINUTES**

The minutes of the Hawke's Bay Health Consumer Council meeting held on 13 September 2018 were confirmed as a correct record of the meeting with minor corrections to be made to page 5 of the minutes as per below:

- First bullet point add to the end of sentence ..."Jenny Peters is on the steering group currently"

- Third bullet point remove double up of the words “in place”

Moved by Wayne Taylor and Deborah Grace.

**Carried.**

## **5. MATTERS ARISING AND ACTIONS**

### ***Item 1: Consumers on Projects***

This work will now be progressed with the Consumer Experience Facilitators in place.

### ***Item 2: Primary Care – PHO Consumer input***

Malcolm Dixon and Jenny Peters have been in contact with Chris Ash and are awaiting the response.

### ***Item 3: Consumer Members Portfolios / Committee Representation on Committees / Projects***

Wayne Taylor and Les Cunningham have provided their information to the Chair. Gerraldine Tahere and Denise Woodhams to advise if they wish...

### ***Item 4: Group Consumer Council feedback on the Clinical Services Plan***

To be discussed under item #12. *Item can be closed.*

Gerraldine Tahere advised that she had followed up with Dr Russell Wills regarding the Violence Intervention Programme (VIP). A response was received that Consumer Council input is welcome. The programme is under reassessment and currently on hold.

**Action: Follow up with the VIP in the New Year.**

## **6. CONSUMER COUNCIL WORK PLAN**

The work plan provided in the meeting papers was noted.

The joint meeting with Clinical Council has been moved from November to December. At the joint meeting discussion to take place with Clinical Council around the priorities from the Clinical Services Plan (CSP).

## **7. CHAIR'S REPORT**

Rachel Ritchie provided an update on activities and information for Council:

- Work has been done on the Consumer Stories paper, which will be discussed at the November meeting
- Nuka Conference being held at the Napier War Memorial Conference Centre on 23-24 October
- The first Consumer Experience Committee meeting is to be held on 15 October
- Discussion had with Jill Garrett regarding the level of consumer feedback in reporting papers and who had provided the feedback. The Company Secretary advised that internally the process on what reports come through to committees and boards is being reviewed to see if they are priority issues for the governance groups. Also to reduce the number of items on the work plans. The cover sheet on reports is also being looked at to ensure information is provided on who is being engaged with, what the input was and how it has impacted on the report.

## 8. YOUTH CONSUMER COUNCIL (YCC) REPORT

Jemma Russell provided an update on activities and information for Council:

- Nominations for two new members have been recommended for approval to the Youth Consumer Council. Tameti Teweti and Caitlyn Jonassen. Bios for both were provided. Approved by Council. Moved by Wayne Taylor and seconded by Deborah Grace. **Carried.**
- A mental health programme designed for 18-25 year olds entitled “Reaching for the Stars” is being planned. Engagement with the DHB is underway for funding.
- The Youth Expo is now to be held in March 2019, the focus will be mental health and youth suicide.
- Youth Action Plan for 2018/19 – YCC to provide feedback.

## 9. CONSUMER ENGAGEMENT UPDATE

Kate Coley provided an update on activities:

- The first Consumer Experience Committee meeting will be held on Monday, 15 October. The first piece of work will be to define, develop and get feedback on the draft Person & Whanau Centred Care Implementation Plan
- The Consumer Experience Facilitators have started to put together a central register of consumer representatives and have also been reviewing / streamlining the health literacy tools
- HQSC are running a train the trainer workshop on Consumer Representation in Wellington on 27 November. The aim of the workshop is support consumers to be effective consumer representatives. A place has been reserved for a Consumer Council member to attend.  
**Action: Information on workshop to be sent to Council Members.**

## 10. CLINICAL GOVERNANCE COMMITTEE REPRESENTATIVE FEEDBACK

The Company Secretary advised that the only committee which has met to date has been the Patient Safety and Risk Management Committee. Heather Robertson, consumer representative contacted him following the first meeting. She raised some concerns regarding what her role as a consumer representative was on this committee. As a result of this conversation, the Company Secretary has put together a guide for consumer representatives.

Once the committees are up and running the idea is to have a short report format so you can report back to Council about your involvement on the committee, what it is doing, your perception etc.

The terms of reference (TOR) for the Consumer Experience Committee were included in the meeting papers and require approval from Consumer Council. The Clinical Council as an equal partner on this committee approved the TOR yesterday.

Concern raised regarding limited consumer representative membership on committees compared with DHB staff. This concern was understood. It is important as a first step to have a consumer conscience/voice at the table. If the nominated consumer is unable to attend a meeting it is important that a delegate attends on their behalf meeting.

The TOR were approved by Consumer Council. Moved by Wayne Taylor and seconded by Les Cunningham. **Carried.**

## SECTION 2: PRESENTATIONS

### 11. INFORMATION SERVICES (IS) PRESENTATION

The Chair welcomed Anne Speden, Chief Information Officer to the meeting. Anne provided a presentation, key points noted:

- IS Transformation – enabling people in the whole of the health sector; culture change for staff and being appropriately trained with the right skills
- Progress – business led governance and prioritisation group and service design which enables workflow
- Mobility – being fit for purpose so staff have the information they need
- Clinical Portal – patient management system so clinical information can be seen across our region (HB, MidCentral and Whanganui in one environment). The scope has also been broadened to include general practice – value led for better patient outcomes
- Initiatives underway include Emergency Q and Patient Self-Service Kiosks

The CIO summarised that IS are working to become a trusted partner and have been on their own transformational journey from just 'providing computers'. IS are now business/consumer led, not technology driven and initiatives are now prioritised by user groups and not IS.

General discussion regarding the Emergency Q APP and whether the Urgent Care Steering Group were aware of this tool. Jenny Peters advised it had not been raised. It was noted that the IS Governance Group is currently in hiatus, but is to be re-established. The CIO will follow up on this and the connection with the Urgent Care Steering Group.

**Action:** *CE Facilitators to liaise with the CIO to work on ensuring consumer input on current and future IS projects.*

### 12. CLINICAL SERVICES PLAN (CSP)

The Chair advised there has been some email conversation/feedback from Council members since the last meeting and monthly updates on the CSP more generally from the Company Secretary. We are now at a point where the focus needs to be on the big picture rather than the detail. Consumer Council has put a focus on ensuring relationship centred practice and person and whanau centred care into the CSP. With this approach operating there will be on ongoing feedback on services and how to arrange services around the needs of consumers, rather than the system dictating what is best. Council's input into the implementation plan, which is the next phase, is very important as that is where the 'rubber hits the road'.

The Company Secretary advised that information on the CSP is available on the Our Health HB website <http://www.ourhealthhb.nz/>. The CSP is a high level response on how we will meet the increasing demand for health services in the future. The commitments in the plan are important with key principles around equity, unmet need, person and whanau centred care, co-designing and prioritising services to meet the needs of our community and making health easy to understand.

Have we got it right? Is there anything missing? Public feedback is still open until the end of October. The next phase is the development of the 5-10 year strategic plan which will start early next year. The Consumer Council along with the other governance groups will have input into the priorities.

Following brief discussion, the feeling from Council was that the overall theme and content of the CSP is right.



## SECTION 3: DISCUSSION

### 13. NATIONAL BOWEL SCREENING PROGRAMME, INDICATIVE EQUITY OUTCOMES IN MĀORI AND PASIFIKA

The Chair welcomed Emma Foster, Deputy Executive Director – Primary Care and Chris Ash, Executive Director – Primary Care to the meeting. A verbal update on the equity component of the programme was provided.

#### ***Discussion Points / Feedback:***

- Barriers to reducing the age for Maori and Pacific to 50 - there is no evidence available that this will reduce inequity
- Nationally we have to wait for further data following the roll out of the programme, currently there is uncertainty regarding the changing rates of bowel cancer in Maori
- The team are focussed on making a strong effort to achieve the national target of 73% participation for Maori and Pasifika
- Identify options with MRB and Consumer Council on effective ways to increase screening rates (for all programmes not just bowel screening)
- Programme of work around the health equity report, to increase life expectancy around Maori and Pasifika
- Need to look at different models for outreach to target where inequities are
- Reaching rural consumers – working with the communities and providers and getting people access to primary care
- Pasifika is a diverse community with different cultures – the Pacific Leadership Group has been consulted
- Having conversations focusing on prevention and the value of screening
- Encouraged by the work being done, we should not always accept a national target

Emma Foster advised that a further paper will come to Consumer Council in the New Year for feedback looking at options for the outreach models.

The Council **supported** the work being done and offered their assistance where needed.

### 14. ROLE OF CONSUMER REPRESENTATIVES

The Company Secretary provided members with a “Consumer Representatives Guide to Consumer Engagement which included purpose and “tips”, background/context and a summary of what Person and Whanau Centred Care; Consumer Engagement in Service Planning and Delivery and Clinical Governance is.

**Action:** *Members to review the guide and provide any feedback to the Company Secretary and Chair.*

The Company Secretary provided information received today from the Ministry of Health on a proposed new approach to managing electives which they are now calling “planned care”. The MoH was wanting feedback from consumers. The MoH has suggested a teleconference to discuss the framework. A pre- discussion also to be arranged between Council Members who wish to participate in the teleconference.

**Action:** *Arrangements to be made for a teleconference for the last week in October. Members to be sent teleconference details.*

**SECTION 4: INFORMATION ONLY**

**15. TE ARA WHAKAWAIORA - CARDIOVASCULAR (NATIONAL INDICATOR)**

Provided for information only. No issues discussed.

**16. SECTION 5: RECOMMENDATION TO EXCLUDE**

The Chair moved that the public be excluded from the following parts of the meeting:

- 17. Minutes of Previous Meeting (public excluded)
- 18. Topics of Interest – Member Issues/Updates

The meeting closed at 6.12 pm.

Confirmed: \_\_\_\_\_  
Chair

Date: \_\_\_\_\_

## HB HEALTH CONSUMER COUNCIL - MATTERS ARISING (Public)

5


Action	Date Entered	Action to be Taken	By Whom	Month	Status
1	12/09/17	<b>Consumers on Projects</b> List of projects requested by Consumer Members (spreadsheet)	Chair / K Coley / CE Facilitators		Ongoing
2	13/9/18	<b>Primary Care – PHO Consumer input</b> A query arose and would be emailed to Chris Ash directly. The question will be formulated by Jenny and Malcolm and would only come back to Consumer Council if there is a need.	J Peters and M Dixon	Nov	Query sent – awaiting response from
3	13/9/18	<b>Consumer Member Portfolios</b> New members to provide areas of interest etc to Chair	G Tahere D Woodhams	Nov	
4	11/10/18	<b>Violence Intervention Programme</b> Consumer input on VIP. VIP being renewed. <i>(Note: to be kept on matters arising for follow up in the New Year).</i>	G Tahere	Feb/Mar 2019	Included on workplan
5	11/10/18	<b>HQSC Consumer Representation Workshop</b> Information on workshop to be sent to Council Members.	C Daum	ASAP	
6	11/10/18	<b>IS Presentation</b> CE Facilitators to liaise with CIO re: consumer input on current and future IS projects	C Daum / N Barlow	Nov	
7	11/10/18	<b>Consumer Representatives Guide</b> Feedback on guide to be provided to Chair and Company Secretary	All members	Nov	
8	11/10/18	<b>MoH Teleconference re: Planned Care Approach/Framework</b> Arrangements to be made for teleconference for last week of October and information sent out to members  Pre-teleconference meeting for members over coffee may be arranged	Company Secretary   Chair	ASAP   tba	



HB Health Consumer Council 15 November 2018 - Consumer Council Workplan

<b>CONSUMER COUNCIL Workplan as at 6 November 2018 (subject to change)</b>	<b>Destination Month</b>	<b>EMT Member</b>	<b>MRB Meeting Date</b>	<b>Clinical Council Meeting Date</b>	<b>Consumer Council Meeting Date</b>	<b>BOARD Meeting date</b>
Best Start Healthy Eating & Activity Plan update (for information - 6 mthly Nov-May-Nov18)	Nov-18	Andy Phillips	14-Nov-18	14-Nov-18	15-Nov-18	28-Nov-18
Clinical Services Plan (Summary of changes and feedback)	Nov-18	Ken Foote	14-Nov-18	14-Nov-18	15-Nov-18	28-Nov-18
Customer Focussed Booking Update - was quarterly in 2017. Last seen in May 2018	Nov-18	Colin Hutchison			15-Nov-18	
Health Equity Report	Nov-18	Andy Phillips	14-Nov-18	14-Nov-18	15-Nov-18	28-Nov-18
Te Ara Whakawaiaora - Access Rates 0-4 / 45-65 yrs (local indicator) QUARTERLY Aug-Nov-Feb-May	Nov-18	Chris Ash	14-Nov-18	14-Nov-18	15-Nov-18	28-Nov-18
Te Ara Whakawaiaora "Smokefree update" (6 monthly May-Nov) each year Board action Nov 17	Nov-18	Andy Phillips	14-Nov-18	14-Nov-18	15-Nov-18	28-Nov-18
Using Consumer Stories (for information)	Nov-18	Kate Coley and Ken Foote		5-Dec-18	15-Nov-18	19-Dec-18
Mental Health and Addictions (Board action) late paper (for info only)	Nov-18	Chris Ash	14-Nov-18	14-Nov-18	15-Nov-18	28-Nov-18
Maternal Wellbeing Programme Update (Board update action 25/7)	Dec-18	Patrick LeGeyt	5-Dec-18	5-Dec-18	6-Dec-18	19-Dec-18
Mobility action plan implementation - progress update on the phases	Dec-18	Andy Phillips	5-Dec-18	5-Dec-18	6-Dec-18	19-Dec-18
People Plan (6 monthly - Dec, Jun)	Dec-18	Kate Coley	5-Dec-18	5-Dec-18	6-Dec-18	19-Dec-18
Te Ara Whakawaiaora - Alcohol and other Drugs (National and Local Indicators)	Dec-18	Andy Phillips	5-Dec-18	5-Dec-18	6-Dec-18	19-Dec-18
Te Ara Whakawaiaora - Improving First Specialist Appointment Access (previously did not attend)	Dec-18	Colin Hutchison	5-Dec-18	5-Dec-18	6-Dec-18	19-Dec-18
Customer Focussed Booking Update - was quarterly in 2017. Last seen in May 2018	Dec-18	Colin Hutchison	5-Dec-18		6-Dec-18	
Te Ara Whakawaiaora REVIEW (paper and discussion) - out 2 weeks moves this from November to December	Dec-18	Patrick LeGeyt	5-Dec-18	5-Dec-18	6-Dec-18	19-Dec-18
Planned Care feedback from MoH	Dec-18	Ken Foote			6-Dec-18	
Alcohol Harm Reduction Strategy (6 monthly update) Nov-May-Nov-May 9 ..... Realign dates	Feb-19	Andy Phillips	13-Feb-19	13-Feb-19	14-Feb-19	27-Feb-19
Consumer Engagement Strategy Implementation Plan and presentation. Effectiveness of the strategy via regular reporting to be confirmed to Board. (previously Nov 18 now Feb 19)	Feb-19	Kate Coley			14-Feb-19	27-Feb-19
Ngatahi Vulnerable Children's Workforce Development - annual progress Feb 19 (annual update)	Feb-19	Colin Hutchison	13-Feb-19	13-Feb-19	14-Feb-19	27-Feb-19
Te Ara Whakawaiaora - Access Rates 0-4 / 45-65 yrs (local indicator) QUARTERLY Aug-Nov-Feb-May	Feb-19	Chris Ash	13-Feb-19	13-Feb-19	14-Feb-19	27-Feb-19
After Hours Urgent Care Service Update 6mthly (Sept-Mar-Sept)	Mar-19	Wayne Woolrich	13-Mar-19	13-Mar-19	13-Mar-19	27-Mar-19
Matariki Regional Development Strategy and Social Inclusion Strategy update (6 mthly) Sept-Mar	Mar-19	Andy Phillips	13-Mar-19	13-Mar-19	14-Mar-19	27-Mar-19
Te Ara Whakawaiaora - Breastfeeding (National Indicator)	Mar-19	Chris McKenna	13-Mar-19	13-Mar-19	14-Mar-19	27-Mar-19
Violence Intervention Programme Presentation Committees reviewed in July - EMT Nov - TBC for March 19	Mar-19	Colin Hutchison	13-Mar-19	13-Mar-19	14-Mar-19	27-Mar-19
Alcohol Harm Reduction Strategy (6 monthly update) Nov-May-Nov-May	May-19	Andy Phillips	8-May-19	8-May-19	9-May-19	29-May-19
Te Ara Whakawaiaora - Access Rates 0-4 / 45-65 yrs (local indicator) QUARTERLY Aug-Nov-Feb-May	May-19	Chris Ash	8-May-19	8-May-19	9-May-19	29-May-19
Annual Plan 2019/20 SPEs to Board by end of June (include committees?)	Jun-19	Chris Ash	12-Jun-19	12-Jun-19	13-Jun-19	26-Jun-19
People Plan (6 monthly - Dec, Jun 19)	Jun-19	Kate Coley	12-Jun-19	12-Jun-19	13-Jun-19	26-Jun-19



	<b>Hawke's Bay Health Consumer Council</b> <span style="float: right;"><b>146</b></span>
	For the attention of: <b>HBDHB Board</b>
Document Owner:	Rachel Ritchie, Chair
Reviewed by:	Not applicable
Month:	October, 2018
Consideration:	For Information
<b>RECOMMENDATION</b>  <b>That the Board</b> 1. <b>Note</b> the contents of this report.	

Consumer Council met on 11 October 2018. An overview of issues discussed and/or agreed at the meeting is provided below.

**CLINICAL GOVERNANCE COMMITTEE REPRESENTATION / ROLE OF CONSUMER REPRESENTATIVES**

Discussion took place around consumer representation on Clinical Governance committees and advisory groups. Concern was raised regarding the limited consumer representation on committees, compared with DHB staff. This concern was understood but is important as a first step to have at least one consumer conscience/voice at the table. It is recognised this can be a lonely role, always having a different perspective and 'going against the tide' when you are the only one in a group. In time, Council would like to see more balance and influence.

A draft summary guide has been put together to assist consumer representatives, including tips and background/context as well as a summary of what Person and Whanau Centred Care; Consumer Engagement in Service Planning and Delivery and Clinical Governance is. This will be discussed further at the next meeting.

The first Consumer Experience Committee meeting was scheduled for Monday 15 October which is a great step forward. Council are looking forward to progress in this area. The Terms of Reference for the Consumer Experience Committee were also approved by Council.

**INFORMATION SERVICES (IS) PRESENTATION**

The Chief Information Officer provided a presentation on the IS service focus since her arrival. Council was encouraged that IS are now business led, not technology driven and initiatives are now prioritised by user groups and not IS.

Key initiatives undertaken to date include the regional clinical portal, digitally enabled children's oral health, oncology prescribing at the bedside and oncology patient access to entertainment. Other initiatives being looked at are the Emergency Q APP and patient self-service kiosks. Feedback from the Council was that there appeared to be some gaps in consumer engagement to consider priorities, current initiatives and ensure generally the consumer voice is heard directly at a planning level for

IS. A consumer member is on the governance group but this has been in recess for a few months. Work is under way to connect a working group with Anne.

#### **CLINICAL SERVICES PLAN (CSP)**

After some discussion around the CSP, Council feel the overall theme and content of the CSP is that of a high level reference document. Council's are focussed on and very pleased to see Person & Whanau Centred Care is front and central, and publicly identified as a key way forward. We look forward to the next phase around prioritisation and implementation plans.

Clinical and Consumer Council at their joint December meeting plan to discuss the next steps in more detail.

#### **NATIONAL BOWEL SCREENING PROGRAMME – Indicative Equity Outcomes in Maori and Pasifika**

This paper was responding to the view around the 'inequity' of this programme initially, and the call to reduce the survey age for Maori and Pacifica to 50 yr old. The paper noted there is no evidence that such a reduction will reduce inequity. However, Emma Foster and the team are strongly focussed on efforts to achieve the national target of 73% participation for Maori and Pasifika. Further review of the programme will be undertaken in time also.

Council supported the work being done and offered assistance where needed.

#### **MINISTRY OF HEALTH – NEW APPROACH TO “PLANNED CARE”**

The Company Secretary provided information received recently from the MoH on a proposed new approach to managing electives which they are now calling “planned care”. The MoH want feedback from consumers and has suggested a teleconference to discuss the framework.

Council members were interested in participating and this is in the process of being arranged.

#### **REPORTS FOR INFORMATION WERE NOTED FROM THE FOLLOWING:**

- Te Ara Whakawaiaora - Cardiovascular (National Indicator)

#### **Nuka Conference:**

- Significant interest from council members across the 2 days and thanks to Ken and others for arranging.





## CHAIR'S REPORT

Verbal





## YOUTH CONSUMER COUNCIL REPORT

Verbal





## CONSUMER EXPERIENCE FACILITATORS REPORT(S)






## COMMITTEE REPRESENTATIVE FEEDBACK





	<p><b>Consumer Experience Committee</b></p>
	<p>For the attention of:  <b>HB Clinical Council and HB Health Consumer Council</b></p>
<p>Document Owner:</p>	<p>Dr Diane Mara and Debs Higgins (as co-chairs)</p>
<p>Reviewed by:</p>	<p>Not applicable</p>
<p>Month:</p>	<p>November, 2018</p>
<p>Consideration:</p>	<p>For Information</p>

11.1

<p><b>RECOMMENDATION</b></p> <p>That Clinical Council and Consumer Council</p> <p>1. <b>Note</b> the contents of this report.</p>
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Consumer Experience Committee met on 15 October 2018. An overview of issues discussed and/or agreed at the meeting is provided below.

**UNDERSTANDING THE ROLE OF THE COMMITTEE**

Discussion took place around the role of this committee and it was agreed it is to oversee the development and implementation of strategies, systems, policies, processes and actions that will contribute to the continuous improvement of the consumer experience within the Hawke’s Bay health system.

**PWCC IMPLEMENTATION PLAN**

The first draft of the PWCC implementation plan outlining the work required to embed a PWCC approach was discussed. This includes governance and socialisation, making health easy to understand, working collaboratively with consumers, gathering consumer experience and broadening mechanisms to get the consumer voice, using feedback to drive improvements, closing the loops and reporting back (“you said we did”) and effective utilisation and coordination of volunteers. Work will need to be done to create an awareness of PWCC and socialise this across the sector.

**AGREED PRIORITIES FROM THE PWCC IMPLEMENTATION PLAN**

It was agreed that the work on the implementation plan would need to be prioritised and we should look at achieving five key priorities over the next twelve months.

1. Building Awareness of what we mean when we talk about PWCC, educating our workforce and community about this and ensuring the consumer voice is heard as a powerful reason for the change
2. Document key guides for clinical / operational teams around PWCC
3. Publish a simple Consumer Charter which aligns to the key principles of PWCC
4. Ensure that Relationship Centred Practice (RCP) training is rolled out across the organisation and is identified as mandatory for all staff. A key component of this would be to utilise consumers to deliver and support the training – this would send an exceptionally positive message.
5. Establish a local consumer experience survey (developed in conjunction with this committee, Consumer Council, MRB & Maori Health Services) and put in place a robust system for gathering and sharing all feedback, implementing improvements and reporting back to governance groups and the community about what we’ve done with that feedback. Based on the feedback gathered, the Consumer Experience Committee would identify the key priorities and improvements that we should implement each quarter.





## **DHB FUNDING OVERVIEW**

### **Presentation**





## **NUKA CONFERENCE**

### **Report back from attendees**



	<p><b>CLINICAL SERVICES PLAN (CSP)</b> – Final Draft Clinical Services Plan Engagement Feedback Summary</p>
	<p>For the attention of: <b>Māori Relationship Board; HB Clinical Council; and HB Health Consumer Council</b></p>
Document Owner:	Kevin Snee, CEO
Document Author:	Hayley Turner – Clinical Services Plan Project Manager, Planning and Strategic Projects.
Reviewed by:	Ken Foote – Clinical Services Plan Project Sponsor, Company Secretary.
Month:	November 2018
Consideration:	For Review and Endorsement

<p><b>RECOMMENDATION:</b></p> <p><b>That the Māori Relationship Board, Clinical Council and Consumer Council:</b></p> <ol style="list-style-type: none"> <li><b>Review</b> the summary of the engagement feedback</li> <li><b>Endorse</b> the listed changes for the final version of the CSP document</li> <li><b>Recommend</b> that the Board approve the final CSP</li> </ol>
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**PURPOSE OF THIS PAPER**

The purpose of this paper is to provide a summary of the process collating all feedback at close of the CSP engagement activity, key themes of feedback received and a summary of changes to be included in the final CSP document.

The recommendation is that the listed feedback of changes is endorsed for a final CSP document to be produced as planned for final approval by the HBDHB Board on 28<sup>th</sup> November 2018.

Attached are the following:

- Two versions of the CSP document (one with tracked changes and one clean)
- Copy of the feedback report including responses

Questions:

- Do you agree with the listed changes made to the CSP document based on feedback?
- Do you feel this is sufficient based on the feedback and are happy to now endorse for a final CSP document based on these changes?

## CONTEXT

The Engagement Activity concluded on the 31<sup>st</sup> October, and overall the feedback received was positive and accepted the CSP direction.

### Feedback Received:

- Total feedback received =55
  - Phone=0
  - Email (including letters)= 33
  - Pamphlet= 22
- Sources of feedback came from:
  - Community (general public, community groups)
  - Health sector (DHB staff, PHO, community providers)
  - Intersectoral partners (At Matariki and formal feedback received from Hastings District Council and Napier City Council)
- Additionally the project team received a lot of general feedback and valued discussions from various meetings/individuals throughout the engagement process.

### Feedback Responses:

Not all feedback received was relevant to complete the final version of the CSP. Response to this type of feedback was “noted” and a summary of this type is listed below:

- Support/affirmation of the CSP with no highlighted gaps or feedback.
- Next phase: Requests for more detailed planning to be carried through to the next phase as part of the strategic planning process.
  - Phasing - this was indicative only at this stage.
  - Information around the how all the plans will be integrated and where services feature.
  - Detail around the elements/options in terms of priority and decision making for investment.

### Accepted changes to be incorporated into the final CSP:

Feedback received that has been included in the updated version included the following

- Language changes
  - Incorrect/ lack of use of the Te Reo Māori. An example includes the description of using Māori health model, Te Whare Tapa wha but thereafter only using English to describe the four dimensions and not Te Reo. This has now been incorporated into the plan.
  - Terminology or spelling corrections
  - Definitions: including extra definitions such as “Equity and inequity”
  - Clarification
  - Enhanced elements/options
- Additional paragraphs/section to the CSP
  - Environmental sustainability – Not originally covered, but have now included reference this as part of determinants of health and impact on inequity and long term conditions.
  - Dying well – Not originally covered, but have now included under person and whanau centred care and wraparound services.
  - Preventative care/population health/public health – covered within the “plan in a nutshell” but was not sufficiently covered within the plan. This has now been carried through and developed within the plan, examples include the three pillars of health (diet, exercise and sleep).
  - Behavioural economics – Linked to the above as part of understanding the consumer and their needs.
  - Early intervention to dementia – has been added.




- Tamariki (Children) and Rangatahi (youth) - as a key focus of the plan, this was deemed too general and required further development within the plan.
- Support services – previously community pharmacy, radiology, laboratory and dietitians were not sufficiently covered. It is recognised that these services may need to change to support the new models of care and therefore have now been included through relevant sections of the CSP.
- Place based planning – Whilst important to recognise community needs by geography, it was also highlighted that the plan did not include “communities of interest” being cohorts of consumers with similar health needs and not necessarily within a geographic area. Applying the same approach and principles used within place based planning would fulfil this requirement.

**Next steps:**

A final version of the CSP will now go to the board for final approval.



 <p><b>HAWKE'S BAY</b> District Health Board Whakawāteatia</p>	<p><b>Scoping Report - Addictions</b></p>
	<p>For the attention of:</p> <p><b>Maori Relationship Board (discussion)</b> <b>Hawke's Bay Clinical Council and HB Health Consumer Council (for information)</b></p>
<b>Document Owner</b>	Chris Ash, Executive Director Primary Care
<b>Document Author(s)</b>	Shari Tidswell; Equity & Intersector Development Manager; Laurie Te Nahu, Health Gains Advisor; and Shirley Lammas, Planning & Commissioning Manager, Integration
<b>Reviewed by</b>	Emma Foster, Deputy ED Primary Care; and Executive Management Team
<b>Month/Year</b>	November 2018
<b>Purpose</b>	Provide information via a map of "meth" use, impact, response and best practice in response to a Board request for information about 'meth' in our communities and how HBDHB are addressing the impact.
<b>Previous Consideration Discussions</b>	None
<b>Summary</b>	<p>The purpose of producing a mapping report is to provide current information about meth and the impacts on the user and their whānau. Overview of services delivered to support user, their whānau and the community impacted. Finally, evidence on what works to address meth and other drug harm.</p> <p>This information will guide the HBDHB Board, those planning HBDHB activities and delivering services. It will also provide some baseline data to measure change and progress in reducing harm for the Hawke's Bay community.</p>
<b>Contribution to Goals and Strategic Implications</b>	Health Equity
<b>Impact on Reducing Inequities/Disparities</b>	Drug use impacts are higher in high deprivation communities. Working with our communities to understand their needs and use this to formulate our response will reduce inequity.
<b>Consumer Engagement</b>	Information from community engagement meetings is included in the report. There was community engagement in Flaxmere and Maraenui
<b>Other Consultation /Involvement</b>	Met with community services providers and attended community meetings. Also used existing consultation documents completed with HBDHB input.
<b>Financial/Budget Impact</b>	Potential impact on reallocating resources

<b>Timing Issues</b>	None
<b>Announcements/ Communications</b>	None
<b>RECOMMENDATION:</b> It is recommended that Clinical and Consumer Council 1. Note the contents of this report and any feedback can be provided directly to the document owner.  It is recommended that the Maori Relationship Board 2. Note the contents of this report and discuss and provide feedback.	



## Scoping Report - Addictions

### Use, who is working in the area, what is working

<b>Author(s):</b>	Shari Tidswell; Equity & Intersector Development Manager; Laurie Te Nahu, Health Gains Advisor; and Shirley Lammas, Planning & Commissioning Manager, Integration
<b>Date:</b>	November 2018

#### EXECUTIVE SUMMARY

This map forms part of the response to the HBDHB Board's request – "how we are addressing our community issue of methamphetamine use and wider impacts".

A working group from Māori Health, Population Health and the Primary Care Directorate, sourced information and collated community consultation and key stakeholders engagement, to inform the content of this map.

This map provides an overview of what methamphetamines (meth) are, who is using meth, what communities are saying about their support needs, who is working in the meth space and what is working to reduce harm for meth use in Hawke's Bay<sup>1</sup>. Information and data has been provided by; Police, Housing NZ and the HBDHB. Feedback from community providers is also included<sup>2</sup>.

Meth use has increased over the last three years with a number of contributing factors including; availability of other drugs, organised crime involvement and unemployment. There have also been changes in how the drug is being manufactured – from 'meth labs' to the back seat of cars. According to National Health Survey data, adult<sup>3</sup> meth use is at 0.9% with little change. Police identify that there is an increase in meth-related crime and harm, they reference increases in the numbers of seizure of drugs and chemicals that create meth. Health services note that hospitalisations remain static and calls to the drug helpline by whānau and friends of 'meth users' have increased.

There are a number of organisations including: Police, HBDHB and TToH that deliver programmes to support people with addictions with a focus on meth. Indirectly, there are organisations that also address the impact of associated issues, e.g. Family Violence Services, Social Housing, Salvation Army, Mental Health and Addiction Services and income support.

#### MAP OVERVIEW

The purpose of producing a mapping report is to provide a picture of:

1. Current information about meth and the impacts on the user and whānau.
2. What we know about use of meth in Hawke's Bay.
3. Services delivered to support users of meth and their whānau and the community impacted.

<sup>1</sup> For the purposes of this map, Hawke's Bay is defined as the HBDHB boundaries.

<sup>2</sup> This is sourced from Internal Affairs Report "HB Drug Use Snapshot", CAYAD "Community Meeting – Responding to P", Flaxmere, "Community workshop on P" and Community Alcohol Survey. HBDHB staff engaged in all of the these.

<sup>3</sup> NZ Health Survey 2015

4. Community voice.
5. Evidence on what works to address harm from use of meth.
6. Recommendations for the HBDHB Annual Plan.

This information will guide the HBDHB Board, those planning HBDHB activities and delivering services. It will also provide some baseline data to measure change and progress in reducing harm for the Hawke's Bay community.

### **What is Methamphetamine?**

Methamphetamine is one of a number of amphetamine-type drugs. Some have medical uses and are made by pharmaceutical companies. However, most meth used in New Zealand is made in illegal labs. Meth is a stimulant drug available in pill, powder, crystal or liquid forms. It can be swallowed, snorted or injected but is most commonly smoked in a glass pipe or bong. Meth stimulates the central nervous system to release a large amount of dopamine, a 'feel-good' brain chemical. This can make you feel energetic, alert, talkative, and confident. It can also increase your sex drive and reduce your appetite. Street names include 'P', Crack, Meth, Crank and Ice.

This is not a new drug – it was developed in 1887 and has had a history of being used as a nasal decongestant, treatment for depression, and enhancer for athletic, cognitive and sexual performance. It is a neuro-stimulant, increasing neurotransmissions in the brain and effects norepinephrine and dopamine. The use of Meth significantly increases risk of heart disease. The high doses found in meth are more strongly associated with harmful effects such as; insomnia, agitation, mood swings and hallucinations. Other harmful effects can increase through impaired decision-making, e.g. family violence, unsafe driving, unsafe sex and increased risk of infection via utensil sharing (needles, pipes and spoons).

Addiction is also linked to wider behaviours which support access to the drug. Police information details a link to; dishonesty crimes, shop lifting, drug offenses and violent crime. This increases the risk of a criminal record and incarceration which can act as a further barrier to social inclusion.<sup>4</sup>

The development of Amphetamine Type Stimulant use disorders is associated with a history of:

- Alcohol use disorder (79%)
- Cannabis use disorder (73%)
- Family histories of substance abuse (32%); mood disorders (41%); and Psychosis (20%)
- Imprisonment, homelessness or hospitalisation for substance use or mental health problems (20%)<sup>5</sup>

### **Who is using methamphetamine?**

#### ***National Surveys***

National drug surveys puts the rate of use for adults in Aotearoa at 0.9%. This is low and has remained at around this rate over a number of years (includes all amphetamines). The average age of a user is 33 years, with higher use amongst males and Māori (compared with females and non-Māori).

The New Zealand Health Survey estimates amphetamine use in the Hawke's Bay region at 1.4% of adults over 18 years, higher than the the New Zealand rate of 0.8%.<sup>6</sup>

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<sup>4</sup> NZ Drug Foundation <https://www.drugfoundation.org.nz/> East Coast Police "Community Meth Presentation" 2018

<sup>5</sup> Shirley to add

<sup>6</sup> NZ Health Survey <https://www.health.govt.nz/publication/regional-results-2014-2017-new-zealand-health-survey>

Illicit Drug Monitoring System (2006-2014) noted an average meth user's age at 36 years, male and most likely to be on a health and disability benefit. A worldwide survey in 2015 indicated a similar rate for New Zealand.<sup>7</sup>

Emergency Department data shows a small increase in admissions. Hospital admissions throughout New Zealand related to meth use appear to have been stable over time with 203 people admitted to hospital in 2009, 234 in 2010 and 229 in 2011. The main reasons people were hospitalised for meth use were psychotic disorders or other mental health and behavioural disorders.

Nationwide data for the number of people seeking treatment (in acute care) for problematic meth and Amphetamine Type Stimulants (ATS) use is currently unavailable due to inconsistent data collection. Although flawed, information collected by the Ministry of Health details a general increase in the number of people attending mental health and addiction services with a diagnosis of ATS abuse or dependence.

All nationally compiled data demonstrate an inequity of meth use in our community, based on ethnicity and socio-economic status, with higher prevalence for Māori and high deprivation communities. Overall, there is a consistent description of the user group.

### **Police information**

The seizure rates for meth and products used to make meth have continued to increase. Police collect data on crimes where drugs are referenced. This data indicates a significant increase of crime where meth is referenced - over 200% in two years. Meth and cannabis now have similar levels referenced in criminal activities. An analysis of one month's data for East Coast Region, identified 54 meth users came to the attention of the Police, the most common age was 26/27 years, most were male, a third were unemployed and half were not legally able to drive (forbidden or cancelled driver licenses).

Family violence crime is strongly linked to meth use. This is followed by; child abuse, violence, weapons, drug offences, dishonesty, shoplifting and driving offences. This illustrates the wider impact of drug use with harm to families, community and businesses through crimes.<sup>8</sup>

Meth users are a relatively small group in our community aged in their late twenties to mid-thirties, mostly male, are often on a benefit or in a low income job and involved in other crime. Few are accessing hospital based services. Their behaviour is impacting on a wider group particularly whānau.

### **Who is working in this space?**

Hawke's Bay DHB provide generic addiction services that includes specific nationally allocated beds for people recovering from amphetamine addiction. Services include residential and community based. Including – the Methadone programme, addiction counselling, nursing, clinical care and social work services.

Hawke's Bay DHB plan and support the clinical pathway including phone line support, primary care, school-based services, community providers and secondary services.

<sup>7</sup> Massey University "Recent Trends in Illegal Drugs use in NZ 2006-2014 (2015)  
<https://www.massey.ac.nz/massey/fms/Colleges/College%20of%20Humanities%20and%20Social%20Sciences/Shore/reports/IDMS%202014%20Final%20Report.pdf?38B9C25FBFC4F517CCB03BCA4C7CF64>

<sup>8</sup> Taken from an internal Police Report, compiled in 2016

Community addiction services are delivered via Te Taiwhenua o Heretaunga and MASH Trust. There are residential services specialising in Meth via Odyssey, Nova (including beds allocated under the Compulsory Assessment and Treatment Act) and Salvation Army. Nationally beds allocated for meth treatment have not been filled. Hawke's Bay also receives funding for CAYAD (Community Youth Alcohol and Drug programme) and Safe Community (Central Hawke's Bay, Hastings, Napier and Wairoa) programmes delivering prevention and health promotion. There are a number of community developed programmes for example; Grans against P, Flaxmere Stopping P and community education sessions. Phone line and online supports including; Healthline, Alcohol and Drug Help and Drug Foundation all have been accessed by Hawke's Bay people.

The Alcohol Drug Helpline has reported a change in the pattern of contacts for meth use over the past few years with the largest caller group are family and whānau members concerned about someone else's meth use. This is consistent with an ongoing pattern of whānau members being more likely to seek help for someone's methamphetamine use than the person themselves across a range of services.

There is additional support with community services providing social work and counselling. Work and Income provide income support for those in treatment, primary care providing patient care, Probation Services providing habitation and whānau support. The next layer is the work by Police in reducing supply and responding to incidents involving meth. Justice ensures consequences and Oranga Tamaki responds to child safety issues.

Government departments including Police, Ministry of Health and Justice have strategies for managing drugs which include how they are addressing amphetamines. These strategies have similar themes of reducing harm to our communities. Using the National Drug Policy (developed by the Ministry of Health) the three strategic approaches include:

- Problem limitation (increase accessing support and receiving treatment)
- Demand reduction (having knowledge and options to make informed decisions)
- Supply control (minimising access)

**While there is a good range of support and services. There may need to be work to improve user engagement, and greater support or information about for whānau and community. Finally opportunities for more cross agency work that is strategically**

### **What is the Community saying about their support needs ?**

There has been a consistent community voice raising concerns about the impact of meth and other drugs. The communities most active in identifying need are Flaxmere, Maraenui and Wairoa. This aligns with the user profile – higher level of use in high deprivation communities. Whānau and community members are managing the associated behaviour of agitation, crime and family violence that stems from meth use.

Whānau are signalling a need for support for example phone line services have seen an increase in calls from those effected by a meth user. A meeting between HBDHB staff and early childhood education providers (2018) identified information about meth as a key need, as they perceived an increased meth impact on children in their services. They have responded to this need through the establishing of community programmes "Nans Against P" and "Flaxmere Stopping P".

*"People that access our service are usually not looking for support for their drug issues but primarily for support and advocacy to assist them with the impact it is having on their whanau and themselves." (Te Roopu A Iwi Trust)*



Communities are also noting the impact of other drugs including Wairoa identifying the impact of alcohol via a 2016 survey, The Raureka community challenged the license for an off license retailer in their shopping centre noting the negative impact alcohol use has in their community. More recently members of the Maraenui community have highlighted synthetic cannabis use and associated social problems.

*“Maraenui is definitely an area where it’s (synthetics) extremely accessible” (Whatever It Takes)*

Communities are also affected by an increase in crime (e.g. violence, drug driving, theft) linked to drug use and a general reduction in safety. Employers have highlighted the impact of people ‘failing drugs tests’, resulting in the challenges of recruiting and retaining staff, which in turn impacts on business economically growth. Services such as Police, Probation and Courts also note increased workloads. For whānau and community the impact of these behaviours and consequence is economic, social and psychological resulting in community ‘despair and depression’.

A community hui facilitated by CAYAD (Community Action for Youth Alcohol and Drugs) was held in June 2017 that discussed possibilities for a “Regional Meth Solution”. This hui identified:

- Recovery Whakawaiaora - provider list, papatanga, improved services and alternatives (work, walking groups, training opportunities)
- Prevention (address supply, why do people use meth, education about meth, look at Portugal, link to Social Inclusion, provide options, reduce harm, whānau action)
- Politics and funding (petitions, submissions, media, linking government agencies to influence change)<sup>9</sup>

**It is important to ensure that communities have a voice, are informed about evidence, know how to access services and support and are supported in their local responses and solutions.**

### **What is working in harm reduction?**

National strategies from Ministry of Health, Police and Department of Corrections have similar themes. These themes come through in the NZ Drug Foundations advice on addressing meth and illicit drug use generally. All see merit in agencies working together to support change. The focus on; prevention, intervention and treatment is evident in all approaches.<sup>10</sup>

#### ***Cross-sector approaches***

*Enabling an environment for social inclusive economic growth requires cross sector input and provides the support for prevention, education and effective treatment.*

- *Provide intersector strategies to support resilient behaviours and reduce enablers for drug taking.*

For Hawke’s Bay this could include supporting Matariki projects to increase employment, school training engagement, changing how social services are funded and deliver, and provide a whānau centric approach to meet whānau needs. A further opportunity could be delivery of cross-sector strategies and plans, including community plans - these would be responsive to community needs

<sup>9</sup> Meeting notes distributed by CAYD June 2017

<sup>10</sup> NZ Strategic Approaches <https://www.drugfoundation.org.nz/>  
<https://www.health.govt.nz/publication/national-drug-policy-2015-2020> <http://www.police.govt.nz/about-us/publication/illicit-drugs-strategy-2010>

and aspirations to support resilience and healthier communities. Local authorities in Hawke's Bay have community plans that could be built on to respond further to community need.

Using holistic approaches such as Whole of Schools Approach including 'Helping Build a Healthy and Supportive Society'. This approach reduces punitive responses and provides effective links to treatment and support. These approaches would support community raised issues i.e. the Community Hui mentioned above identified the need for prevention and treatment responses. Whānau centric approaches e.g. Strengthening Families and Whānau Ora provide whānau with support across a range of agencies. There is an opportunity for the HBDHB to apply this holistic approach in the planned review of Mental Health and Addictions Services.

### **Prevention**

*Reduces the number of people mis-using drugs and the level of harm. Prevention includes supporting people to be drug free through increasing resilience i.e. employment, meeting needs and creating safe environments. Early intervention is also important to reduce harm i.e. education, access to support services.*

- *Ensure children and young adults stay engaged in school and education.*

This is key to building resilience. Developing career pathways with links to training/qualifications and jobs can be delivered via Matariki Social Inclusion and the Regional Economic Development Strategy.

- *Support engagement in employment through programmes and socially responsible employers*

Being engaged in employment develops resilience, reducing harm and preventing drug use. Programmes that support people into employment are most effective for people on benefits and experiencing barrier to employment (i.e. low or no qualifications, no driver's license, criminal record or past history of substance abuse). Supporting employers to become socially responsible will also help increase opportunity for employment and the support to retain employment.

- *Supporting safe homes where children are not exposed to drug misuse.*

Ensure children, youth and adults have a relationship with a good adult role model, their basic needs are met (safety, food, sleep and care) and opportunities provided for learning. One-third of meth users in treatment have a family history of drug abuse. Those living in a deprived households have higher rates of drug misuse.

- *Address family violence, prevention and respond with support pathways and interventions.*

This would require multiple agencies working collaboratively including advanced community engagement. More than half of meth associated crime is related to family violence. Supporting whānau with interventions to address family violence would increase children's resilience to reduce future drug use as well as addressing adult meth use. Additional effective interventions include supporting people who "fail drug tests", when they apply for benefits or are picked up for traffic offences. An effective first step is to ensure Police, Work and Income and employers have the right information and skills to refer people to support services.

### **Education and Community Support**

*Education is an enabler to prevent drug misuses and reduce harm if it is non-judgemental and community based.*

- *Support community education programmes, provide accurate information delivered in a non-judgemental manner with clear links to support and treatment services.*

Information needs to include how to reduce harm e.g. from no-use to the safest way to use. There is some support for providing a service that assesses drugs being used so users are aware of what ingredients are in drugs and the level of risk.

Education is beneficial when it covers all drugs and is not targeted at specific drugs; has clear messaging on harmful drugs and provides accurate information. Scare tactics and abstinence messaging have been proven not to be effective. Drugs covered should include tobacco, alcohol and illicit drugs.

Providing a safe place and key people to talk to should include being; non-judgemental, prepared and able to follow-up. Key people need to have the skills to notice change and ask questions to support and engage. Resiliency research also supports the benefit of a significant adult helping people make beneficial choices and develop skill to manage challenges.

### **Treatment**

*Treatment must be available when requested with no waiting lists. Programmes have to respond in a way that provides effective recovery from the drug used i.e. methamphetamine.*

A recent meth research and treatment literature review confirms the information and recommendations contained in the Interventions and Treatment for Problematic Use of Methamphetamine and Amphetamine-Type Stimulants (ATS). Specifically the literature confirms that:

- No pharmacology has been consistently identified as being effective in helping people reduce and or stop the use of ATS
- No pharmacology has been identified as being particularly useful to help withdrawal management
- The stepped care model of treatment remains appropriate as an intervention pathway

Clear clinical pathways for meth users with a range of accessible referral points is essential. Accessible support and information for whānau and community is also invaluable.

**Prevention approaches start early in life with safe homes, engagement in school and education, employment and developing resilience. Providing people with information to base decisions on is more effective than ignorance. Treatment needs to be accessible and responsive to the needs of a user's. Good harm reduction approaches are effect for all drugs.**

### **SUMMARY**

Methamphetamine is a neuro stimulant and most meth produced in New Zealand is illegal. Meth is used by a relatively small proportion of the population (between 0.8% and 1.4% of people over 18 years), however Māori, beneficiaries and low wage earners have the highest rate of use. Meth use is also linked to other offending, particularly family violence and to heart disease in the user.


There are a wide range of services from clinical to community, however there could be gaps particularly for whānau and community affected by a meth user. Improvements in access to information should provide consistent messaging and opportunities for those working across all sectors.

Community and best practice are very closely aligned with a focus on cross-agency approaches, prevention, education and treatment. These actions support a drugs harm reduction approach rather than a focus on a single drug or category. Prevention strategies have the ability to address the wider determinants of health and wellbeing including education, employment, reducing family violence and safe communities.

There is a ripple effect moving out from the meth user to their whānau and community. This requires layers of responses to support all those affected including; empowering communities, responding to whānau needs, educate, prevention strategies and treatment. A cross-sector response to ensure users, their whānau and the community are able to reduce the harm from meth use.

## RECOMMENDATIONS

Key Recommendation	Description	Responsible	Timeframe
Include in the Mental Health and Addiction review	Include meth and other drug treatment, community responses and the other recommendations from this paper, in the review of mental health and addiction services review.	Shirley Lammas	2019
Engage with whānau and community to understand their needs and provide appropriate support	Investigate ways to link whānau and community with support and information. Including using co-design approaches.	Shirley Lammas	2019
Take a Cross sector approach	Support a cross sector approach as part of the Matariki Strategy and Tripartite programme of work i.e. employment, family harm reduction and whānau centric approaches.	Shari Tidswell	Ongoing
Establish clear clinical pathways	Establish clear clinical pathways and communicate these with a wide range of referral points including whānau, to maximise intervention opportunities.	Addictions Services Managers	July 2019

 <p><b>HAWKE'S BAY</b> District Health Board Whakawāteatia</p>	<p><b>Best Start: Healthy Eating and Activity Plan - Healthy Weight Strategy</b></p>
	<p>For the attention of: <b>Māori Relationship Board, Pasifika Health Leadership Group, HB Clinical Council and HB Health Consumer Council</b></p>
<b>Document Owner</b>	Andy Phillips, Executive Director Health Improvement and Equity
<b>Document Author(s)</b>	Shari Tidswell, Equity and Intersector Development Manager
<b>Reviewed by</b>	Phil Moore (Clinical Lead) and Executive Management Team
<b>Month/Year</b>	November 2018
<b>Purpose</b>	The Board requested six monthly progress reports. This report provides an overview of the progress and changes impacting the Best Start Plan's delivery.
<b>Previous Consideration Discussions</b>	Reported six monthly.
<b>Summary</b>	<i>Work delivered is part of the Best Start Plan that includes; supporting healthy eating environments, delivers prevention programmes, provides intervention pathways and supports health leadership in healthy weight. In the last six months we have worked with early childhood services, developed a pre-pilot for the 8 year old measure, worked with schools to support healthy weight environments and set priority areas for Plan delivery in the next 12 months.</i>
<b>Contribution to Goals and Strategic Implications</b>	Health equity – Healthy weight is the second highest contributor to wellbeing for people in Hawke's Bay. Transform and Sustain – increasing focus on prevention. Improving health outcomes for Māori and Pasifika peoples.
<b>Impact on Reducing Inequities/Disparities</b>	Directly aligned to addressing inequity for Māori and Pasifika.
<b>Consumer Engagement</b>	Delivered by the Best Start: Healthy Eating and Activity Plan Development and Delivery, consumer/stakeholder/community engagement are noted in all programme development and delivery.
<b>Other Consultation /Involvement</b>	Ongoing - as part of all delivery and programme development.
<b>Financial/Budget Impact</b>	Not applicable
<b>Timing Issues</b>	Not applicable
<b>Announcements/ Communications</b>	Not applicable
<p><b>RECOMMENDATION:</b> It is recommended that the Maori Relationship Board, HB Clinical Council, HB Consumer Council and the HBDHB Board:</p> <ol style="list-style-type: none"> <li>1. <b>Note</b> the content of the report.</li> <li>2. <b>Endorse</b> the next step recommendations.</li> </ol>	



## Best Start: Healthy Eating and Activity Plan - Healthy Weight Strategy

<b>Author(s):</b>	Shari Tidswell
<b>Designations:</b>	Intersector Development Manager
<b>Date:</b>	<b>November 2018</b>

### OVERVIEW

In 2015 the Healthy Weight Strategy and in 2016 the Best Start: Healthy Eating and Activity Plan were endorsed by the HBDHB Board. These documents responded to the areas identified as most impacting wellbeing in the Health Equity Report (2015). These documents guide the HBDHB's work in increasing the number of healthy weight people, with a focus on children. Work is delivered across HBDHB and other sectors including primary care, councils, education, workplaces and Ngati Kahungunu Iwi Inc.

Childhood healthy weight is also being reported to the HBDHB Board via Te Ara Whakawaiora performance programme and nationally through the Raising Healthy Kids target. These reports share information and the Best Start Plan provides the direction and overview for work.

### REPORTING ON PROGRESS

Below is a summary of the highlights for each of the Plan's four objectives. Appendix one provides further detail of the progress on the Plan's activities to date.

#### **1) *Increasing healthy eating and activity environments***

Resource in development for early childhood settings to support healthy conversation, identifying additional resources to support education opportunities and engage whānau. Schools programme support role is being established so that school's healthy weight plans can be facilitate and monitored.

#### **2) *Develop and deliver prevention programmes***

Programmes are now at the embedding stage with key messages going to wāhine and whānau during pregnancy; via Mama Aroha – messaging is consistently provided to new parents/whānau; Healthy First Foods programme is part of Well Child Tamariki Ora and Plunket services; Healthy Conversation and BESMARTER Tools are used by health professionals engaging with 2-4 year olds and "Water is the Best Drink" messaging is consistently being used from 2 to 10 years.

An evaluation is underway to identify improvements in how we communicate about healthy weight with whānau. This is to engage with whānau to complete their child's Before School Check. These findings will be used to improve working with whānau.

The 8-year old measure is being pre-piloted this term, with a pilot to be delivered in Term One 2019. Kimiora, Marewa, Irongate and Henry Hill Schools are participating in the pre-pilot. The aim is to measure 90% of 8-year olds in decile 1-4 schools annually; providing information for schools about their school population's healthy weight, impact of their healthy weight activities and ability to feedback to their whānau. A pathway will also be provided to support the child and their whānau if they are identified as obese. We can also now monitor change over three measurement points; 4-year olds (B4SC), 8-year olds (decile 1-4 schools) and 13-year olds (completing HEADDSS assessments in decile 1-4 secondary schools)

To increase the rate of breastfeeding for Māori pēpē we are trialling increased midwife visits for whānau engaged with community midwives. This is to provide extra support with breastfeeding in the first 6-weeks. Data will be collected to assess the impact on breastfeeding rates. There has also been a review of services from 6-weeks to 6-months to improve support whānau are receiving.

### **3) *Intervention to support children to have healthy weight***

HBDHB continues to meet the Raising Healthy Kids target six months earlier than the target date and has now achieved 100% of children identified at a B4 School Check in the 98<sup>th</sup> percentile weight being referred to a primary care assessment. Further supportive pathways and tools have been developed to support whānau to make lifestyle changes which support healthy weight. This includes; Active Families under Five and the BESMARTER goal setting tool.

A programme is being established that will provide support for schools through Public Health Nurses accessing referral pathways to Active Families programmes. This is also linked to the 8-year old measure.

### **4) *Provide leadership in healthy eating***

The HBDHB continues to provide leadership across sectors to provide advice and support to implement healthy weight programmes, activities and sharing of information. The DHB have provided feedback on the Child Poverty measures and are contributing feedback on the draft Child and Youth Wellbeing Strategy.

## **WIDER CONTEXT FOR CHILD HEALTHY WEIGHT**

Obesity is the second leading risk to population health outcomes in Hawke's Bay. Medium and long-term costs of not addressing obesity are very high, as obesity leads to a range of diseases with high health sector costs. A third of our adult population are obese; 48% and 68% for Māori and Pacific adult populations respectively. Childhood weight is a significant influence for adult weight and changing behaviours to increase healthy weight are more effective during childhood years.

The national target (Raising Healthy Kids) has been in place for 18 months and Hawke's Bay performs well in our consistent achievement of this target. There is wider work being undertaken nationally including the Child and Youth Wellbeing Strategy and Child Poverty Reduction work programme. Both of these will impact on childhood healthy weight and the DHB are engaging with the development, including providing submissions and feedback on the strategy.

HB Community Fitness Trust held a key stakeholder workshop, which the DHB participated in. Meeting have also occurred with key research staff from Auckland University engaging with the Trust.

## NEXT STEPS

1. Trial the conversation tool in early childhood settings and collect feedback from whānau and educators.
2. Complete a process review of the pre-pilot and apply findings to the pilot design. Deliver the pilot in term one 2019.
3. Monitoring the impact of the increased visits and breastfeeding support for whānau.
4. Engage 10 primary schools over the next 12 months to implement a healthy weight environment. Establish a baseline with current practice and monitor implementation of change.
5. Identify and develop leadership opportunities promote healthy weight messaging, increase healthy weight environments and support national changes which influence healthy weight.

## RECOMMENDATIONS

Key Recommendation	Description	Responsible	Timeframe
Develop a pilot programme for in-home support for breastfeeding	Completed a review of the trial and make recommendations for future programme delivery.	Jules Arthur/ Shari Tidswell	July 2018
Develop a pilot for monitoring and measuring children at 8-years	Engage decile 1-4 schools to participate in the pilot, develop tool and supporting clinical pathways for the pilot. Evaluate the pilot.	Child Health Team/ Shari Tidswell	April 2019
Identify and implement leadership opportunities	Engage with nationally led developments to support Hawke's Bay healthy weight gains. Supporting healthy weight messages.	Best Start Advisory Group	July 2019

### RECOMMENDATION:

It is recommended that the Maori Relationship Board, HB Clinical Council, HB Consumer Council and the HBDHB Board:

1. **Note** the content of the report.
2. **Endorse** the next step recommendations.



**Objective 1: Increase healthy eating and activity environments**

**Indicator 1a: Increase the number of schools with healthy eating policies**

**Indicator 1b: Increase the number of settings including workplaces, churches and marae with healthy eating policy**

**What the data shows**

The data we have is improving, there will be a survey completed by June 2018 for all primary schools and data for the school environments has been collected with Auckland University (Informas) and reported.

Activity to deliver objective one				
	What	How	Progress	When
<b>Current activity</b>	<ul style="list-style-type: none"> <li>Work with settings to increase healthy eating including education, schools, workplaces, events, Pasifika churches, marae</li> <li>Support national messaging including sugar reduction i.e. Water Only</li> <li>Advocate for changes in marketing and council planning</li> </ul>	<ul style="list-style-type: none"> <li>Healthy eating policies which reduce sugar intake in 5 ECE centres, key community events increase healthy food choices, 4 Pasifika churches have a healthy eating approaches and guidelines for marae reviewed with Ngāti Kahungunu Iwi Incorporated</li> <li>Communication plan implemented for national and regional messages</li> <li>Supporting the implementation of programmes and plans i.e. i Way, Active Transport, Sport HB and Ngāti Kahungunu Iwi Incorporated plans</li> </ul>	<ul style="list-style-type: none"> <li>School water only policies reviewed by PHNs, all primary schools have policies and two secondary schools. Support is being developed for ECEs with MoH licensing staff. Four churches engaged, two are working toward reducing sugar. Hasting District Council is going sugar sweeten beverage free at their facilities.</li> <li>Water only messaging promoted in schools, under 5 Healthy Food messages</li> <li>DHB rep on Active Transport group, supporting Ngāti Kahungunu Iwi Inc. events to provide health messages and supplying water.</li> </ul>	July 2017
<b>New actions</b>	<ul style="list-style-type: none"> <li>Support education settings to implement healthy eating and food literacy-early childhood, primary schools secondary schools,</li> </ul>	<ul style="list-style-type: none"> <li>50% increase in schools with “water only” policy annually</li> <li>Decile 9/10 communities have a whānau co-designed programme delivered in primary schools, - trialled 2016, 5 new schools annually</li> </ul>	<ul style="list-style-type: none"> <li>Schools are being engaged via Public Health Nurses and to support this a new resource is being established in the Child Health Team.</li> <li>Best Start Advisory Group has been meeting monthly to support coordination and the development of</li> </ul>	Reported annually to 2020

Activity to deliver objective one			
	<ul style="list-style-type: none"> <li>Establishing a base measure for monitoring</li> <li>Engage cross-sector groups to gain support and influence to increase healthy eating environments</li> <li>Investigate food security for children and their whānau identifying issues</li> </ul>	<ul style="list-style-type: none"> <li>All schools surveyed for status in healthy eating/water only policies</li> <li>Establish a group to influence changes in the environment across Hawke's Bay</li> <li>Partner with Auckland University to establish a baseline for the Hawke's Bay food environment and monitor annually</li> </ul>	<p>resources/programmes/project. Includes: Health HB, Child Health, Oral Health, Maori Health, Population Health, Pasifika Health, Paediatrics, Primary Care Directorate. Current work is looking at delivering an 8 year measurement for weight</p> <ul style="list-style-type: none"> <li>Pre-piloting an 8 year old measure to monitor impact across the lifespan. Food Environment data collection complete and report shared with stakeholders.</li> <li>Working with Boyd Swinburn from Auckland University to look at a HB research project.</li> <li>Presented Healthy Weight Strategy to Hastings and Napier Council.</li> </ul>

## Objective 2: Develop and deliver prevention programmes

### Indicator 2a: Rates of breastfeeding at 6 weeks increase

### Indicator 2b: Number of healthy weight children at 4 years remain stable or improves

#### What the data shows

- Child fully or exclusively breastfeeding at 6 weeks rates as 72% for total population, 66% Māori and 82% Pasifka (December 2015 Ministry of Health), these show slight increases
- 67.8% of Hawke’s Bay four year olds are healthy weight, 62.7% Māori and 55.7% Pasifika (2016 Before School Check data, Health Hawke’s Bay), this is 2016 data. Most recent data is obesity data with 13% of Māori, 26% Pasifika and 5.8% other four year old children in the 98<sup>th</sup> percentile for weight (June –Dec 2017 B4SC)

Actions and Stakeholders				
	What	How	Progress	When
<b>Current activity</b>	<ul style="list-style-type: none"> <li>• Implementing Maternal Nutrition Programme activities- breastfeeding support, healthy first foods</li> <li>• Supporting settings to implement healthy eating/sugar reduction programmes/policies</li> <li>• Supporting health promoting schools</li> </ul>	<ul style="list-style-type: none"> <li>• Breastfeeding support resources provided via Hauora</li> <li>• All Well Child/Tamariki Ora providers trained in Healthy First Foods</li> <li>• All schools, ECE, Well Child/Tamariki Ora Providers with health eating policies are provided with information resources and advice</li> <li>• Health Promoting Schools health promoters are up-skilled to implement healthy eating approaches</li> </ul>	<ul style="list-style-type: none"> <li>• Complete</li> <li>• Complete</li> <li>• Information and resources shared</li> <li>• Meeting HPS coordinators, attended workshop with other providers.</li> <li>• Training is completed for Tamariki Ora and Plunket staff, LMCs and B4SC nurses. Training plan being delivered for ECEs.</li> <li>• Maternal Nutrition and Physical Activity programme being delivered in Wairoa – great response and across HB</li> </ul>	July 2017
<b>Next actions</b>	<ul style="list-style-type: none"> <li>• Extend the Maternal Nutrition programme developing programmes in ECE and resources to support B4 School Check providers</li> </ul>	<ul style="list-style-type: none"> <li>• Deliver training to LMCs, Well Child providers and B4 School Check nurses to increase skills to promote healthy eating- Healthy Conversation, Healthy First Foods, B4 School Check resources</li> </ul>	<ul style="list-style-type: none"> <li>• Active Families contracts in place and delivered by Iron Māori and Sport HB. Tamariki Ora and Plunket staff trained and delivering Healthy First Foods programmes. Trial programme being delivered via</li> </ul>	Reported annually until 2020

Actions and Stakeholders			
	<ul style="list-style-type: none"> <li>Supporting healthy pregnancies, via education and activity opportunities</li> <li>Support the development of whānau programme (building on existing successful programme)</li> <li>Develop food literacy resources including sugar reduction messages -deliver via programme and settings</li> <li>Support healthy eating programmes and approaches in schools</li> </ul>	<ul style="list-style-type: none"> <li>Contract and support local provider/s to deliver the maternal healthy eating activity programme</li> <li>Contract and support local provider/s to deliver whānau based programmes i.e. Active Families</li> <li>Deliver key messages for whānau with 2–3 year olds</li> <li>Develop food literacy resources for B4 School Check provider, promote Healthy First Food and heart foundation school resources</li> <li>Support the co-designed programme for deprivation 9/10 communities</li> </ul>	<p>Maternity Services to provided increased support for breastfeeding.</p> <ul style="list-style-type: none"> <li>Resource developed with early childhood providers and resources to support healthy weight messages for whānau and children – expert group completed this.</li> <li>Healthy conversation tool implemented and evaluated – this includes BE SMARTER whānau plan, B4 Schools Check nurses</li> <li>Working group developing the survey for all primary schools and tool to support design and delivery of healthy weight schools.</li> <li>Schools programme facilitated via Child Health Team, with additional resource to support this work.</li> </ul>

### Objective 3: Intervention to support children to have healthy weight

**Indicator 3a: Increase referrals to programmes which support healthy lifestyles and whānau engagement for 4 year olds with a BMI in the 98<sup>th</sup> percentile**

**Indicator 3b: Increase food literacy training to targeted workforce including midwives, Well Child/Tamariki Ora, education workforces, social services and Before School Check practitioners.**

#### What the data shows

- 119 Hawke’s Bay children were identified with BMI in the 98<sup>th</sup> percentile, of these, 90 accepted a referral to a primary care follow, 2 already in care and 27 declined at referral. 98% Māori, 100% other and 100% Pasifika children received a referral to primary care. (Dec 2017 B4 School Check reported Data - MoH)
- 100 participants attended breastfeeding support training, 23 Well Child staff attended First Foods Trainer Workshops, 83 health professionals attended Gestational Diabetes updates (2015 HBDHB Maternal Nutrition Report to MoH) and 45 practice nurses attended CNE session on Raising Healthy Kids Target and whānau conversation tool/plan. 63 early childhood teaching attended an information session

Activities and Stakeholders				
	What	How	Progress	When
<b>Current activity</b>	<ul style="list-style-type: none"> <li>• Screening including gestational diabetes, Well Child/Tamariki Ora and B4 School Checks</li> <li>• Whānau activity based programmes for under 5s</li> <li>• Paediatric dietetic referrals</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor the screening and responding referrals</li> <li>• Fund Active Families under five and monitor implementation. Investigate extending to further providers</li> <li>• Monitor referrals and outcomes</li> </ul>	<ul style="list-style-type: none"> <li>• Monitoring provided via HBDHB Board and MoH. Raising Health Kids target has been met.</li> <li>• Active Families under 5 is funded and DHB has received additional funding from MoH</li> <li>• Majority of referrals are to Active Families which has 80% of children increasing healthy eating and activity.</li> </ul>	July 2017 Māori Health Targets - 6 monthly to the Board
<b>New actions</b>	<ul style="list-style-type: none"> <li>• Support screening in maternal programme, Well Child/Tamariki Ora and B4 School Checks</li> </ul>	<ul style="list-style-type: none"> <li>• Support training for health professionals completing screening - maternal, Well Child/Tamariki Ora and B4 School Checks.</li> </ul>	<ul style="list-style-type: none"> <li>• Completed WellChild/Plunket Health First Foods training, B4 School Check Conversation Tool training</li> </ul>	Annually until 2020

Activities and Stakeholders			
	<ul style="list-style-type: none"> <li>• Provide whānau based programmes to support lifestyle changes which support healthy weight i.e. Active Families</li> <li>• Support referrals to programmes via a range of pathways</li> <li>• Develop a clinical pathway from well child/primary care to secondary services</li> <li>• Support child health workforce, to deliver healthy conversations</li> </ul>	<ul style="list-style-type: none"> <li>• Contract community providers to take referrals for whānau with an overweight child (3-12 years)</li> <li>• Clinical pathway developed with key stakeholders- whānau, parents, children and health professionals</li> <li>• Healthy Conversation training delivered</li> </ul>	<ul style="list-style-type: none"> <li>• Active Families – delivered by Iron Māori and Sport HB. New contracts in place from Oct 2017.</li> <li>• Clinical pathway for B4 School Check complete. Working with diabetes pathway</li> <li>• Training in healthy conversation completed in 2016. Delivered the Healthy Food conversation tool 2017. Complete.</li> <li>• 8 year old measure includes a referral pathway to support whānau with children identified as obese. This includes clinical and family support.</li> </ul>

## Objective 4: Provide leadership in healthy eating

### Indicator 4a: Monitor the implementation of the HB DHB Healthy Eating policy

### Indicator 4b: Engage support from key partners

#### What the data shows


Hawke’s Bay District Health Board policy has been updated and aligns with MoH guidelines and an implementation plan is in place, endorsed by EMT June 2016. Auckland University review of the policy has HBDHB ranked 3<sup>rd</sup> most effective policy for DHBs. Healthy Weight Strategy have been presented to the Intersectoral Forum, Napier and Hastings Councils, MoE East Coast, Priority Population Committee (Health HB) and internally across the DHB. Intersector Group has been established

Activities and Stakeholders				
	What	How	Progress	When
<b>Current activity</b>	<ul style="list-style-type: none"> <li>Share information, evidence and best practice and healthy weight data with key community partners</li> <li>Show leadership by establish the HBDHB Healthy Eating Policy and implementing the Healthy @ Work work plan</li> </ul>	<ul style="list-style-type: none"> <li>Regular updates provided via Maternal, Well Child/Tamariki Ora and B4 School Check forums. Regular meetings with community providers</li> <li>Review and monitor the HBDHB Healthy Eating Policy and support the implementation of the Health @ Work work plan</li> </ul>	<ul style="list-style-type: none"> <li>Strategy and Best Start Plan shared with - Sport HB, Mananui, Napier and Hastings Councils, HB Community Fitness Centre Trust, DHB staff and placed on DHB website. Communication Plan developed to increase awareness</li> <li>Policy complete</li> </ul>	July 2017
<b>New actions</b>	<ul style="list-style-type: none"> <li>Lead an equity focus by applying an equity lens to review this plan and delivered activity</li> <li>Lead messaging and delivery to reduce sugar intake</li> <li>Align HBDHB Healthy Eating Policy with national food and beverage guidelines</li> </ul>	<ul style="list-style-type: none"> <li>Equity assessment written and finding used to refine this plan to improve response to equity</li> <li>Cross-sector activity includes a sugar reduction focus</li> <li>Framework/process implemented for cross-sector approach and inter-agency activity reported</li> </ul>	<ul style="list-style-type: none"> <li>All contracts have targets for Māori and Pasifika, resources are tested with Māori and Pasifika whānau and equity lens was applied to funding.</li> <li>Water only and healthy food has been delivered in event planning, Pasifika churches, workplaces and education.</li> <li>Shared Healthy Eating Strategy with Intersectoral Forum – Intersector Group</li> </ul>	Ongoing until 2020

Activities and Stakeholders			
	<ul style="list-style-type: none"> <li>• Develop a process for a cross-sector approach to support healthy eating environments</li> <li>• Influence key service delivery stakeholders to maintain best practise and consistent messaging</li> <li>• Continue engagement with community particularly key influencers for Māori and Pasifika i.e. marae and church leaders</li> </ul>	<ul style="list-style-type: none"> <li>• Hauora, general practice, LMCs, contracted community providers provide national messages consistently to whānau, community and their workplace</li> <li>• Key activities Waitangi Day celebrations - policy/guidance document development Ngāti Kahungunu Iwi Incorporated and engagement with Pasifika church leaders</li> </ul>	<p>establish and setting out leadership activities</p> <ul style="list-style-type: none"> <li>• Messaging is “water is the best drink” and promoting the MoH Nutrition Guidelines</li> <li>• We have worked with the Te Matatini steering group and promoted water and healthy food choices (with a reduction in high fat, sugar and salt foods). The Healthy Events – Food guide material has been reviewed by Ngāti Kahungunu Iwi (events and comms staff), available on DHB website.</li> <li>• Completed submissions and providing feedback on national work including Child Poverty and Child and Youth Wellbeing Strategy.</li> <li>• Partner agencies have delivered policies – HDC has “no fizzy” at the venues, Sport HB is working clubs and code to implement “water is the best drink” and healthy food options.</li> </ul>



### Governance Report Overview

 <p><b>HAWKE'S BAY</b> District Health Board Whakawāteatia</p>	<p><b>Te Ara Whakawaiaora - Smokefree</b></p>
	<p>For the attention of: <b>Māori Relationship Board, HB Clinical Council; HB Health Consumer Council and HBDHB Board</b></p>
<p><b>Document Owner</b></p>	<p>Andrew Phillips, Executive Director, Health Improvement and Equity</p>
<p><b>Document Author(s)</b></p>	<p>Johanna Wilson, Smokefree Programme Manager</p>
<p><b>Reviewed by</b></p>	<p>Shari Tidswell, Intersectoral Development Manager and Executive Management Team</p>
<p><b>Month/Year</b></p>	<p>October 2018</p>
<p><b>Purpose</b></p>	<p>To provide an overview of the six months implementation progress on the Smokefree plan for discussion.</p>
<p><b>Previous Consideration Discussions</b></p>	<p>Reported six monthly.</p>
<p><b>Summary</b></p>	<p><b>Smokefree</b></p> <p><b>95% of all patients who smoke and are seen by a health practitioner in public hospitals are offered brief advice and support to quit smoking.</b></p> <ul style="list-style-type: none"> <li>HBDHB achieved 96.7% in Quarter 1. Health practitioners in secondary care continue to achieve the 95% target of all patients who smoke aged 15 years and over, are offered brief advice and offered support to stop smoking.</li> </ul> <p><b>90% of PHO enrolled patients who smoke have been offered help to quit by a health care practitioner in the last 15 months.</b></p> <ul style="list-style-type: none"> <li>Rates Ethnicity 30/09/2018 Total population 84.7% Asian 84.0% Māori 81.6% Other / Unknown 88.0% Pacific 80.8%</li> <li>Health Hawke's Bay down 5.5% from this time last year. 13 of 25 practices decreased during the month. All ethnicities decreased. Māori and Pacific both decreased by 1.3 % compared to 0.4% for other.</li> </ul> <p><b>90% of pregnant women who identify as smokers upon registration with a Lead Maternity Carer are offered brief advice and support to quit smoking.</b></p> <ul style="list-style-type: none"> <li>HBDHB achieved 90.5% with Māori achieving 94.4% in Quarter 1. LMCs and DHB midwives have received ABC Smokefree training and education with an emphasis on D – Documentation.</li> </ul>

	<p><u>We note data issues for the following:</u></p> <p><b>90% of young pregnant Māori women were referred to cessation support.</b></p> <ul style="list-style-type: none"> <li>• Data collection was based on all Māori women.</li> <li>• Data provided by the DHB employed midwives for the period 1 July–30 September 2018 identified 33 events, with 18 Māori women were smokers. Seventeen (94.4%) received smoking brief advice, fifteen, (88.2%) were offered support to quit smoking and seven (46.7%) were referred to cessation support services.</li> </ul> <p><b>95% of pregnant Māori women who are smokefree at 2 weeks postnatal.</b></p> <ul style="list-style-type: none"> <li>• Data collection is based on women smokefree status at discharge by DHB midwives. There is inadequate data available for pregnant Māori women who are smokefree at two weeks at this time and we will provide data in the next report.</li> </ul>
<b>Contribution to Goals and Strategic Implications</b>	<p>Improving health outcomes for pregnant women and their whānau. Health equity – smoking at time of registration and at two weeks postnatal is more common among Māori women. Transform and Sustain – increasing focus on prevention.</p>
<b>Impact on Reducing Inequities/Disparities</b>	<p>Directly aligned to addressing inequity for Māori women and their whānau.</p>
<b>Consumer Engagement</b>	<p>Not applicable.</p>
<b>Other Consultation /Involvement</b>	<p>Not applicable</p>
<b>Financial/Budget Impact</b>	<p>Not applicable</p>
<b>Timing Issues</b>	<p>Not applicable</p>
<b>Announcements/ Communications</b>	<p>Not applicable</p>
<p><b>RECOMMENDATION:</b></p> <p>That the Maori Relationship Board, HB Clinical Council, HB Health Consumer Council and HBDHB Board:</p> <p>1. <b>Note</b> the content of the report</p>	



## Te Ara Whakawaiaora - Smokefree

<b>Author:</b>	Johanna Wilson
<b>Designation:</b>	Smokefree Programme Manager
<b>Date:</b>	October 2018

### OVERVIEW

Following concerns from the National Māori General Managers (Tumu Whakarae) about the slow pace of progress on some indicators in reducing health disparities for Māori, the Hawke's Bay DHB Executive Management Team (EMT) decided to establish a championship role in 2013 for each of the indicators to spur faster traction on implementation. The Champions were tasked to provide the Board with six monthly Te Ara Whakawaiaora (TAW) exceptions based report drawn from AMHP quarterly reporting highlighting the implementation progress on these indicators along with recommendations for improvement towards achievement of the annual targets and reducing health disparities. This report is from Kevin Snee, Champion for Smokefree Indicator.

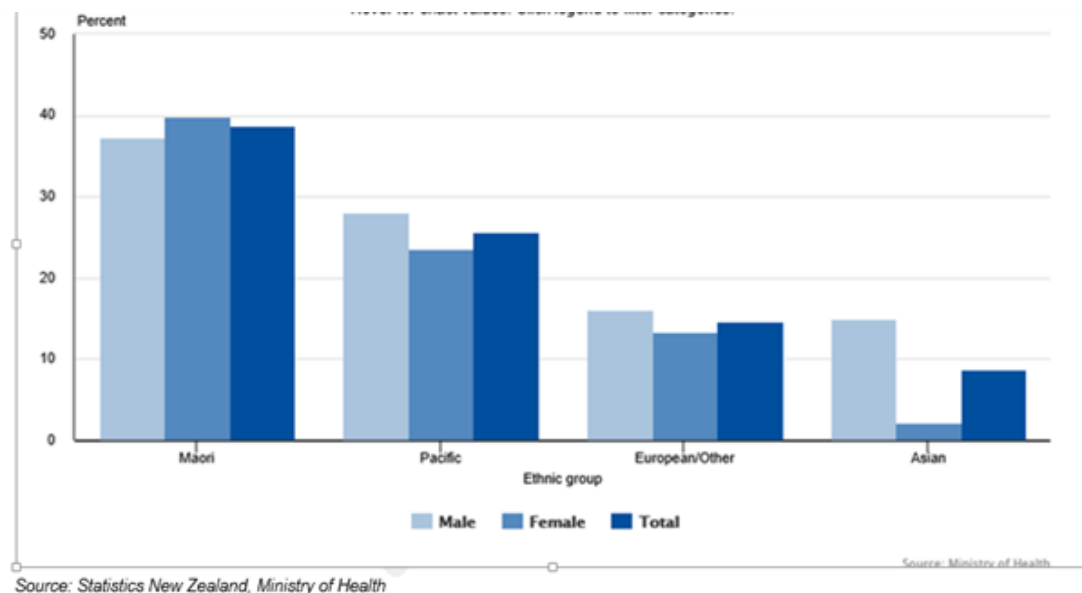
### MĀORI HEALTH PLAN INDICATOR: Smokefree

- 95% of all patients who smoke and are seen by a health practitioner in public hospitals are offered brief advice and support to quit smoking
- 90% of PHO enrolled patients who smoke have been offered help to quit by a health care practitioner in the last 15 months
- 90% of pregnant women who identify as smokers upon registration with a Lead Maternity Carer are offered brief advice and support to quit smoking
- 90% of young pregnant Māori women are referred to cessation support
- 95% of pregnant Māori women who are smokefree at 2 weeks postnatal

### WHY ARE THESE INDICATORS IMPORTANT?

80% of smokers want to quit and there are immediate and long-term health benefits for those who do. The risk of premature death from smoking decreases soon after someone quits smoking and continues to do so for at least 10 to 15 years. These are interventions that can be routinely provided in both primary and secondary care.

**Figure 1: Proportion of population who currently smoke tobacco**



As shown in the National Health Survey (Figure 1), the rates of tobacco smoking are higher among Māori than non-Māori with highest rates of smoking among Māori women (36.5%). This smoking behaviour among women continues even when they are pregnant. While rates of tobacco use have declined over the years, the rates for Māori are not declining fast enough to reach equity levels let alone meeting the national 2025 smokefree target of less than 5%<sup>1</sup>.

**CHAMPION’S REVIEW OF ACTIVITY THAT WAS PLANNED TO SUPPORT THESE INDICATORS**  
**95% of all patients who smoke and are seen by a health practitioner in public hospitals are offered brief advice and support to quit smoking**

**Table 1: Quarter 1 (1 July–30 September 2018) percentage of people who receive smoking brief advice and support**

	Events Coded	No. of people who smoke	No. of people given advice /support	Smoking rate	% of people who smoke given advice /support
<b>ALL</b>	8861	1649	1594	18.6%	<b>96.7%</b>
<b>Māori</b>	2212	843	818	38.1%	<b>97.0%</b>
<b>Pacific</b>	307	64	61	20.8%	<b>95.3%</b>

Health professionals in the secondary care settings have continued to achieve the 95% target of all patients who smoke aged 15 years and over, are offered brief advice and help to stop smoking.

The DHB Smokefree Team includes a Smokefree Liaison Nurse whose primary role is to support health professionals and clinicians to offer brief advice and support to quit smoking. This involves smokefree education and training to new staff, regularly meeting with clinical lead managers and liaising with pharmacy and other health services i.e. DHB coding staff for accuracy in smoking brief advice and cessation support documentation.

<sup>1</sup> Regional Tobacco Strategy for Hawke’s Bay update, 2015 – 2020 presented at the MRB, HB Clinical and HB Health Consumer Council, November 2016, update.

**90% of PHO enrolled patients who smoke have been offered help to quit by a health care practitioner in the last 15 months**

		Target	Total	Māori	Pacific	Other
2018/19	Q1	90%	84.7%	81.6%	80.8%	88.0%
	Q2					
	Q3					
	Q4					

As at 30 June 2018 Health Hawke's Bay had a smoking brief advice coverage of 89.1% (Data Source: Karo Management). Twelve practices met the 90% target and nine practices were within 10% of the 90% target.

During the first quarter (1 July–30 September 2018) Health Hawke's Bay have reviewed and restructured its health services to include a new Clinical Performance and Support Lead who commences in November. Through this time of readjustment, the primary care better help for smokers to quit health target has decreased 5.5% from this time last year. All ethnicities have decreased. Māori and Pacific have both decreased by 1.3% and 13 of 25 practices have also decreased.

Health Hawke's Bay will continue to provide a twenty hour a week clinician to contact eligible people for updating records, brief advice and cessation support with a focus on high needs population. This includes after hours and weekend calling to people who cannot be contacted during normal working hours.

**90% of pregnant women who identify as smokers upon registration with a Lead Maternity Carer are offered brief advice and support to quit smoking**

**Whole of DHB**

Number of events (a)	Number of Smokers	Brief advice given	Offered cessation support	Referred to cessation support	Smokers' gestation (weeks) (b)	% offered brief advice	% offered advice and support to quit	% accepted cessation support	Smoking prevalence (c)
46	21	19	16	7	16.6	90.5%	84.2%	43.8%	45.7%

**Māori**

Number of events	Number of Smokers	Brief advice given	Offered cessation support	Referred to cessation support	Smokers' gestation (weeks)	% offered brief advice	% offered advice and support to quit	% accepted cessation support	Smoking prevalence
33	18	17	15	7	16.6	94.4%	88.2%	46.7%	54.5%

- (a) **Number of events: number of pregnancies**
- (b) **Smokers gestation: average for all events (pregnancies) included in the table**
- (c) **Smoking prevalence is for the pregnancies that their data is included here**

HBDHB continues to provide smokefree training for LMCs and midwives during education and study days, the importance of capturing ABC and D (documentation).

The HBDHB Smokefree Service developed a project plan and a three month pilot in Wairoa called CO-free Homes. All midwives (5) in Wairoa have received the Maternity Smokerlyzer and training to complete the following tasks:

- CO readings of all pregnant women (smokers and non-smokers)
- Smokefree conversations with smokers
- Referrals to the Wahine Hapu Increasing Smokefree Pregnancy Programme (ISPP).

This pilot is from 1 September to 30 November. Regular meetings with the midwives during this period to assess progress and iron out any problems prior to an evaluation of the pilot in December. It is our intention to then roll-out a further 10 Maternity Smokerlyzers to LMCs and midwives working in Napier and Hastings with high Māori women case load from February 2019. To date there has been an increase in Wahine Hapu referrals in Wairoa.

**90% of young pregnant Māori women are referred to cessation support**

The communities where young Māori women live, socialise and belong is also the community in which they learn to smoke, keep smoking and try to quit. The relationships young Māori women have with their whānau and friends influence their smoking. Smoking can be a big part of a young woman's life as many of her whānau, friends, school mates, workplace and social circles smoke. In many instances young Māori women start smoking because their whānau and friends smoke and when socialising, the smoking increases as the two often go together.

In June 2018, HBDHB and Choices Kahungunu Health Services made adjustments to the Wahine Hapu ISPP (the programme) to align with the stop smoking services reporting template to the Ministry of Health and the challenges experienced by the Stop Smoking Practitioners and their clients. The programme includes the following:

- 8 week programme
- Carbon Monoxide testing at the initial assessment then 1, 2, 4, 8 weeks (5 readings documented)
- \$50.00 grocery voucher at weeks 1 and 8. The grocery voucher at week 1 will be banked and given at week 8, making this a total of \$100.00. NB: if the client is not smokefree at week 2 then the grocery voucher will be forfeited
- Nappies will also be provided at 1, 2, 4, 8 weeks
- \$30.00 grocery vouchers at 1, 2, 4, 8 weeks are offered to whānau members who live in the same household or are regular visitors

To date, we have seen an increase in referrals to the programme, with wahine hapu completing the programme.

The following data does not distinguish between young pregnant Māori women and others.

**Wahine Hapu ISPP referrals from 1 January to 31 July 2018**

Total referrals	185	NZ Māori	NZ European	Pacific	Other
Ante Natal referrals	144	97	41	4	3
Post Natal referrals	15	9	5	1	
Whānau	26	10	12	3	

**Wairoa Wahine Hapu ISPP referrals from 1 January to 31 July 2018**

Total referrals	26	NZ Māori	NZ European	Pacific	Other
Ante Natal referrals	16	14	2	0	0
Post Natal referrals	3	3	0	0	0
Whānau	7	6	1	0	0

**95% of pregnant Māori women who are smokefree at 2 weeks postnatal**

There is inadequate data available for pregnant Māori women who are smokefree at two weeks at this time and we will provide data in the next report.

**CHAMPION'S REPORT: ACTIVITIES THAT WILL OCCUR TO INCREASE PERFORMANCE OF THIS INDICATOR**

**Hospital Smokefree Target**

1. The DHB Smokefree Team will continue to provide smokefree education sessions for all staff as required.
2. Clinical staff continue to be encouraged to complete the MoH online e-learning tool 'Helping People Stop Smoking' every three years and complete the Nicotine Replacement Therapy Module via Ko Awatea. It is important for all clinical staff to review and receive up-to-date knowledge of smokefree to improve practice and increase confidence with cessation.
3. The Smokefree Team will continue to triage all hospital patients who smoke and want help to quit smoking.

#### **Primary Health Organisation Smokefree Target**

1. All clinical staff in GP practices continue to be encouraged to complete the MoH online e-learning tool 'Helping People Stop Smoking' and complete a refresher every three years.
2. The Smokefree Team will continue to provide Wāhine Hapū ISPP and The Top Five to help my baby thrive resources and Te Haa Matea business cards to all GP practices.
3. The Smokefree team will meet with GP Smokefree Champions in the next quarter to evaluate the use of smokefree resources in practices.

#### **Maternity Smokefree Target**

1. CO-free Homes pilot in Wairoa will be completed at the end of November. Meetings with the Wairoa Maternity services continue to progress the pilot. An evaluation of the pilot will be completed mid-December for extending out to the rest of Hawke's Bay by February 2019.
2. The Smokefree Team has completed an audit on the unknown categories of the Women Smokefree status at Booking and Discharge by LMC to identify smokefree missed opportunities. The Maternal and Child Health Smokefree Coordinator will make recommendations to address outstanding issues.
3. The Wahine Hapu ISPP has been reviewed and changes made to increase referrals to the programme.
4. The Smokefree Team will develop a programme in schools and alternative education to support young Māori women to stay smokefree.

#### **NEXT STEPS**

1. Smokefree Team to evaluate the CO-free Homes project to extend to rest of Hawke's Bay.
2. Link in with the new Whanake te Kuri – Pregnancy and Parenting Education and Information Programme, providing a referral pathway to the Wāhine Hapū Programme.
3. Identify all ante-natal programmes offered in Hawke's Bay to provide a referral pathway to the Wāhine Hapū Programme.

<b>Key Recommendation</b>	<b>Description</b>	<b>Responsible</b>	<b>Timeframe</b>
Ante-natal programmes in Hawke's Bay	<ol style="list-style-type: none"> <li>1. Link in with the new Whanake Te Kuri – Pregnancy and Parenting Education and Information Programme providing Wāhine Hapū resources and Te Haa Matea business cards and a referral pathway to the Wāhine Hapū programme.</li> <li>2. Identify all Ante-natal programmes in Hawke's Bay providing Wāhine Hapū resources and Te Haa Matea business cards and a referral pathway to the Wāhine Hapū programme</li> </ol>	Johanna Wilson/ Smokefree Team	October 2018 – On Target
Audit patient files	Select a number of 'Unknown' patient files to determine missed opportunity		


	for Smoking Brief Advice from Quarter 3 data (1 January – 31 March) - Women Smokefree Status at Booking and Discharge by LMC data.	Johanna Wilson/ Smokefree/ Maternity Services/ Medical Records	October 2018 – On Target
Review / evaluate the Wāhine Hapū (Increasing Smokefree Pregnancy Programme)	Conduct an internal review of the Wāhine Hapū programme and action the recommendations.	Johanna Wilson/ Smokefree Team/ Choices Kahungunu Health Services	September 2018 - Completed
Equip LMCs the Maternity Smokerlyzer (Carbon Monoxide Monitor)	<ul style="list-style-type: none"> <li>• Meet with Maternity Services</li> <li>• Develop Logic Model</li> <li>• Identify smoking status of all pregnant women at booking</li> <li>• Promote Wāhine Hapū (Increasing Smokefree Pregnancy Programme) to increase referrals to be smokefree</li> </ul>	Johanna Wilson/ Smokefree Team/ Maternity Team	November 2018 – On Target

**RECOMMENDATION:**

It is recommended that the Māori Relationship Board, HB Clinical Council, HB Health Consumer Council and HBDHB Board:

**Note** the content of the report.



 <p><b>HAWKE'S BAY</b> District Health Board Whakawāteatia</p>	<p><b>Te Ara Whakawaiora (TAW): Access (Ambulatory Sensitive Hospitalisations) (ASH) Rates 0-4 &amp; 45-64 years</b></p>
	<p>For the attention of: Executive Management Team; Māori Relationship Board; Clinical Council; Consumer Council; and, HBDHB Board</p>
<p><b>Document Owner</b></p>	<p>Dr Mark Peterson, Chief Medical Officer - Primary</p>
<p><b>Document Author(s)</b></p>	<p>Jill Garrett, Senior Commissioning Manager, Primary Care Directorate Marie Beattie, Planning and Commissioning Manager, Primary Care Directorate</p>
<p><b>Reviewed by</b></p>	<p>Patrick Le Geyt, GM Māori - Māori Health; Chris Ash, Executive Director Primary Care and the Executive Management Team</p>
<p><b>Month/Year</b></p>	<p>November 2018</p>
<p><b>Purpose</b></p>	<p>Provide a quarterly update on progress against data and activities identified within the System Level Measures (SLM) Improvement plan that relate to ASH rates for 0-4 yrs and 45-64</p>
<p><b>Previous Consideration Discussions</b></p>	<p>The TAW access report to have quarterly updates rather than 6 monthly as had been previously</p>
<p><b>Summary Comments</b></p>	<p><b>ASH rates 0-4:</b></p> <ul style="list-style-type: none"> <li>• <b>Data:</b> No improvement over baseline in headline indicator. No improvement across all ethnicities in the contributory measures</li> <li>• <b>Activities:</b> Activities aligned to this indicator are in their initial stages or are about to begin. Some temporary activities were in place over winter to assess the resource demand and scope feasibility and sustainability.</li> </ul> <p><b>ASH 45-64:</b></p> <ul style="list-style-type: none"> <li>• <b>Data:</b> Improvement over base line in headline indicator. No shift in contributory measures indicators to date.</li> <li>• <b>Activities:</b> Majority of activities aligned to this indicator are underway. Good progress being made in the area of readmissions, and engAGE extension to the rurals. Too early to be seeing a shift in data in the contributory measures as a result. Teams working closely with business intelligence to ensure uniform and robust data in place for these indicators.</li> </ul> <p><b>Progress on previous recommendations 45-64</b></p> <ul style="list-style-type: none"> <li>• Completed or on track for completion</li> </ul>
<p><b>Contribution to Goals and Strategic Implications</b></p>	<p>Focus is on Improving Health and Equity for Māori</p>
<p><b>Impact on Reducing Inequities/Disparities</b></p>	<p>Directly aligned to addressing inequity between Māori and Other</p>
<p><b>Consumer Engagement</b></p>	<p>(Forms part of each work stream)</p>

<b>Other Consultation /Involvement</b>	Not applicable for this report
<b>Financial/Budget Impact</b>	Not applicable for this report
<b>Timing Issues</b>	Not applicable
<b>Announcements/ Communications</b>	None
<p><b>RECOMMENDATION:</b>                  That the Māori Relationship Board; HB Clinical Council; HB Health Consumer Council; and HBDHB Board:                  1. <b>Note</b> the content of the report and progress against recommendations.</p>	



**Te Ara Whakawaiora:  
Access (Ambulatory Sensitive Hospitalisations  
(ASH) Rates 0-4 & 45-64 years)**

**Summary:** Below is a summary of the current data and activities within the System Level Measure improvement plan relating to ASH 0-4 and 45-64yrs.

**ASH 0-4yrs**

**1. Keeping Children Out of Hospital**

Headline Measure 1	ASH 0-4 years				
Milestone	20% reduction in the inequity gap over 5 years will eliminate inequity. This equates to 19 children per year = Maori 6,320				
	Base line	Quarter 1	Quarter 2	Quarter 3	Quarter 4
Māori	6,693	7,490			
Pasifika	10,000	12,535			
Other	4,824	5,498			
<b>Total</b>	<b>6,000</b>	<b>6,843</b>			
Equity Gap - Māori and Other	-1,869	-1,992	0	0	0
<b>Contributory Measure: 1.1</b>	Reduced ASH 0-4 yrs due to Dental				
Aim	20% reduction in the inequity gap over 5 years will eliminate inequity. This equates to 5 children per year = Maori ≤784				
	Base line	Quarter 1	Quarter 2	Quarter 3	Quarter 4
Māori	882	1,096			
Pasifika	556	1,408			
Other	390	461			
Equity Gap - Māori and Other	-492	-635	0	0	0
<b>Contributory Measure: 1.2</b>	Decreased hospitalisations (Māori and Pasifika) due to Respiratory				
Aim	20% reduction in the inequity gap over 5 years will eliminate inequity. This equates to Maori ≤3404				
	Base line	Quarter 1	Quarter 2	Quarter 3	Quarter 4
Māori	3,625	4,243			
Pasifika	4,931	7,605			
Other	2,518	2,749			
Equity Gap - Māori and Other	-1,107	-1,494	0	0	0

**Summary Comments:**

There has been a deterioration in the equity gap overall for ASH and across all ethnicities. Dental results have increased on baseline which may be an indicator of heightened screening and awareness as the lift the lip initiative is about to begin and awareness has been raised. Respiratory data reflects similar trends.

**Activities:**

1.Keeping Children Out of Hospital	ASH 0-4 years		Activities Plan Progress <span style="color: green;">Green</span> , <span style="color: orange;">Amber</span> , <span style="color: red;">Red</span>	
Activities	LEAD	Contributory Measure 1.1	Narrative by Leads	
			Quarter 1	
Develop a pathway for community oral health service referrals to secondary care to ensure the child's appropriate primary care practitioner is informed of the child's health status.	Susan Barnes	ASH relating to Dental	A named dental therapist, supported by a dental assistant has been identified to lead a specific workstream as part of the over arching 0-5 year old Dental Equity Project, to develop a care & support package for all children & their families/whanau who have been referred for treatment under general anaesthetic. This package will include notifying the families GP/primary care provider.	
Pilot General Practice 'Lift the Lip' at 15-month Immunisation Visit.	Primary Care Innovation Lead		Delayed start as awaiting the arrival of the Clinical Programme and Support Lead in November	
Activities	LEAD	Contributory Measure 1.2	Narrative by Leads	
			Quarter 1	
Develop a respiratory pathway to standardise follow up of tamariki, post admission, by general practice	Charrissa Keenan	ASH relating to Respiratory	Temporary measures were implemented over the winter months this year to ensure follow-up and support to Tamariki 0-4 and their whanau who were admitted to hospital as a result of a respiratory illness. In response, a scoping exercise is being undertaken to ascertain the feasibility and sustainability of these measures within current resourcing. The model, yet to be decided will provide support and education for 0-4 year olds and their whanau to improve understanding of the illnesses and actions to mitigate readmissions and remain well.	
Provide community based respiratory support for targeted tamariki and their whānau during peak winter months	Charrissa Keenan			
Work with the Child Health Team to distribute the skin care resource to early childhood centres, Kohanga Reo and Punanga Reo/language nests, taking a population health approach to promotion and socialisation of the resource.	Liz Read			

**Summary Comments:**

Temporary measures were implemented and as a result of responses to those in regard to respiratory a scoping exercise is being undertaken to ascertain the feasibility and sustainability of these measures. Addressing respiratory wellness from a whanau vs individual perspective across the age bands is forming the thinking around contract reconfiguration and service design modelling. This is underway.

ASH 45-64 yrs

2. Using Health Services Effectively

Headline Measure 2		Acute Hospital Bed Days				
Milestone	20% reduction in the inequity gap over 5 years will eliminate inequity. This equates to 1712 beds p.a. or 33 beds per week (Target = Maori ≤530)					
	Base line	Quarter 1	Quarter 2	Quarter 3	Quarter 4	
Māori	570	588				
Pasifika		494				
Other	336	364				
Total	378	407				
Equity Gap - Māori and Other	-234	-224				
<b>Contributory Measure: 2.1</b>		ASH rates 45-64				
Aim	20% reduction in the inequity gap over 5 years will eliminate inequity. This equates to 75 admissions p.a. = Maori ≤7159					
	Base line	Quarter 1	Quarter 2	Quarter 3	Quarter 4	
Māori	8,092	8,302				
Pasifika		7,954				
Other	3,404	3,435				
Total	4,370	4,414				
Equity Gap - Māori and Other	-4,688	-4,867	0	0	0	
<b>Contributory Measure: 2.2</b>		Acute readmissions to hospital - Diabetes				
Aim	Establishing Baseline indicator with Business intelligence team					
	Base line	Quarter 1	Quarter 2	Quarter 3	Quarter 4	
Indicative base line only	12.5%					
<b>Contributory Measure: 2.3</b>		In patient average length of stay				
Aim	To achieve ≤ 2.3					
	Base line	Quarter 1	Quarter 2	Quarter 3	Quarter 4	
Quarter 3 2017	2.39	2.4				

Summary Comments:

Small reduction in the equity gap in the headline indicator. Quarter 1 results will show little shift for the contributory measures as activities for aligned to these are only in their early phases of implementation. Focus on the actual reduction number p.a. quantifies for sector leads the size of the task to make an impact on this measure. This make the work that sits under the measure more tangible.

**Activities:**

	Headline Measure		
<b>2. Using Health Services Effectively</b>	<b>Acute Hosp. Bed Days Per Capita</b>		<b>Activities Plan Progress Green, Amber, Red</b>
<b>Activities</b>	<b>LEAD</b>	<b>Contributory Measure 2.1</b>	<b>Narrative by Leads</b>
			<b>Quarter 1</b>
Identify through the Whānau Wellness Resource Programme, those at risk of respiratory issues / concerns and actively screen through the respiratory programme.	Programme Delivery Lead	ASH 45-64yrs	Work has commenced but will become more evident in this in the October quarter as we have a full compliment of staff.
Evaluate the effectiveness of the High needs enrolment programme and work with NGOs, Maori health providers, secondary services, and other stakeholders to increase the understanding, uptake and effectiveness of the high needs enrolment programme.	Clinical Support and Performance Lead		Delays dues to waiting new Clinical Performance and Support person to start.
Work with general practice and Hastings Hospital staff to promote and encourage increased use of the Hospital Discharge Programme with a particular emphasis on admissions associated with Diabetes, Respiratory and Cardiac Disease.	Programme delivery Lead		Work has commenced but will become more evident in the October quarter as we have a full compliment of staff.
Work with general practice to investigate the feasibility of undertaking different models of patient care with the view of increasing capacity.	Group Manager - Health Services and innovation		Work has commenced but awaiting arrival of Group Manager - Health Services and innovation.
Health Hawke's Bay to review the new urgent care model.	Group Manager - Corporate Services		Met, completed submitted to committees at HHB and UC Governance Group - for further discussion.
Scope extension of the Co-ordinated Primary Care Options (CPO)	Jill Garrett		Proposal to proceed to business case approved by EMT
		<b>Contributory Measure 2.2</b>	<b>Narrative by Leads</b>
			<b>Quarter 1</b>
Examine readmission rates in relation to diabetes, trageting those with 1-3 readmissions and work up a plan to address	Wietske Cloo	Acute Readmission rates	Working group has formed- Tackling Readmissions rates. Multidisciplinary and cross sector. Action plan (3 areas) to be developed end Nov
		<b>Contributory Measure 2.3</b>	<b>Narrative by Leads</b>
			<b>Quarter 1</b>
Increase utilisation of intermediate care beds by reviewing acceptance criteria.	Allison Stevenson		Work is commencing in this area and extending engage to the rural areas has also commenced
Introduce Geriatric Evaluation and Monitoring (GEM) beds in the AT&R to expediate the acute hospital journey for frail and older people	Nikki Ryniker-Doull	In patient average length of stay for acute admissions	AMBER – this work has progressed and patients are being brought directly from ED/AAU under the GEM pathway. The pathway is currently in draft and we are working with the relevant parties to ensure the patients are safely managed under GEM.

**Summary comments:**

Good progress in the majority of activities aligned to this indicator. Collaboration across the five top medical long term conditions areas to address care coordination and transitions of care well underway. Work in the health of older person, extending engAGE to the Rurals on track.

**Status of Recommendations (45-65 yrs)**

	<b>Key Recommendation</b>	<b>Implementation lead</b>	<b>Champion(s)</b>	<b>Time Frame</b>	<b>Status</b>
1.	Clinical pathways become part of business as usual supported by a sustainable funding resource.	Strategic Services Manager Primary Care LTC Portfolio Manager	CMO Primary  CMO Secondary	Dec 2018	Paper going to EMT and Clinical Council proposing local solution to pathways
3.	In relation to Cardiac/ Respiratory & Renal/ Diabetes Service plans include: <ul style="list-style-type: none"> <li>• Workforce development</li> <li>• Care coordination</li> <li>• Transition of care</li> </ul>	Head of Planning Strategic Services Manager Primary Care LTC Portfolio Manager	Directorate Leads Chief Nursing and Midwifery Officer	Dec 2018	Completed See item 8
4.	Enhance use of CNS/NP in specific LTC, evidenced by the outcomes achieved to date by Diabetes and Respiratory CNS workforce and engagement with primary care	Directorate leads  LTC Portfolio Manager	Chief Nursing & Midwifery Officer	On-going	Completed See item 8
5.	Increase the weighting that is applied to <a href="#">health award applications</a> in relation to equity.	Clinical Council	ED Equity and Health Improvement	July 2018	Deferred by coms till 2019 round
6	Retain ASH 45-65 as contributory measure with activities to address within the SLM Improvement Plan	Medical Directorate Leads Portfolio Manager – Integration Innovation and Dev Mgr PHO	Exec. Director Primary Care	Quarterly	In place
7	Present CPO scoping paper to committees and support a focus on addressing equity as the top line priority.	Emergency Department and Medical Directorate Leads Snr. Commissioning Mgr. Innovation and Development Manager - PHO	Exec. Director Primary Care	December 2018	Scoping paper completed.  Service redesign and business case to be developed for budget round 2019
8	LTC Framework implementation plan to include formalised use of medical directorate clinical leads to influence activities directly relating to reducing ASH	Medical Directorate Leads Portfolio Manager – Integration Innovation and Dev Mgr PHO	Mark Peterson, CMO Primary	On confirmation into roles (Sept 2018)	LTC cross sector group established. , Action plan stage to address readmission rates top 5 LTC.

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**RECOMMENDATION:**

It is recommended that Māori Relationship Board; HB Clinical Council; HB Consumer Health Council; and the HBDHB Board:

1. **Note** the content of the report





**HB Health Consumer Council dates for 2019**

<b>Date</b>	<b>Meeting</b>	<b>Time</b>	<b>Venue</b>
14 February 2019	HB Health Consumer Council	4.00-6.00pm	HBDHB Board Room
14 March 2019	HB Health Consumer Council	4.00-6.00pm	HBDHB Board Room
11 April 2019	HB Health Consumer Council	4.00-6.00pm	HBDHB Board Room
8 May 2019	HB Health Consumer Council <b>part with Clinical Council</b>	<b>2.30-5.30pm</b>	<i>Venue to be confirmed</i>
13 June 2019	HB Health Consumer Council	4.00-6.00pm	HBDHB Board Room
11 July 2019	HB Health Consumer Council	4.00-6.00pm	HBDHB Board Room
15 August 2019	HB Health Consumer Council	4.00-6.00pm	HBDHB Board Room
12 September 2019	HB Health Consumer Council	4.00-6.00pm	HBDHB Board Room
10 October 2019	HB Health Consumer Council	4.00-6.00pm	HBDHB Board Room
14 November 2019	HB Health Consumer Council	4.00-6.00pm	HBDHB Board Room
11 December 2019	HB Health Consumer Council <b>part with Clinical Council</b>	<b>2.00-6.00pm</b>	<i>Venue to be confirmed</i>





## **Recommendation to Exclude the Public**

### **Clause 32, New Zealand Public Health and Disability Act 2000**

That the public now be excluded from the following parts of the meeting, namely:

- 22. Minutes of Previous Meeting (Public Excluded)**
- 23. Topics of interest – member issues / updates**

The general subject of the matter to be considered while the public is excluded, the reason for passing this resolution in relation to the matter and the specific grounds under Clause 32(a) of the New Zealand Public Health and Disability Act 2000 for the passing of this resolution are as follows:

- Official Information Act 1982 9(2)(ba) to protect information which is subject to an obligation of confidence.
- Official Information Act 1982 9(g)(i) to maintain the effective conduct of public affairs through the free and frank expression of opinions between the organisation, board and officers of the Minister of the Crown.
- NZPHD Act 2000, schedule 3, clause 32(a), that the public conduct of the whole or relevant part of the meeting would be likely to result in the disclosure of information for which good reason for withholding would exist under any of sections 6, 7 or 9 (except section 9(2)(g)(i) of the Official Information Act 1982).

