

Māori Relationship Board Meeting

Date:	Wednesday, 14 November 2018
Meeting:	9.00am to Noon
Meeting.	Te Waiora (Boardroom), District Health Board Corporate
Venue:	Office, Cnr Omahu Road & McLeod Street, Hastings

Board Members:

Ngahiwi Tomoana (Chair) Heather Skipworth (Deputy Chair) George Mackey Na Raihania Kerri Nuku Lynlee Aitcheson-Johnson Trish Giddens Ana Apatu Hine Flood Dr Fiona Cram Beverly Te Huia

Apologies:

In Attendance:

Member of the Hawke's Bay District Health Board (HBDHB) Board Members of the Executive Management Team General Manager Māori Health Member of Hawke's Bay (HB) Consumer Council Member of HB Clinical Council Member of Ngāti Kahungunu Iwi Inc. Member of Nealth Hawke's Bay Primary Health Organisation (HHB PHO) Members of the Māori Health Service Members of the Public

Our vision

HEALTHY HAWKE'S BAY TE HAUORA O TE MATAU-Ā-MĀUI

Excellent health services working in partnership to improve the health and wellbeing of our people and to reduce health inequities within our community.

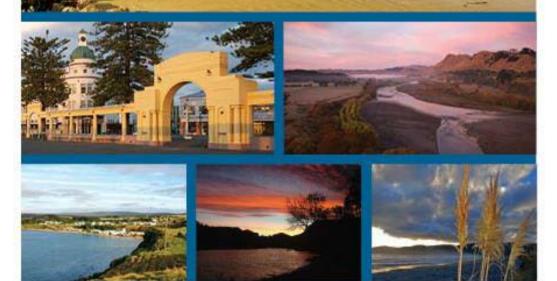
Our values

Tauwhiro – delivering high quality care to patients and consumers

Rāranga te tira – working together in partnership across the community

He kauanuanu – showing respect for each other, our staff, patients and consumers

Akina - continuously improving everything we do



PUBLIC MEETING

ltem	Section 1 : Routine	Time (am)
1.	Karakia	9.00
2.	Whakawhanaungatanga	
3.	Apologies	
4.	Interests Register	
5.	Minutes of Previous Meeting	9:30
6.	Matters Arising – Review of actions	
7.	MRB's Board Report October 2018 (for information)	
8.	Workplan	
9.	Māori Relationship Board Chair's Verbal Update – Heather Skipworth	
10.	 General Manager's Monthly Māori Health Report – Patrick LeGeyt Māori Workforce Nuka Conference 	9:50
11.	Clinical Council Verbal Update – Ana Apatu	10:25
	Section 2: For Discussion	
12.	Scoping Report – Addictions – Chris Ash	10:30
13.	Item removed	10:50
14.	Clinical Services Plan (including summary of changes and feedback) – Chris Ash	11.45
	Section 3: For Information Only (no presenters) – any feedback to document owner	
15.	Best Start Healthy Eating & Activity Plan update	-
16.	Te Ara Whakawaiora "Smokefree update" (6 monthly)	-
17.	Te Ara Whakawaiora - Access Rates 0-4 / 45-65 yrs (local indicator) Qtly	-
18.	HBDHB Performance Framework Exceptions Q1 (July-Sept)	-
19.	Section 4: Recommendation to Exclude the Public Under Clause 32, New Zealand Public Health & Disability Act 2000	-

PUBLIC EXCLUDED

	Section 5: Routine	
20.	Minutes of the Previous Meetings (public excluded)	11:55
21.	Matters Arising - Review of Actions	
	Karakia Whakamutunga (Closing) – followed by light lunch	noon

NEXT MEETING:

Wednesday, 5 December 2018, Boardroom, HBDHB Corporate Office Cnr Omahu Road & McLeod Street, Hastings

Maori Relationship Board Interest Register - 10 Octob	per 2018
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Board Member Name	Current Status	Conflict of Interest	Nature of Conflict (if any)	Mitigation / Resolution Actions	Mitigation / Resolution Actions Approved by:	Date Declared
Ngahiwi Tomoana (Chair)	Active	Chair, Ngati Kahungunu Iwi Incorporated (NKII)	Actual Conflict of Interest. Non-Pecuniary interest. Chair of NKII. NKII is titular head of 6 Taiwhenua. 2 NKII Taiwhenua have contracts for health services with HBDHB: (i) Te Taiwhenua Heretaunga is HBDHB's th largest health services contractor. The contracts are administered by HBDHB's Planning, Funding and Performance department. (ii) Ngati Kahungunu Ki Wanganui a Orutu has a contract with HBDHB to provide mental health services. This contract is administered by HBDHB's Planning, Funding and Performance department.	Will not take part in any decisions in relation to the service contracts between the NKII Taiwhenua and HBDHB.	The HBDHB Chair	01.05.08
	Active	Uncle of Tiwai Tomoana	Perceived Conflict of Interest. Non- Pecuniary interest. Tiwai Tomoana is employed by HBDHB and is a Kitchen Assistant in the Food and Nutrition Department at Hawke's Bay	All employment matters in relation to Tiwai Tomoana are the responsibility of the CEO.	The HBDHB Chair	01.05.08
	Active	Uncle of Iralee Tomoana	Hospital. Iralee Tomoana is employed by HBDHB and works in the Radiology Department as a clerical assistant.	All employment matters in relation to Iralee Tomoana are the responsibility of the CEO.	The HBDHB Chair	01.05.08
	Active	Brother of Numia Tomoana	Perceived Conflict of Interest. Non- Pecuniary interest. Numia Tomoana is employed by Cranford Hospice and works as a palliative care assistant and, in this role, works with chaplains at Hawke's Bay Hospital.	Will not take part in any decisions in relation to the Chaplain service at Hawke's Bay Hospital.	The HBDHB Chair	01.05.08
	Active	Involved with Waitangi Claim #2687 (involving Napier Hospital land) sold by the Government	Requested that this be noted on the Interest Register	Unlikely to be any conflict of Interest.	The HBDHB Chair	28.03.18
Heather Skipworth	Active	Daughter of Tanira Te Au	Kaumatua - Kaupapa Maori HBDHB	All employment matters are the responsibility of the CEO	The Chair	04.02.14
	Active	Trustee of Te Timatanga Ararau Trust (aligned to Iron Maori Limited)	The Trust has contracts with HBDHB including the Green Prescription Contract; and the Mobility Action Plan (Muscular Skeletal)	Will not take part in any discussions or decisions relating to any actions or contracts with the Trust or aligned to Iron Maori Limited.	The Chair	04.02.14 25.03.15 29.03.17
	Active	Director of Kahungunu Asset Holding Company Ltd	The asset portfolio of the company in no way relates to health, therefore there is no perceived conflict of interest.	Unlikely to be any conflict of Interest. If in doubt will discuss with the HBDHB Chair.	The Chair	26.10.16
Kerri Nuku	Active	Kaiwhakahaere of New Zealand Nurses Organisation	Nursing Professional / Industrial Advocate	Will not take part in any discussions relating to industrial issues	The Chair	19.03.14
	Active	Trustee of Maunga HaruruTangitu Trust	Nursing Services - Clinical and non- Clinical issues	Will not take part in any discussions relating to the Trust	The Chair	19.03.14
George Mackey	Active	Wife, Annette Mackey is an employee of Te Timatanga Ararau Trust (a Trust aligned to Iron Maori Limited)	The Trust Holds several contracts with the HBDHB	Will not take part in any discussions relating to the Trust	The Chair	19.03.14
	Active	Wife Annette is a Director and Shareholder of Iron Maori Limited (since 2009)	The company is aligned to a Trust holding contracts with HBDHB	Will not take part in any discussions relating to Iron Maori Limited	The Chair	04.08.16
	Active	Trustee of Te Timatanga Ararau Trust (a Trust aligned to Iron Maori Limited)	The Trust Holds several contracts with the HBDHB	Will not take part in any discussions or decisions relating to the Contract.	The Chair	19.06.14
	Active	Director and Shareholder of Iron Maori Limited (since 2009)	The company is aligned to a Trust holding contracts with HBDHB	Will not take part in any discussions or decisions relating to the Contract aligned to Iron Maori Limited).	The Chair	04.08.16
	Active	Employee of Te Puni Kokiri (TPK)	-	No conflict	The Chair	19.03.14
ynlee Aitcheson- Iohnson	Active	Chair, Maori Party Heretaunga Branch	Political role	Will not engage in political discussions or debate	The Chair	19.03.14
	Active Active	Trustee, Kahuranaki Marae Treasurer for Ikaroa Rawhiti Maori		No conflict No conflict	The Chair The Chair	14.07.16 04.07.17
Na Raihania	Active	Party Electorate Wife employed by Te Taiwhenua o Heretaunga	Manager of administration support services.	Will not take part in any discussions or decisions relating to the Contract.	The Chair	19.03.14
	Active	Member of Tairawhiti DHB Maori Relationship Board		Will not take part in any matters that may to any perceived contracts with Tarawhiti	The Chair	19.03.14
	Active	Employeed as a Corrections Officer		No conflict	The Chair	19.03.14
	Active	Mother in law, Jenny McQueen, Chaplain at Te Matau a Maui		No conflict	The Chair	14.02.18
	Active	Niece, Albie Raihania attending on the NeSP program		No conflict	The Chair	14.02.18
	Active	1 8	Relationship with Tairawhiti may have	Will not take part in any matters that may	The Chair	27.03.17
Ana Apatu	Active	CEO of Wharariki Trust (a member of Takitimu Ora Whanau Collective)	contractural issues. A relationship which may be contractural from time to time	to any perceived contracts with Tarawhiti Will advise of any perceived or real conflict prior to discussion	PCDP Chair	5.12.16
	Active	Whakaraki Trust "HB Tamariki Health Housing fund"	Formed a relationship and MoU with HBDHB Child Health Team Community Women and Children's Directorate. The Trust created a "HB Tamariki Health Housing fund" to ensure warm dry homes	Will advise at the outset of any discussions on this topic, and will not take part in any decisions / or financial discussions relating to this arrangement.	The Chair	8.08.18
Hine Flood	Active	Member, Health Hawkes Bay Priority Population Committee	for Hawke's Bay whanau. Pecuniary interest - Oversight and advise on service delivery to HBH priority populations.	Will not take part in any conflict of interest that may arise or in relation to any contract or financial arrangement with the PPC and HBDHB	The Chair	23.02.17

Maori Relationship Board 14 November 2018 - Interest Register

Board Member Name	Current Status	Conflict of Interest	Nature of Conflict (if any)	Mitigation / Resolution Actions	Mitigation / Resolution Actions Approved by:	Date Declared
	Active	Councillor for the Wairoa District Council	Perceived Conflict - advocate for the Wairoa District population and HBDHB covers the whole of the Hawkes Bay region.	Declare this interest prior to any discussion on the specific provision of services in Wairoa and Chair decides on appropriate mitigation action.	The Chair	23.02.17
Dr Fiona Cram	Active	Board Member, Ahuriri District Health Trust (ADHT)	Contribution to the health and wellbeing of Māori in Napier, as per the settlement under WAI692.	Declare an interest and withdraw from any discussions with respect to any contract arrangements between ADHT and HBDHB	The Chair	14.06.17
	Active	Adjunct Research Fellow, Women's Health Research Centre, University of Otago, Wellington	Health research involving data and/or participant recruitment from within HBDHB.	Declare a potential conflict of interest, if research ethics locality assessment requires MRB input.	The Chair	14.06.17
	Active	Director and Shareholder of Katoa Limited	An indigenous research organisation that undertakes research and work for organisations by Maori for Maori.	Declare any potential conflict of interest, prior an discussion on work undertaken for HBDHB and/or health service organisations.	The Chair	11.04.18
	Active	Contract being negotiated with the Ministry of Health for Research work in relation to WAI 2575.	Unknown at this time.	Declare any potential conflict of interest, prior an discussion on work undertaken for HBDHB and/or health service organisations.	The Chair	13.06.18
		Contract with Ministry finalised for research work in relation to WAI2575.				13.09.18
Trish Giddens	Active	Trustee, HB Air Ambulance Trust	Management of funds in support of HB Air Ambulance Services	Will not take part in discussions or decisions relating to contracts with HB Air Ambulance Service.	The Chair	19.03.14
	Active	Member Heatlh HB Priority Population Health	Health Advisors	Will declare intertest prior to any discussions relating to specific topics	The Chair	1.01.17
	Active	Committee Member, HB Foundation		No conflict	The Chair	1.01.17
	Active	Committee Member, Children' Holding Foundation		No conflict	The Chair	1.01.17
Beverley TeHuia	Active	Trustee and employee of Kahungunu Health Services	Kahungunu Health Services currently contracts with HBDHB with a number of contracts. Mother and Pepi, Cervical and Breast screening, # Whanau and smokefree pregnant wahine.	Will not take part in discussions about current tenders that Kahungunu Health services are involved with and are currently contracted with.	The Chair	7.11.17
	Active	Employee of Totara Health	GP Practice providing heatlh services	Will declare intertest prior to any discussions relating to specific topics	The Chair	7.11.17
	Active	Member of the Priority Population Committee (PPC)	Health Advisors		The Chair	7.11.17
	Active	Nga Maia O Aotearoa Chair person	The current Chair of Maori Midwives organisation of New Zealand. Providing Cultural Competency to all Midwives and child birth organiser in New Zealand. DHB employed and independent.	Will not take part in discussions about cultural training required of maternity services	The Chair	7.11.17
	Active	lwi Rep on Te Matua a Maui Health Trust		Will not discuss or take part of discussions where this trust is or interest.	The Chair	28.05.18
	Active	Claimant of Treaty Health Claim currently with the Tribunal; WAI #2575	Yet to be heard by the Waitangi Tribunal as of May 2018	Unlikely to be a conflict	The Chair	28.05.18

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MINUTES OF THE MĀORI RELATIONSHIP BOARD HELD ON WEDNESDAY 10 OCTOBER 2018, IN THE TE WAIORA ROOM, DHB ADMINISTRATION BUILDING, MCLEOD STREET, HASTINGS AT 9.05AM

PUBLIC

Present:	Heather Skipworth (Chair) Ana Apatu Hine Flood Na Raihania Trish Giddens Lynlee Aitcheson-Johnson
Apologies	Ngahiwi Tomoana, Kerri Nuku, George Mackey, Beverly Te Huia and Fiona Cram
In Attendance:	Kevin Atkinson (HBDHB Chair) Peter Dunkerley (HBDHB Board Member) Patrick Le Geyt (Acting General Manager, Māori Health HBDHB) Chrissie Hape, (CEO of Ngati Kahungunu) Emma Foster (Deputy Executive Director, Primary Care) Lillian Ward (Māori Health Manager Health Hawke's Bay) Tiwana Aranui (Kaumatua) Hawera Hape (Kaumatua) Tiwana Aranui (Kaumātua) Tanira Te Au (Kaumātua Kuia) JB Heperi Smith (Senior Advisor Cultural Competency)
Minutaa	Branda Crana

Minutes: Brenda Crene

KARAKIA

Hawera Hape opened the meeting with a Karakia.

INTRODUCTIONS of those in attendance was undertaken.

APOLOGIES

Apologies were received from MRB members mentioned above.

In addition an apology was received from Wayne Woolrich CEO Health HB and Chris Ash, ED Primary Care

INTEREST REGISTER

A change had been advised by Trish Giddens via email the day of this meeting and the register was updated accordingly.

No members indicated any interest in items included on the day's agenda.

5. CONFIRMATION OF PREVIOUS MINUTES

The minutes of the MRB meeting held on 12 September 2018 were approved as a correct record of the meeting.

Adopted with the spelling of Wananga amended, changes and additional comments noted.

Moved: Na Raihania Seconded: Trish Giddens

6. MATTERS ARISING FROM PREVIOUS MINUTES

Item 1 Function and Form of MRB + Youth representative: Item closed

Item 2 Nuka Model Wānanga: Item closed

Item 3 GM Maori Health Report: Stats for Māori and non-Māori on programmes NEtP and NEsP through reporting. This will commence in November and be reported 6 monthly thereafter (May-Nov) Ongoing

Item 4 Recommendation to the HBDHB Board: around Equity and Cultural Competency. The Chair updated members under item 8 below. Item closed

Item 5 Kaupapa Maori terminology in programme development: This was further discussed in the GM Maori's report (item 9 below), with Charrissa Keenan in attendance. Item closed

Item 6 Primary Care: Unenrolled within the community, review what equity looks like in the 'access' area. CEO Health HB to follow up. Ongoing

7. MRB WORK PLAN

The Work Plan was noted for November.

8. MRB CHAIR'S REPORT

A verbal update was provided by the Chair. Concerns to Board FTs bowel screening.

Kaupapa Māori Terminology – and sensitivity around how DHB uses this. It was advised that management wish to understand more therefore MRB need to provide clear guidance as to how and how not to use the term. Charrissa Keenan provided update under item 9, around its use for Maternal Wellbeing project.

There was an active discussion around **Equity and Cultural Competency** which has come through with a recommendation to the Board.

• The Board wish to understand the background and reasoning for the Recommendation put forward by MRB.

Following general discussion at the MRB meeting, Board Chair Kevin Atkinson rephrased the recommendation to focus more around a process to address the areas raised by MRB around Equity and Cultural Competency.

The HBDHB Board recommended:

- a) that a Working Group come together to study and focus on next year's planning; and
- b) that a Workshop be set up in the New Year (including MRB members and other representatives as required), the result of which will be clear actions and targets we can aim for.

This was agreed.

The CEO added that the first Equity Report (prepared by Dr Carolyne McElnay) was to raise awareness within the wider community and within the organisation. He noted there appeared to be a level of ignorance at that time, however a few years later there is now much broader acceptance. The third Equity Report (including recommendations/actions) will be released in 2018. Within the HB region, this Equity Report, together with intersector work being undertaken provides greater regional emphasis in many areas, including economic development and social inclusion. This demonstrates that the DHB is not the only player in equity, that all agencies within HB are in this together.

9. GENERAL MANAGER MÃORI HEALTH REPORT

In presenting his report Patrick LeGeyt advised for information that he had not included the Radio NZ article around synthetic drugs in HB. This had subsequently been followed up by TV3. A small group of leaders had been organised to gain some views on where to next.

The nursing gap figures provided within the GMs report did not include nurses working within General Practice. Currently HBDHB are working closely with Rochelle Robertson (of Health HB) who is participating in meetings with the Maori Workforce action plan team. The information gleaned will be shared with Health HB.

The New Oranga Niho initiative will lift the profile around delivery of oral health care to whanau to ultimately improve access within the Māori community especially CHB, Maraenui and Wairoa. Also planning is in hand to host the Defence force as part of their dental training exercise in March 2019.

It was learned that funds originally designated for Oral health delivery (in Napier) by Ahuriri District Health Trust (ADH) had been redirected to the Maraenui Medical Centre facility. Advised the focus on a capital project versus an oral health programme with no ongoing sustainable funding took priority.

• Maori Workforce Project

Patrick advised a Māori Workforce Project (6 monthly update) will be provided within the GM Maori Health Report in November.

- It had been noted that the projected Māori FTE gap in 2021 will be 219 (ie, 2018/19 49; 2019/20 99; 2020/21 156 and 2021-22 = 219). That is a large number and a plan is required to ensure the numbers are lifted year on year.
- The suggestion to approach/poach Māori staff within other DHBs was not seen as acceptable.
- It was advised there has been lot of work done to ensure those identifying as Maori are included on interview / selection panels, however comment was made that this has not been done well.
- Kevin Atkinson felt there should be focus on retaining existing staff and utilising them as part of the drive to encourage others towards work/careers in health.
- First need to work on levels of cultural competency area and stamping out racism/ bullying before that can occur.

Action: Time will be included on MRB's agenda in November for discussion on Maori Workforce.

• Kaupapa Maori terminology and sensitivity around how the DHB uses this term had been discussed the month prior. At the HBDHB Board meeting held on 29 September 2018, it was advised that management wished to better understand more and asked MRB were to provide clear guidance as to how and how not to use the term "Kaupapa Māori".

Kaupapa Māori Maternal Health Programme: Charrissa Keenan joined the meeting and very passionately explained the methodology used to formulate the Maternal Health and Wellbeing Project as true Kaupapa Māori. Some good positive discussion followed and Charrissa provided handouts to assist understanding.

Ā matau uarā, me ō mātou whanonga	Our expectations	What we think success looks like when we meet our expectations	Principles and practice
ĂKINA	 Tikanga Mãori and beliefs about hapûtanga are supported and reflected in the service/ programme approach Access to early antenatal care Appropriste screening, preventive, treatment interventions, and health information Indigenous measures monitor Mãori health improvement Delivered by a high quality trained and culturally responsive workforce 	Māmā and their whānau receive the care they expect Māmā and their whānau come Māmā and their whānau tell their whānau to come Māmā and their whānau are receiving the full benefits of quality antenatal care Māmā are informed and making decisions	Poor quality of care contributes to poor health outcomes and inequity (Rumbold et al, 2011) Eliminating barriers in early life improves health in later life Equity is necessary to achieve quality Quality of care is more than timing and frequency Māmā have every opportunity to seek and receive maternal health care to ensure the best possible maternal health outcomes
HE KAUANUANU	 Māmā and her whānau feel understood and empowered by the way in which their views, beliefs, and values have been respected 	l belong here I descend from deity My experience is valued	Kaupapa Mãori is valid and legitimate The approach is Kaupapa Mãori but of necessity, is diverse and recognises the diversity of our people so that it is accessible and available to all (Pihama, 2002). Tamariki are tapu, and are connected to and represent Atua (Jenkins et al, 2011)
RARANGA TE TIRA	Whanaungatanga/ connections / whakapapa	l'm important Mana is intact I belong to whânau and they belong to me	Meaningful relationships will build networks of influence (Mitchell et al, 2016) Whānau are an intrinsic part of hapūtanga
TAUWHIRO	 Aroha ki te tangata Kanohi kitea Titiro, whakarongo, ka korero pea Manaaki ki te tangata Kia tupato Kaua e takahia te mana o te tangata 	People care about me Our workforce is culturally competent	Self-worth is lifted Unconscious biases are eliminated

In summary:

It was a good opportunity to provide clarity of why and how the project was developed and what we need to do to achieve the end result (the latter is unknown at this stage).

Listening to the real needs of the person is the norm. In this instance we listen to and understand that what māmā is saying is real to her. This is Māori centric. Māori academics who have fed into this work. We have a responsibility to look at whanau and challenge what is going on. Unpicking those inequities, describing, looking at data. We have a responsibility find solutions. We have a close relationship with Maternity and the Population Health team and those that are not working for Māma.

MRB members applauded and were pleased to receive the above template which reflected how our values are being delivered to our most vulnerable. This project will be an exemplar for service delivery.

10. CLINICAL COUNCIL VERBAL UPDATE

MRB observer Ana Apatu provided an update:

- Focus of late has been managing clinical risk.
- ED remains extremely busy.
- Risk within the provider arm is what we need to hear about also.
- Any concerns about care should be registered as a complaint and always relay how it made you feel as this is significant and matters greatly.

SECTION 2: DISCUSSION

11. NATIONAL BOWEL SCREENING PROGRAMME (NBSP), INDICATIVE EQUITY OUTCOMES IN MÃORI AND PASIFKIA

A draft discussion document entitled "NBSP: Hawke's Bay Equity" was provided to members the day prior to the meeting to provide some context and clarify. Emma Foster (Deputy Director of Primary Care) was in attendance for this item. MRB have been very focused for a number of months on lowering the age of bowel screening for Maori to 50 years and over and were disappointed the MoH had not agreed to this. The draft discussion document provided a summary of what was known know about inequities in the NBSP.

- Bowel cancer is the second most common cancer registered for Māori females in New Zealand (NZ) after breast cancer. For Māori males, it is the third most common cancer registered.
- Bowel cancer is currently more common amongst non-Māori, but bowel cancer incidence is increasing for Māori and Māori tend to present with more severe symptoms.
- Survival is lower for Māori than non-Māori, even when stage at diagnosis and comorbidities are adjusted for. (National Bowel Screening Unit, Ministry of Health, Considerations of the potential equity impacts for Māori of the age range for screening, 2018).
- What is the cost of extending the bowel screening programme for Maori to 50 years of age and up?
- What do we need to do to achieve equity in the participation rates for Māori as it currently stands?
- What are the contractual obligations that the Ministry of health have placed on us with regard to bowel screening?

Asked what were the main causes of premature death in Maori were? In response Lisa Jones (Business Intelligence Team Leader) advised:

 The main causes were Ischaemic Heart disease and Lung cancer. Recent modelling from the University of Otago have shown tobacco control offers some of the largest opportunities to reduce inequity between Maori and non-Maori mortality rates.

For this reason incorporating smoking cessation into the bowel screening pathway would be beneficial for Maori.

• By increasing Maori participation rates in the current National Bowel Screening programme age group 60-74 years to 73 % or more, is another way to reduce inequities from the screening programme.

Emma Foster advised that to ensure overall thinking was on the right track, all that was known had been pulled together and recommendations developed on how we can reduce the equity gap.

There was general discussion after which the following recommendations were agreed:

RECOMMENDATION

That the Māori Relationship Board:

- 1. **Note** that National Bowel Screening Programme continues to be rolled out according to national expectations.
- 2. Note that the recommendation nationally is to wait for further data from the roll out of the NBSP as it is at the moment, as there is current uncertainty of rates of adenomas and changing rates of bowel cancer for Māori.
- 3. **Recommend** that we have a strong monitoring and performance management system to ensure that Māori participation/screening rates achieve 73%.
- 4. **Identify** some options that may assist management in effectively targeting our Māori population in the screening programme, enable management to utilise available resources effectively and with the best outcome.
- 5. **Agree** that management advocate on behalf of MRB to become one of the early adopters for any future pilot relating to extending the age of screening for Māori.
- 6. **Recommend** once the Health Equity Report is complete, that a programme of work is developed with MRB, to reduce Māori health inequities.

Moved:	Ana Apatu
Seconder:	Hine Flood
Carried	

SECTION 3: FOR INFORMATION ONLY (NO PRESENTER)

12. TE ARA WHAKAWAIORA - CARDIOVASCULAR (NATIONAL INDICATOR)

The report provided summarised the challenge within the central region in meeting the access to angiography indicator for our total population and for Maori due to CCDHB's limited ability to meet regional demand. It is doubtful that Hawke's Bay will meet these indicators without development of a local interventional cardiology service.

RECOMMENDATIONS FROM TARGET CHAMPION

The Medical Directorate leadership team in conjunction with the cardiology service will continue to monitor and review its strategies to ensure sustained compliance with both cardiovascular indicators. The service will continue to participate in TAS cardiac network activities to align with regional and national strategies.

It was advised that a review of service provision is being undertaken.

SECTION 4: RECOMMENDATION TO EXCLUDE THE PUBLIC

The Chair moved that the public be excluded from the following parts of the meeting:

- 14. Minutes of Previous Meeting
- 15. Matters Arising Review of Actions nil
- 16. He Ngākau Aotea
- 17. Nuka Conference

Moved: Ana Apatu Seconder: Trish Giddens

There being no further business, the public section of the meeting closed at 11.05am

Signed:

Chair

Date:

MAORI RELATIONSHIP BOARD MEETING MATTERS ARISING (Public)

Action #	Date Issue first Entered	Action to be Taken	By Whom	Month	Status
1	8 Aug 18	Ref: HBDHB Performance Framework Exceptions Report Q4		Sep 18	Verbal Update
		Did not Attend: Colin Huchinson advised he would come back with a response and breakdowns for a solution to curb DNAs (which lies with a number of providers), including looking further into highly automated IT solutions – with the ability for clients to respond. He will confer with the Customer Focussed Booking Team. Paper planned in Nov 2018 – on workplan	Colin Hutchison	Nov 18	Agenda item Nov
2	12 Sept 18	GM Maori Health Report Ngaira Harker to provide stats for Māori	Ngaira Harker		Included.
		and non-Māori on programmes NEtP and NEsP. To be included in GMs Report (Nov) and			Item closed.
		updates will be provided.			
3	12 Sept 18	 Primary Care – resulting from Urgent Care Update MRB are concerned about the large number of unenrolled people within HB and want Management to advise what is being done to rectify this? Refer to MRB minutes for further information. 	Chris Ash and Wayne Woolrich		Verbal Update
3	10 Oct 18	Equity and Cultural Competency Recommendation to HBDHB Board 12 September.	Kevin Snee		
		Board response follows - around process:			
		 A Working Group will come together to study and focus on next year's planning; and The DHB will set up a Workshop in 		TBD Feb 19	
		the New Year (including MRB members and other representatives as required), the result of which will be clear actions and targets we can aim for.			
5	10 Oct 18	Maori Workforce Project			
		Include extra time on the November MRB agenda to discuss the report which will be included within the GM Maori Health Report.	Patrick LeGeyt		Agenda Item Nov

Action #	Date Issue first Entered	Action to be Taken	By Whom	Month	Status
6	10 Oct 18	Many aspects of the NUKA system have already incorporated into the Clinical Services Plan. CEO would like linkages shown.			

	Māori Relationship Board 144	
HAWKE'S BAY District Health Board Whakawāteatia	For the attention of: HBDHB Board	
Document Owner:	Heather Skipworth, Chair	
Document Author:	Brenda Crene, Board Administrator	
Reviewed by:	Not applicable	
Month:	October, 2018	
Consideration:	For Information	

RECOMMENDATION

That the Board

1. **Note** the contents of this report; and

Note that the Maori Relationship Board:

- **Discussed** detail relating to National Bowel Screening Programme, Indicative Equity Outcomes in Māori and Pasifika and **endorsed** the recommendation.
- **Received** and discussed the Te Ara Whakawaiora Cardiovascular HBDHB paper, noting recommendations from the Target Champion.

The Māori Relationship Board met on 10 October 2018. An overview of issues discussed and/or agreed at the meeting is provided below.

NATIONAL BOWEL SCREENING PROGRAMME (NBSP), INDICATIVE EQUITY OUTCOMES IN MĀORI AND PASIFIKA

Emma Foster (Deptuy ED – Primary Care) provided a draft discussion document entitled "NBSP: Hawke's Bay Equity" the day prior to the meeting to provide some context and clarify. MRB have been very focused for a number of months on lowering the age of bowel screening for Maori to 50 years and over and were disappointed the MoH had not agreed to this. The draft discussion document provided a summary of what was known know about inequities in the NBSP.

- Bowel cancer is the second most common cancer registered for Māori females in New Zealand (NZ) after breast cancer. For Māori males, it is the third most common cancer registered.
- Bowel cancer is currently more common amongst non-Māori, but bowel cancer incidence is increasing for Māori and Māori tend to present with more severe symptoms.
- Survival is lower for Māori than non-Māori, even when stage at diagnosis and comorbidities are adjusted for. (*National Bowel Screening Unit, Ministry of Health, Considerations of the potential equity impacts for Māori of the age range for screening, 2018*).

MRB asked what were the main causes of premature death in Maori? In response Lisa Jones (Business Analyst) advised:

• The highest causes were lschaemic Heart disease and Lung cancer. Recent modelling from the University of Otago have shown tobacco control offers some of the largest opportunities to reduce inequity between Maori and non-Maori mortality rates.

For this reason incorporating smoking cessation into the bowel screening pathway would be beneficial for Māori.

 By increasing Māori participation rates in the current National Bowel Screening programme age group 60-74 years to 73 % or more, is another way to reduce inequities from the screening programme.

To ensure overall thinking was on the right track, all that was known had been pulled together and recommendations developed on how we can reduce the equity gap. There was some general discussion, after which the following **recommendations were endorsed**:

- 1. Note that National Bowel Screening Programme continues to be rolled out according to national expectations.
- 2. Note that the recommendation nationally is to wait for further data from the roll out of the NBSP as it is at the moment, as there is current uncertainty of rates of adenomas and changing rates of bowel cancer for Māori.
- 3. Recommend that we have a strong monitoring and performance management system to ensure that Māori participation/screening rates achieve 73%.
- 4. Identify some options that may assist management in effectively targeting our Māori population in the screening programme, enable management to utilise available resources effectively and with the best outcome.
- 5. Agree that management advocate on behalf of MRB to become one of the early adopters for any future pilot relating to extending the age of screening for Māori.
- 6. Recommend once the Health Equity Report is complete, that a programme of work is developed with MRB, to reduce Māori health inequities.

TE ARA WHAKAWAIORA - CARDIOVASCULAR (NATIONAL INDICATOR)

The report was taken as read and MRB agreed with the recommendation from the Target Champion that: The Medical Directorate leadership team in conjunction with the cardiology service will continue to monitor and review its strategies to ensure sustained compliance with both cardiovascular indicators. The service will continue to participate in TAS cardiac network activities to align with regional and national strategies. MRB noted that a review of service provision is about to be undertaken.

EQUITY AND CULTURAL COMPETENCY

Following further discussion with MRB around the recommendation put to the HBDHB Board in September, the HBDHB Board Chair (who attended the MRB meeting) rephrased and MRB agreed to the following recommendation, to focus more around process to address the areas raised:

- 1. that a Working Group come together to study and focus on next year's planning; and
- that a Workshop be set up in the New Year (including MRB members and other representatives as required), the result of which will be clear actions and targets we can aim for.

MĀORI WORKFORCE PROJECT

A six monthly project update will be provided within the GM Maori Health's report in November and it was requested that extra time be included on the MRB agenda to further discuss this matter.

KAUPAPA MAORI TERMINOLOGY

Sensitivity around how the DHB uses this had been discussed the month prior. HBDHB management wished to better understand and asked MRB were to provide guidance as to how and how not to use the term "Kaupapa Māori".

Kaupapa Māori Maternal Health Programme: Charrissa Keenan joined the meeting and very passionately explained the methodology used to formulate the Maternal Health and Wellbeing Project as true Kaupapa Māori. Some good positive discussion followed and Charrissa provided handouts to assist understanding.

MRB members applauded and were pleased to receive the template, which reflected how our values are being delivered to our most vulnerable. This project will be an exemplar for service delivery.

MRB Workplan as at 6 November 2018 (subject to change)	Destination Month	EMT Member	MRB Meeting Date	Clinical Council Meeting Date	Consumer Council Meeting Date	BOARD Meeting date
Health Equity Report	Nov-18	Andy Phillips	14-Nov-18	14-Nov-18	15-Nov-18	28-Nov-18
Clinical Services Plan (Summary of changes and feedback)	Nov-18	Ken Foote	14-Nov-18	14-Nov-18	15-Nov-18	28-Nov-18 28-Nov-18
Best Start Healthy Eating & Activity Plan update (for information - 6 mthly Nov-May-Nov18)	Nov-18		14-Nov-18		15-Nov-18	28-Nov-18
	Nov-18	Andy Phillips EMT Lead TBC	14-Nov-18	14-Nov-18	15-INOV-18	28-Nov-18 28-Nov-18
HBDHB Performance Framework Exceptions Q1 Nov 18 Feb 19 /May/Aug 19		Chris Ash	14-Nov-18	14 Nov 10	45 Nov 40	28-Nov-18 28-Nov-18
Te Ara Whakawaiora - Access Rates 0-4 / 45-65 yrs (local indicator) QUARTERLY	Nov-18 Nov-18		14-Nov-18	14-Nov-18 14-Nov-18	15-Nov-18 15-Nov-18	28-Nov-18 28-Nov-18
Te Ara Whakawaiora "Smokefree update" (6 monthly May-Nov) each year	Nov-18	Andy Phillips Chris Ash	14-Nov-18	14-Nov-18	15-Nov-18	28-Nov-18 28-Nov-18
Mental Health and Addictions (Board action) late paper	1107-10	Chins Ash	14-1107-10	14-1100-18	15-1100-18	20-1100-10
Maternal Wellbeing Programme Update	Dec-18	Patrick LeGeyt	5-Dec-18	5-Dec-18	6-Dec-18	19-Dec-18
Mobility action plan implementation - progress update on the phases	Dec-18	Andy Phillips	5-Dec-18	5-Dec-18	6-Dec-18	19-Dec-18
People Plan (6 monthly - Dec, Jun)	Dec-18	Kate Coley	5-Dec-18	5-Dec-18	6-Dec-18	19-Dec-18
Te Ara Whakawaiora - Alcohol and other Drugs (National and Local Indicators)	Dec-18	Andy Phillips	5-Dec-18	5-Dec-18	6-Dec-18	19-Dec-18
Te Ara Whakawaiora - Improving First Specialist Appointment Access (previously did not attend)	Dec-18	Colin Hutchison	5-Dec-18	5-Dec-18	6-Dec-18	19-Dec-18
Customer Focussed Booking Update - was quarterly in 2017. Action Aug 2018 (MRB) needs responding to.	Dec-18	Colin Hutchison	5-Dec-18		6-Dec-18	
Te Ara Whakawaiora REVIEW (paper and discussion)	Dec-18	Patrick LeGeyt	5-Dec-18	5-Dec-18	6-Dec-18	19-Dec-18
Alcohol Harm Reduction Strategy (6 monthly update) Nov-May-Nov-May 9 Realign dates	Feb-19	Andy Phillips	13-Feb-19	13-Feb-19	14-Feb-19	27-Feb-19
HBDHB Performance Framework Exceptions Q2 Nov 18 Feb 19 /May/Aug 19 (jit)	Feb-19	EMT Lead TBC	13-Feb-19			27-Feb-19
Te Ara Whakawaiora - Mental Health (MRB Action)	Feb-19	Patrick LeGevt	13-Feb-19			
Ngatahi Vulnerable Children's Workforce Development - annual progress Feb 19 (annual update)	Feb-19	Colin Hutchison	13-Feb-19	13-Feb-19	14-Feb-19	27-Feb-19
Te Ara Whakawaiora - Access Rates 0-4 / 45-65 yrs (local indicator) QUARTERLY Aug-Nov-Feb-May	Feb-19	Chris Ash	13-Feb-19	13-Feb-19	14-Feb-19	27-Feb-19
Matariki Regional Development Strategy and Social Inclusion Strategy update (6 mthly) Sept-Mar	Mar-19	Andy Phillips	13-Mar-19	13-Mar-19	14-Mar-19	27-Mar-19
Te Ara Whakawaiora - Breastfeeding (National Indicator)	Mar-19	Chris McKenna	13-Mar-19	13-Mar-19	14-Mar-19	27-Mar-19
After Hours Urgent Care Service Update 6mthly (Sept-Mar-Sept)	Mar-19	Wayne Woolrich	13-Mar-19	13-Mar-19	13-Mar-19	27-Mar-19
Violence Intervention Programme Presentation Committees reviewed in July - EMT Nov Committees March 19	Mar-19	Colin Hutchison	13-Mar-19	13-Mar-19	14-Mar-19	27-Mar-19



MĀORI RELATIONSHIP BOARD CHAIR'S REPORT

Verbal Update

	General Manager Māori Health Report				
HAWKE'S BAY District Health Board Whakawāteatia	For the attention of: Māori Relationship Board (MRB)				
Document Owner:	Patrick LeGeyt, General Manager (GM) Māori Health				
Month:	October 2018				
Consideration:	For Information				

RECOMMENDATION

That the Māori Relationship Board

1. **Note** the content of this report.

PURPOSE

The purpose of the GM MHS report is to update the MRB on implementation progress of the Māori Annual Plan objectives for the month of October 2018

INTRODUCTION

This month's report provides a brief update on the following matters:

- South Central Foundation visit and NZ Nuka Conference 2018
- Nuka System of Care and Draft Clinical Services Plan
- Oranga Niho initiative
- Māori workforce development
 - Māori staff data
 - Science Academy
 - o Tūruki scholarships
- Kaupapa Māori Maternal Health Programme
- Equity and Quality Improvement
- Whanake te Kura
- He Korowai Manaaki Hawke's Bay research
- Social work readiness for practise

South Central Foundation visit and NZ Nuka Conference 2018

From 22-26 October 2018 HBDHB and Ngāti Kahungunu Iwi Inc hosted a delegation of governance and senior executives from South Central Foundation, Alaska USA. and held the inaugural NZ Nuka System of Care Conference in Napier from 23-24 October 2018. The conference was shaped around the key Nuka components deemed transferrable to the Hawkes Bay context. It included powerful plenary presentations from Katherine Gottlieb on the Nuka System of Care and Wellness Warriors initiative that addresses domestic violence, child abuse and neglect.

Other breakout sessions on Tuesday 24 October included:

 Engaging community (to own and design the health system and using voice of consumer to drive improvement)

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- Integrated Care Delivery (From Theory to Practice: Integrated Care Teams in Action)
- Behavioral Health (Introduction and Advanced Implementations and Applications)
- Quality Improvement (Improvement Culture; Tools and Processes; Using Data for Improvement)

The key sessions on Wednesday 25 October included:

- Wellness Warriors (an Alaskan native response to domestic violence, child abuse and neglect)
- Core Concepts (intensive and continuous training in organisational values and culture)

The conference capacity was attended by around 335 delegates, including about 250 from local HB stakeholders and community. The programme also included a conference dinner, cultural exchange evening and networking opportunities.

On Thursday 26 October 2018 SCF executive leadership held an intensive leadership exchange session with a group of DHB executive managers, Nuka alumni, Māori providers and iwi leaders. Key themes/questions discussed were:

- 1. How did you "set the stage" for change?
- 2. How did Nuka system of care become 'our vision'?
- 3. How did you establish the 'organisational culture'?
- 4. If you were us trying to implement changes into health care how would you approach this challenge from a leadership perspective?

Nuka System of Care and Draft Clinical Services Plan

Key themes from the Nuka System of Care included in the HBDHB Clinical Services Plan include:

- 1. Incorporating the guiding principles of the Nuka System of Care whilst giving primacy to Māori indigenous thinking, values and solutions (p. 11)
 - a. Create a local system that is co-designed by our own communities and whānau, and is completely in tune with our Hawke's Bay culture (p. 21)
 - b. Developing our own model that embeds kaupapa Māori practice and builds on the strength of iwi led services (p.21)
- 2. Active involvement of consumers in the co-design of the health system (p. 21)
- 3. Multi-disciplinary teams providing integrated health and care services (p. 21)
- 4. Extending or up-skilling primary care teams to include behaviourists (p. 29)

Oranga Niho initiative

HBDHB is planning to host the New Zealand Defence Force – Defence Health Directorate Oral Health Division in March 2019. The NZDF, as part of their deployment training, work with a crew of up to 20 personnel and 6 dental chairs to provide free dental treatment for two weeks to people aged over 18 years of age.

An introductory hui was held on 29 October 2018 between NZDF, HBDHB Māori Health, Oral Health, Population Health, Strategic Services, Communications, and members of Health Hawke's Bay, Te Roopu Mātua (Māori Oral Health Advisory Group), and Te Puni Kōkiri. The purpose of the meeting was to discuss our respective expectations, and possible plans for running the initiative.

The NZDF expectation is the kaupapa will be a partnership approach with HBDHB to enhance oral health efforts that are sustainable, have a strong focus on oral health promotion and education, and reach high oral health need population groups. HBDHB will need to assist with the costs of hosting the NZDF including, accommodation, renting an appropriate site etc. The

NZDF is planning to use this kaupapa as a practice training for their next deployment to Samoa in 2019 and are therefore keen to ensure Pacific whanau are included in the kaupapa. While we support a kaupapa that is inclusive of Pacific and low income whanau, the primary focus will be on reaching whānau Māori.

HBDHB and NZDF visited a number of possible sites including: HBDHB Māori Health, Te Taiwhenua o Heretaunga, Totara Health Flaxmere, Flaxmere Community Centre, Te Aranga Marae, and the Cook Island Community Centre Flaxmere. The NZDF has indicated a strong preference for the Cook Island Community Centre. It was the only site visited that met their full requirements for what they need.

Te Roopu Mātua met in October and identified a number of expectations that will be taken into account throughout the planning of this initiative. These expectations include:

- Need to focus on people with emergency, high needs
- Focus on people who can't afford dental care, especially those over 18 years
- Bring in other services/providers to create a package of care for whānau
- HBDHB need to provide transport (buses) to bring whanau in
- Need to ensure priority groups have the opportunity to be there

Next steps

- Formal agreement to partner with each other
- Organisation of a sub-group
- Start planning, including how and who will be targeted
- Next meeting with the NZDF in December 2018

Māori Workforce Development

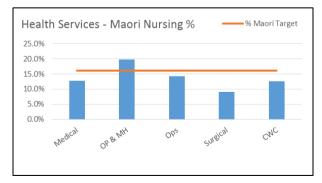
The Māori Workforce Action Plan aligns with the Diversity Strategy lead by People & Quality Directorate. The role is to support and grow the Māori workforce within Hawkes Bay. This report will provide an update on current projects and analysis of this to support tracking of the actions and progress in the new addition to role in Māori workforce action plan.

Monthly updates are provided to track our progress in growing the Māori workforce to meet our population demographic.

Nursing workforce dashboard reviewed to measure:

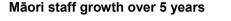
- No of NETP Maori /PI recruited
- No of Māori/PI nurses achieving post-graduate qualifications
- No of Māori /PI nurses in leadership positions
- Spread of nurses with directorates who identify as Māori /PI

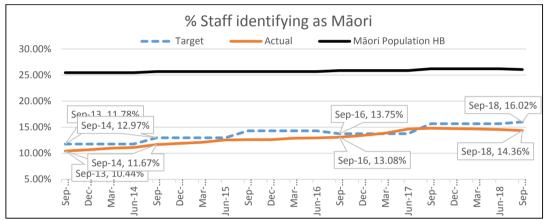
Nursing Workforce



Health Services - Maori Nursing %	Maori	Total	Maori	Maori Target	Gap
Medical Directorate	59	463	12.7%	16.02%	15
Facilities	0	0	0.0%	16.02%	0
Old Person, MH, AH & Options	30	152	19.7%	16.02%	-6
Operations Directorate	46	322	14.3%	16.02%	6
Surgical Directorate	30	330	9.1%	16.02%	23
Communities, Women & Children	47	371	12.7%	16.02%	12
Health Services - Maori Nursing % Total	212	1638	12.9%	16.02%	50

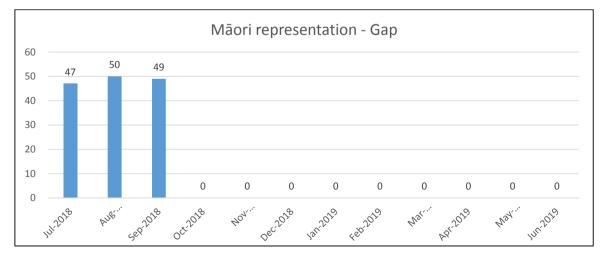
Maori nursing workforce continues to be remain at 12.9%. A new NETP intake has just been interviewed and potentially Maori nursing numbers will increase from this intake.





The last 5 years has seen the Maori population remain stable at 25%. The Maori workforce targets have increased over the last 5 years from 11.78% to a target of 16.02%.

In 2018 we are tracking at 14.36% of the 16.02 %, leaving a gap of 1.66%. Targets over the last 5 years have been fairly close to identified targets accurate with a 1-2% lag in achieving.



Maori staffing gap 2018

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Māori Staff - gap against Target for 2018/19		
Total Headcount at September 2018	2,973	
Māori Headcount at September 2018	427	14.36%
Māori Target 2018/19		16.02%
Māori Workforce Gap at September 2018	49	

We require a further 49 Māori staff to reach the 2018 target of 16.02%. This number has increased from 47 to 49 over the last 3 months. Important to identify how many Māori have applied for positions and /or how many Māori staff have left positions. Given there has been no drop in this gap important highlighted.

Science Academy Taiwhenua

HBDHB provide funding for Te Taiwhenua o Heretaunga (TToH) and Otago University (OU) to host an annual science wānanga in Heretaunga. Otago University staff and students attend the wānanga and engage the participating Years 7, 8, and 9 Maori science students. This year the science wānanga was delivered in Te Hauke. The kaupapa for this initiative is to:

- Align mātauranga Maori and Western science in a relevant and aspirational way for Heretaunga rangatahi.
- Pro-actively increase and enhance science as a career/study option for rangatahi Maori thus increasing the output of Māori in health related employment. Put some pictures in and review initiative 2019 :

TTOH are to provide HBDHB with an evaluation and analysis of the science academy. They will also identify and track tauira who have completed the programme over the last 4 years and track continued progress and initiatives to keep them connected with health workforce opportunities.

Support Health Career Development: Turuki Scholarships Round 2 Open

Turuki Scholarships are available for Māori health workforce development in Hawkes Bay. Scholarship applications close on 31 October 2018 with the current model for scholarships is to be refocused on supporting areas of growth within the Māori workforce action plan and forecasted shortages.

Kaupapa Māori Maternal Health Programme Update

Māori Health have analysed the initial findings from interviews with māmā for the Kaupapa Māori Maternal Wellbeing Programme. This information will be used to inform the development of the programme. The findings will also ensure quality improvements to existing services are responsive to, and consider māmā experiences, needs, and preferences.

A total of 50 māmā were interviewed.

- The youngest māmā interviewed was 15 years old while the oldest was 42 years. The average age of māmā interviewed was 24.6 years, with the majority of interviewees (46%) aged between 20 24 years of age. 16% of māmā interviewed were under 20 years of age.
- 47% of māmā interviewed were first time māmā, 22% were second time māmā, and 31% had three or more tamariki. All together, 49 māmā had a total of 101 tamariki in their care.

- The main types of income māmā received included: own wages, partners wages, WINZ payments, IRD Family Tax Credit, and whānau. WINZ payments were a main source of income for 44% of māmā.
- Māmā identified three main types of living arrangements: renting, living with whānau, and own home. 49% of māmā were renting their home, 40% were living with whānau, and 11% owned their home. Wairoa māmā had the highest percentage of māmā living with whānau (45%), compared to māmā in other areas (33%, 36%, 31%).

Māmā were asked if there was a Kaupapa Māori Maternal Health programme available for hapū māmā and their whānau, would they use it. Why or Why not?

The majority of māmā supported the idea of a Kaupapa Māori Maternal Health Programme. 84% of māmā said were interested in a programme for hapū māmā with many expressing they would '*definitely take that on*'¹. 12% or 6n māmā said they wouldn't use the programme; two māmā felt ambivalent about using the programme.

mme,

*Note, one interview cut short no response available.

Of the six māmā that said they wouldn't use the programme it was because:

'I think I can do it on my own without any help' (CHB01, aged 15 years)

'[*I'm*] not a person that reaches out. [*I*} don't like being dependent on others, *I* would rather do *it...my* way' (CHB05, aged 22)

'I don't think I'd go there because I'm a know it all and I think I'm fine' (W10, aged 23)

Other māmā felt that Plunket and midwives are adequately meeting their needs. Although these māmā didn't think they needed the programme, they felt that such a programme would benefit other māmā who they thought needed it.

Many māmā felt that being a Kaupapa Māori programme was an important consideration in her decision to use the programme or not. As expressed by māmā:

'Yes, it's important to be a Māori programme. I don't have a proper reason, it's just because it's our culture, like, why not?' (W05, aged 20).

'I'm not sure how to word it without sounding racist. [that's] Māori – that's why I'd go to it' (HB12, aged 23).

'Yes! Because it is Māori and that is where I feel comfortable and there isn't much like it' (HO1, aged 21).

'I have always gone toward the Pakeha way and not used the Māori outfits and it would be cool to be with my own people' (H14, aged 42).

'With the Māori kaupapa behind it is even better' (H08, aged 22).

'I'm Māori, my partners Māori. It's something we'd both understand...cause we have different ways than other ethnic groups' (W03, aged 24).

¹ N08, W03, W04, H01, H02, HB06, H12.

'The Māori element is important because I'm very strong about the reo, its important to teach our babies that, anything Māoritanga, these days it's not done, especially the reo' (W04, aged 23).

Māmā were asked about what would be important to them if there was Kaupapa Māori programme. Māmā outlined a number of areas that have been categorised into five areas: he wāhi, he tangata, he mahi, he āhua, he kaupapa Māori.

Māmā felt that because the programme would be Kaupapa Māori there should be a distinictive point of difference from existing services. Māmā felt '*anything Māoritanga*' should be part of the programme including: Māori birth practices, learning about where we come from, our culture. For example, māmā wanted to make things for their baby that were practical and useful, but reflected tikanga:

'Make weaving a part of it that you could take it away...like a kete as a shopping bag, that's useful (W01, age 18)

'Just to like learn more about our culture, I don't know much about it (W11, age 22)

'To help our wairua' (H06, age 29).

Māmā did not have strong preferences about where the programme should be delivered but felt that it should feel like, 'welcoming home' (H01, age 21). Māmā described a place where they could relax '*and be you for a minute and take your baby*'. They shared that they wanted a place where there was a play area for their tamariki, that had access to fitness equipment, and a space where therapeutic mahi could be provided. Transport to the programme was also identified as an important factor because some māmā don't have a car.

There were strong preferences for the programme to have a '*brownface not a whiteface*' because it's '*important that people doing it are Māori*' (CHB08, age 35). There was also a strong preference for the programme to have midwifery involvement, and Māori midwives and staff (Napier māmā x3), as well as kaitakawaenga support at birth for whanau.

It was important to māmā that the programme should be available for as long as māmā need it, and not apply a '*cut-off*. Māny māmā expressed that they want a programme that is 'inclusive of solo-mums, outside the usual whānau'. It should be a place where māmā and whānau are empowered. A place for partners to talk to someone, a place where you can share and someone will just listen. A kaupapa that '*makes it easier to be a mum – I'd love that*' (W01, age 19).

Māmā described a number of activities that they would expect to see in the programme including:

- Pregnancy information+++
- Breastfeeding support+++
- Being able to talk to someone++
- Connecting māma to all services i.e.
 LMCs, WINZ+++
- Getting help with your pēpi, tamariki++
- To be connected to the community
- Relationships with other māmā++
- whānau advocates++

+indicates strong theme

- Do activities together+++
- Learning for dads+
- anything Māori+++
- mahi rāranga+++
- karakia, reo, rongoa++
- Māori initiatives
- money management++
- nutrition++

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The interviews revealed a number of areas where māmā have not received timely, appropriate, or responsive access to maternal health care e.g breastfeeding support, antenatal scans for Wairoa māmā, C-Section care etc. were some of the areas identified. The Steering Group met on 18 October 2018 to discuss these barriers and how they might be addressed. The project team will take appropriate steps to feedback to, and work with, respective services to improve their responsiveness to māmā Māori. A Kaupapa Māori Maternal Health Programme has a strong potential to address many of these barriers to access to maternal health care and whānau support.

HBDHB are very keen to receive MRB direction into the next steps to develop the Kaupapa Māori Maternal Health Programme, this would give effect to the MRB Terms of Reference to 1) ensure plans are jointly developed, 2) make recommendations for the development of plans, and 3) prioritise the use of funding and access to services [refer MRB TOR Sept 2014].

The project team are exploring possible options for how best to establish and implement the programme.

Whanake te Kura – Pregnancy and Parenting Education Programme

In March this year, Whanake te Kura was launched. Delivered by Te Taiwhenua o Heretaunga, Whanake te Kura is a Pregnancy and Parenting Education programme funded by HBDHB. The new programme was an intentional change from the way traditional antenatal classes were delivered to a programme that is more responsive to the pregnancy education needs of Māori, Pacific, young mothers, and pregnant women on welfare.

Since April, a total of twenty 2-day wānanga have been held in Napier, Hastings, and Central Hawkes Bay. A total of 117 referrals/registrations have been received. 55% of these māmā have attended the programme, 23% are booked into future wānanga, and the remaining 22% had their babies prematurely (10n), stillbirth (1n), decline/no show (15n). Of the māmā that attended the wānanga, 51% were māmā Māori, 9% Pacific, and 39% Other. 38% were aged 20 years and under. 35 whānau attended the programme with māmā, of which 47% were pāpā Māori. Wānanga in Wairoa are also being held. Information about Wairoa will be reported next month.

Whanake te Kura has built strong relationships with other providers such as the HBDHB Safe Sleep programme, Immunisation team, breastfeeding specialist who are frequent presenters at the Wānanga. Feedback from māmā has been extremely positive with many māmā reporting increased knowledge, and confidence about pregnancy, giving birth, and being a parent.

'I'm going to change the environment my baby be in. Change how I'm going to have baby sleeping and be smokefree around baby for the sake of my baby's future'

'I've learnt things that I didn't and couldn't imagine'

'thanks for expanding my knowlecge in fatherhood, will forever be needed'

A main challenge implementing Whanake te Kura has been the slow referrals from Lead Maternity Carers. The Provider has worked hard to build these relationships, and as a result there has been some improvement. Presently, the main source of referrals is LMCs, self-referral, TTOH facebook/website, and youth worker.

Cot Bank

In September 2018, HBDHB launched the Cot Bank initiative. The Cot Bank is HBDHB's response to prevent SUDI deaths by supporting whānau to a provide safe sleep environment for their pēpi who have outgrown the wahakura/pēpi pod.

HBDHB Māori Health and Child Health teams have partnered with Placemakers, EIT, and Habitat for Humanity who are donating their time and resources toward this kaupapa. EIT has offered to refurbish donated cots at no cost, Placemakers have offered supplies needed to fix cots, and Habitat for Humanity has offered to store the cots.

To date, the Cot Bank has reached 24,933 people via its FaceBook page. The community response has been very positive with nearly 700 likes, and about 500 shares and onshares.

He Korowai Manaaki Hawke's Bay research

Victoria University of Wellington's Centre for Women's Health Research has partnered with Ngāti Pahauwera on He Korowai Manaaki – a wraparound maternal health approach. The kaupapa of He Korowai Manaaki is early, evidenced based care and support, from maternity to childhood, to achieve improved health outcomes and wellbeing for māmā, pēpi and whānau.

He Korowai Manaaki Hawke's Bay is a random controlled trial that involves:

- A small number of Hawke's Bay primary care practices
- Usual maternity care with a midwife but extra appointments with primary care
- Providing more ways of supporting māmā and her whānau during and after pregnancy i.e. more appointments, transport, connection to other services, early registration with a midwife, access to contraception etc...

Eliminating inequities in access to maternal health care and improving maternal and child health outcomes are important to HBDHB. Māmā Māori in Hawke's Bay have poorer maternal and child health outcomes than other māmā. Information about how HBDHB might respond and improve this for whānau Māori is important to us, and therefore we plan to disseminate information about this kaupapa to the maternity and primary care sectors to ensure māmā Māori who may be eligible to participate in this study are given the opportunity to do so.

Social work readiness for practise

Māori Health Gains Advisor met recently with the Department of Human Services and Social Work (Canterbury University) at EIT. They are a team of social work researchers who have been working on a research project titled 'Enhancing the Readiness to Practice of Newly Qualified Social Workers'. This is a three-year project funded by the Ako Aotearoa National Project Fund, and this is the final year of the project. The project comprised of three research questions;

- 2016 What is the content of the current New Zealand social work curriculum and how does it relate to the core competencies of the Social Worker's Registration Board (SWRB).
- 2017 How well prepared are NQSW's (social workers in their first year of practice) to enter professional social work, and how is their learning being supported and enhanced in the workplace.
- 3. 2018 What are the professional capabilities, including cultural capabilities we should expect of NQSW's and of social workers working at a more experienced and advanced levels of practice?

Key Course Topic	Number of Courses	Number (and %) of TEI's with key term in title		
Field work	29	14 (100%)		
Research	29	12 (86%)		
Social work theory	25	13 (93%)		
Social policy	23	12 (86%)		
Social work skills	20	8 (57%)		
Professional development	16	12 (86%)		
Community work	14	11 (79%)		
Te Ao Māori	12	9 (64%)		
Fields of practice	11	10 (71%)		
Human development	11	11 (79%)		
Treaty of Waitangi	11	9 (64%)		
Sociology	10	7 (50%)		

Top 12 Course Topics

How well prepared are NQSW's to enter professional social work practice and how is their learning being supported and enhanced in the workplace?

The Managers/Supervisors survey required respondents to have managed or supervised a NQSW within the last two years. There were a total of 139 responses to the survey. 10 failed to meet the selection criteria and a further 25 dropped out of the survey resulting in a final sample of 158.

The NQSW survey required respondents to have completed an approved Social Work Qualification from a NZ tertiary education institute within the last two years, be in current paid employment and been employed in a social service agency for a minimum of six months. There were a total of 195 responses to this survey, however, 71 failed to meet the selection criteria and a further 5 dropped out of the survey which resulted in a final sample of 119 NQWS's.

Data to be printed and presented at MRB meeting

Object	ive: To build a competent, cap	able skilled & ex		health & disa Rāranga Te		force over the next 5 years that reflect the values of He Kauanuanu, iro.			
1. Build the capability and capacity of Māori Workforce									
LEAD	Ngaira Harker	RESOURCE	People and Qual	ity – Paul Davi	es / Maori Wo	orkforce Advisory Group / Allied Health Director/ Nga Ringa Manaaki			
ACTION	1.	PROJECT		DUE DATE	STATUS	PROGRESS			
1.	Talent mapping and career planning for all Māori staff.	Complete Talent I Planning process leadership pathwa		June 2019	Ongoing	 Initial meeting with HR to align career planning with current developments in line with people and quality diversity strategy to incorporate mapping and career planning strategy. 			
2.	Obtain guidance and advice from professional bodies to support career and leadership development guidelines.		nd leadership Maori essional bodies to 3 leadership	June 2019	Ongoing	 Initial engagement with Allied Health and Nursing Leadership groups to develop and scope leadership in line with professional competencies. Māori workforce advisory group advised on leadership development and ongoing plan to further develop and advise on direction. 			
3.	Sustain and utilise effective models increasing Māori workforce i.e. the uptake of NETP Māori.	Increase the number of Maori Health professionals to meet population demographic and forecasted target 16.02%		Jan 2020	Ongoing	NURSING NETP - Review of Cultural support and retention strategy completed NETP - implementing new cultural / clinical support beginning 2019 - 2018 : Target 16.02% Current Oct - 12.9 % Gap 50 - Note 9 new Maori graduates to be employed Jan 19. - Business case completed to grow Maori nursing workforce. (See appendix 1) ALLIED HEALTH - - Currently reviewing cultural support and retention strategy – in line with NETP model which has been successful long term in growing Maori nursing workforce. - 2018 : Target 16.02% Current Oct - 14.6% Gap 49 - To review new recruits 2019 (not complete)			

Progress update as at November 2018 - Nurse Director (Māori) Ngaira Harker

10.1

LEAD	Ngaira Harker	RESOURCE	Kia Ora Hauora / Incubat Lead/	or Coordi	nator/ Taiwhen	ua / EIT/ Otago University / Maori Workforce Advisory / Turuki Database
ACTIONS		PROJECTS	DUE DATE	STATUS	PROGRESS	
1.	Partner with agencies and education sector to promote Hauora career growth	appropriate w nationally (Kia Wananga).Re - Redirect early to National wc Education gro Secondary ed - Review relatic Kia Ora Hauo Hauora Caree development. - Review the Nr support growt Māori Rangat - Review relatic career develo	Hauora Career Development vrkforce group Kia Ora Hauora/ ups EIT and Primary and ucational partners. Inship with National MOH group ra to take lead in support of rs promotion early career uka RAISE MODEL to further h in Hauora development for ahi Inship with EIT and Schools poment teams/principals to	June 2019	Ongoing	 Initial meeting scheduled Kia Ora Hauora to review relationship Dec 2018 to review relationship with Kura Kaupapa across rohe to enhance knowledge of Kia Ora Hauora and Hauora Careers and to inform of reprioritization promotion health careers Collaborate with NUKA leads to further investigate gather information RAISE ongoing. Meeting schedule completed to contact Schools and Kura kaupapa career advisory to support information sharing 2019 Evaluation of 2018 science wānanga funded by DHB Lead by Taiwhenua and Otago University evaluation commenced. Reviewed and updated current funding contracts and deliverables with EIT with outcomes changed to include achievement in programmes and transition to higher learning and promotion for Maori workforce.
2.	Critically analyse our current activity and results in the 'supply chain' i.e. science academy, science wānanga and health careers promotion.	 further take collaborative approach MOVE Complete analysis of workforce shortage areas within National and local data (ongoing) Realign activity to support workforce needs and gaps. Align funding and scholarships to prioritise needs within Health groups where shortage ongoing) Tracking of all initiatives in pipeline development within one database from science wānanga through to sec, tertiary and leadership development. 		Dec 2019	Ongoing	 Currently reviewing allocation of scholarships in line with need and priorities to support realignment commencing 2019. Currently no priority allocation to need and this now to be established for 2019 scholarship allocation. Commenced a focus target to improve profile of Dental Assistants an Dental technician pathways promotion and potential scholarship focus as identified
3.	Align scholarships (HWNZ) to the forecasted workforce demands e.g. leadership.	 Improve track scholarship to Refocus and i leadership der chain. Currently align evaluate Turu 	ing and alignment of include forecasted shortages nvest in workforce and velopment as priority in supply ning Turuki Database to ki scholarship recipients who re b DHB and/or within Kahungunu	Dec 2019	Ongoing	 Met with Turuki database evaluator to refine tracking alignment. Initial meeting with incubator to align with Turuki Database and support stronger combined information in establishing workforce growth at the beginning pipeline level. Aligning incubator / Tūruki data with career planning, leadership development and funding priorities.

3. Impr	ove the cultural capability of	the workforce (DONE)					
LEAD	JB Heperi / Ngaira Harker	RESOURCE Cultural Advisor/ Maori W	orkforce Ad	visory Group /	People and Quality (HR) Advisor /		
ACTION	S	PROJECTS	DUE DATE	STATUS	PROGRESS		
1. 2.	Engage with stake holders to identify cultural capability indicator needs within workforce.	 Develop Advisory Group Maori Work force All staff 100% complete engagement with Maori training HIE incorporate cultural indicators into all performance appraisals for staff 	June 2019	Ongoing	 Maori Workforce Advisory Group confirmed (1st meeting held) Terms of Reference to support and provide updates from stakeholders confirmed. Still to review and identify indicators and data to support and scope measurement of cultural indicators DHB wide. 		
	employment processes to reflect DHB core values.	 Develop HR processes within appropriate Maori model of engagement / recruitment pathway Completion of recruitment process that embeds tikanga within all recruitment and employment processes evidenced by; Completion of Interview process inclusive of tikanga Completion of Value Based interview processes and training commencing Feb 2019 Hiring managers complete cultural recruitment training programme. 	Feb 2019	Ongoing	 Mapped process to support key levers in supporting employment processes Confirmed and drafted incorporation of tikanga within recruitment and employment processes. 1st draft completed recruitment processes. Interview training to commence in 2019 Feb/April Completed list of Māori Staff available for interviews. Ongoing fortnightly meetings with People and Quality to support completion and development of deliverables for recruitment and employment processes. 		
3. 4.	Refresh and combine the cultural competency programme to incorporate and evaluate best practise and quality service improvement for Māori. Appropriate actions and campaigns to address culturally unsafe practice	Work with services to : Review evaluations and current cultural responsiveness. Establish a curriculum package for engaging with Māori and Pacifica Work with HR to celebrate best practice and develop safe cultural environment to support	Nov 2020	Ongoing	 JB Heperi commenced new position and updated delivery <i>Engagement with Maori</i> ¹. Evaluations – collated by HR very positive and excellent feedback from participants To collate a 6 monthly evaluation table to support tracking evaluation feedback with quantitative data. 		
	environments impacting on retention and safety for Māori.	develop sale cultural environment to support diversity	Nov 2019		 Collated and referenced findings from Akina mai and Korero Mai to collate themes and present to Maori workforce Advisory. 		

LEAD	Ngaira Harker	RESOURCE	HIE leadership tea Advisory Group.	HIE leadership team/ Directors of Nursing / HIE leadership team/ Allied Health Leadership Group/ EIT / Maori work Advisory Group.					
ACTION	1.	PROJECT		DUE DATE	STATUS	PROGRESS			
1.	Championing the provision of high quality health care that delivers equity of health outcomes for Māori.	is informed and ap outcomes for Mão Reduced gap in he key indicators for I An Increased satis evaluations for Ma Maori whanau with Leadership priorit workforce Maori	aalth outcomes in all Māori. Ifaction engagement ori employees and nin DHB. ized in growth Vorkforce – provided	June 2020	Ongoing	 HIE leadership team established currently re-developing roles within Maori Health and Population to support clinical services plan – restructure HIE currently due to be completed Nov 30th Draft 5 year nursing strategy with focus on equity in development to support leadership strategic focus clinical services plan 2019 – 2023 in progress. Draft recruitment and training package to strengthen recruitment for equity indicators and engagement with Māori. Training to commence Feb 2019 - Recruitment Process to roll out April 2019, Clinical services plan reviewed and feedback provided in establishing increased equity evaluation expertise within kaupapa Maori frameworks and increased intelligence to support best practice and leadership guidance Stakeholder engagement to identify profile of leadership styles and models yet to commence. 			
2.	Cascade Māori workforce recruitment KPI into Performance appraisals for all employing managers	into Performance months. - 100% c engage - Deliver tahi eng delivery - Scopin	completion ment with Maori. and evaluate Nga gagement with Māori 7. g of current Maori hip across ation	June 2019	Complete	 Engagement with Maori (reviewed and updated delivery) Nga tahi engagement with Maori delivery set for April 2019 (external evaluation) Initial training for all managers and then rolled out to staff within Nga tahi group collective (April 2019) Cultural competency indicators yet to be identified in Performance Appraisal processes DHB wide. KPI's for Maori workforce yet to be incorporated into management 			
3.	Identify and scope leadership programmes which are relevant and cost effective in meeting growth and development Māori health workforce. Establish Māori leadership programme.	Identification and leadership progra 2019. - Promot	delivery of mme commencing e and ensure Māori cific leaders are			 Scoping leadership yet to commence. Collate data to identify (Māori) the number of Māori in leadership positions yet to commence (Maori and Pacific Data available / identifying leadership within data yet to be completed) Nursing Managers to identify Māori and Pacific leadership potential within their sector. Equity /leadership training for approval to support nursing leadership professional development 2019. 			



HB CLINICAL COUNCIL

Verbal Update

	Scoping Report - Addictions	
HAWKE'S BAY	For the attention of:	
District Health Board Whakawāteatia	Maori Relationship Board (discussion) Hawke's Bay Clinical Council and HB Health Consumer Council (for information)	
Document Owner	Chris Ash, Executive Director Primary Care	
Document Author(s)	Shari Tidswell; Equity & Intersector Development Manager; Laurie Te Nahu, Health Gains Advisor; and Shirley Lammas, Planning & Commissioning Manager, Integration	
Reviewed by	Emma Foster, Deputy ED Primary Care; and Executive Management Team	
Month/Year	November 2018	
Purpose	Provide information via a map of "meth" use, impact, response and best practice in response to a Board request for information about 'meth' in our communities and how HBDHB are addressing the impact.	
Previous Consideration Discussions	None	
Summary	The purpose of producing a mapping report is to provide current information about meth and the impacts on the user and their whānau. Overview of services delivered to support user, their whānau and the community impacted. Finally, evidence on what works to address meth and other drug harm.	
	This information will guide the HBDHB Board, those planning HBDHB activities and delivering services. It will also provide some baseline data to measure change and progress in reducing harm for the Hawke's Bay community.	
Contribution to Goals and Strategic Implications	Health Equity	
Impact on Reducing Inequities/Disparities	Drug use impacts are higher in high deprivation communities. Working with our communities to understand their needs and use this to formulate our response will reduce inequity.	
Consumer Engagement	Information from community engagement meetings is included in the report. There was community engagement in Flaxmere and Maraenui	
Other Consultation /Involvement	Met with community services providers and attended community meetings. Also used existing consultation documents completed with HBDHB input.	
Financial/Budget Impact	Potential impact on reallocating resources	

Timing Issues	None
Announcements/ Communications	None

It is recommended that Clinical and Consumer Council

1. Note the contents of this report and any feedback can be proviced directly to the document owner.

It is recommended that the Maori Relationship Board

2. Note the contents of this report and discuss and provide feedback.



Scoping Report - Addictions

Use, who is working in the area, what is working

Author(s):	Shari Tidswell; Equity & Intersector Development Manager; Laurie Te Nahu, Health Gains Advisor; and Shirley Lammas, Planning & Commissioning Manager, Integration
Date:	November 2018

EXECUTIVE SUMMARY

This map forms part of the response to the HBDHB Board's request – "how we are addressing our community issue of methamphetamine use and wider impacts".

A working group from Māori Health, Population Health and the Primary Care Directorate, sourced information and collated community consultation and key stakeholders engagement, to inform the content of this map.

This map provides an overview of what methamphetamines (meth) are, who is using meth, what communities are saying about their support needs, who is working in the meth space and what is working to reduce harm for meth use in Hawke's Bay¹. Information and data has been provided by; Police, Housing NZ and the HBDHB. Feedback from community providers is also included².

Meth use has increased over the last three years with a number of contributing factors including; availability of other drugs, organised crime involvement and unemployment. There have also been changes in how the drug is being manufactured – from 'meth labs' to the back seat of cars. According to National Health Survey data, adult³ meth use is at 0.9% with little change. Police identify that there is an increase in meth-related crime and harm, they reference increases in the numbers of seizure of drugs and chemicals that create meth. Health services note that hospitalisations remain static and calls to the drug helpline by whānau and friends of 'meth users' have increased.

There are a number of organisations including: Police, HBDHB and TToH that deliver programmes to support people with addictions with a focus on meth. Indirectly, there are organisations that also address the impact of associated issues, e.g. Family Violence Services, Social Housing, Salvation Army, Mental Health and Addiction Services and income support.

MAP OVERVIEW

The purpose of producing a mapping report is to provide a picture of:

- 1. Current information about meth and the impacts on the user and whānau.
- 2. What we know about use of meth in Hawke's Bay.
- 3. Services delivered to support users of meth and their whānau and the community impacted.

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¹ For the purposes of this map, Hawke's Bay is defined as the HBDHB boundaries.

² This is sourced from Internal Affairs Report "HB Drug Use Snapshot", CAYAD "Community Meeting – Responding to P", Flaxmere, "Community workshop on P" and Community Alcohol Survey. HBDHB staff engaged in all of the these.

³ NZ Health Survey 2015

- 4. Community voice.
- 5. Evidence on what works to address harm from use of meth.
- 6. Recommendations for the HBDHB Annual Plan.

This information will guide the HBDHB Board, those planning HBDHB activities and delivering services. It will also provide some baseline data to measure change and progress in reducing harm for the Hawke's Bay community.

What is Methamphetamine?

Methamphetamine is one of a number of amphetamine-type drugs. Some have medical uses and are made by pharmaceutical companies. However, most meth used in New Zealand is made in illegal labs. Meth is a stimulant drug available in pill, powder, crystal or liquid forms. It can be swallowed, snorted or injected but is most commonly smoked in a glass pipe or bong. Meth stimulates the central nervous system to release a large amount of dopamine, a 'feel-good' brain chemical. This can make you feel energetic, alert, talkative, and confident. It can also increase your sex drive and reduce your appetite. Street names include 'P', Crack, Meth, Crank and Ice.

This is not a new drug – it was developed in 1887 and has had a history of being used as a nasal decongestant, treatment for depression, and enhancer for athletic, cognitive and sexual performance. It is a neuro-stimulant, increasing neurotransmissions in the brain and effects norepinephrine and dopamine. The use of Meth significantly increases risk of heart disease. The high doses found in meth are more strongly associated with harmful effects such as; insomnia, agitation, mood swings and hallucinations. Other harmful effects can increase through impaired decision-making, e.g. family violence, unsafe driving, unsafe sex and increased risk of infection via utensil sharing (needles, pipes and spoons).

Addiction is also linked to wider behaviours which support access to the drug. Police information details a link to; dishonesty crimes, shop lifting, drug offenses and violent crime. This increases the risk of a criminal record and incarceration which can act as a further barrier to social inclusion.⁴

The development of Amphetamine Type Stimulant use disorders is associated with a history of:

- Alcohol use disorder (79%)
- Cannabis use disorder (73%)
- Family histories of substance abuse (32%); mood disorders (41%); and Psychosis (20%)
- Imprisonment, homelessness or hospitalisation for substance use or mental health problems (20%)⁵

Who is using methamphetamine?

National Surveys

National drug surveys puts the rate of use for adults in Aotearoa at 0.9%. This is low and has remained at around this rate over a number of years (includes all amphetamines). The average age of a user is 33 years, with higher use amongst males and Māori (compared with females and non-Māori).

The New Zealand Health Survey estimates amphetamine use in the Hawke's Bay region at 1.4% of adults over 18 years, higher than the the New Zealand rate of 0.8%.⁶

⁵ Shirley to add

⁴ NZ Drug Foundation <u>https://www.drugfoundation.org.nz/</u> East Coast Police "Community Meth Presentation" 2018

⁶ NZ Health Survey <u>https://www.health.govt.nz/publication/regional-results-2014-2017-new-zealand-health-survey</u>

Illicit Drug Monitoring System (2006-2014) noted an average meth user's age at 36 years, male and most likely to be on a health and disability benefit. A worldwide survey in 2015 indicated a similar rate for New Zealand.⁷

Emergency Department data shows a small increase in admissions. Hospital admissions throughout New Zealand related to meth use appear to have been stable over time with 203 people admitted to hospital in 2009, 234 in 2010 and 229 in 2011. The main reasons people were hospitalised for meth use were psychotic disorders or other mental health and behavioural disorders.

Nationwide data for the number of people seeking treatment (in acute care) for problematic meth and Amphetamine Type Stimulants (ATS) use is currently unavailable due to inconsistent data collection. Although flawed, information collected by the Ministry of Health details a general increase in the number of people attending mental health and addiction services with a diagnosis of ATS abuse or dependence.

All nationally compiled data demonstrate an inequity of meth use in our community, based on ethnicity and socio-economic status, with higher prevalence for Māori and high deprivation communities. Overall, there is a consistent description of the user group.

Police information

The seizure rates for meth and products used to make meth have continued to increase. Police collect data on crimes where drugs are referenced. This data indicates a significant increase of crime where meth is referenced - over 200% in two years. Meth and cannabis now have similar levels referenced in criminal activities. An analysis of one month's data for East Coast Region, identified 54 meth users came to the attention of the Police, the most common age was 26/27 years, most were male, a third were unemployed and half were not legally able to drive (forbidden or cancelled driver licenses).

Family violence crime is strongly linked to meth use. This is followed by; child abuse, violence, weapons, drug offences, dishonesty, shoplifting and driving offences. This illustrates the wider impact of drug use with harm to families, community and businesses through crimes.⁸

Meth users are a relatively small group in our community aged in their late twenties to mid-thirties, mostly male, are often on a benefit or in a low income job and involved in other crime. Few are accessing hospital based services. Their behaviour is impacting on a wider group particularly whānau.

Who is working in this space?

Hawke's Bay DHB provide generic addiction services that includes specific nationally allocated beds for people recovering from amphetamine addiction. Services include residential and community based. Including – the Methadone programme, addiction counselling, nursing, clinical care and social work services.

Hawke's Bay DHB plan and support the clinical pathway including phone line support, primary care, school-based services, community providers and secondary services.

⁷ Massey University "Recent Trends in Illegal Drugs use in NZ 2006-2014 (2015) <u>https://www.massey.ac.nz/massey/fms/Colleges/College%200f%20Humanities%20and%20Social%20Sciences/Shore/reports/IDMS%202014%20Final%20Report.pdf?38B9C25FBFC4F517CCB03BCA4C7CF64</u>

⁸ Taken from an internal Police Report, compiled in 2016

Community addiction services are delivered via Te Taiwhenua o Heretaunga and MASH Trust. There are residential services specialising in Meth via Odyssey, Nova (including beds allocated under the Compulsory Assessment and Treatment Act) and Salvation Army. Nationally beds allocated for meth treatment have not been filled. Hawke's Bay also receives funding for CAYAD (Community Youth Alcohol and Drug programme) and Safe Community (Central Hawke's Bay, Hastings, Napier and Wairoa) programmes delivering prevention and health promotion. There are a number of community developed programmes for example; Grans against P, Flaxmere Stopping P and community education sessions. Phone line and online supports including; Healthline, Alcohol and Drug Help and Drug Foundation all have been accessed by Hawke's Bay people.

The Alcohol Drug Helpline has reported a change in the pattern of contacts for meth use over the past few years with the largest caller group are family and whānau members concerned about someone else's meth use. This is consistent with an ongoing pattern of whānau members being more likely to seek help for someone's methamphetamine use than the person themselves across a range of services.

There is additional support with community services providing social work and counselling. Work and Income provide income support for those in treatment, primary care providing patient care, Probation Services providing habitation and whānau support. The next layer is the work by Police in reducing supply and responding to incidents involving meth. Justice ensures consequences and Oranga Tamarki responds to child safety issues.

Government departments including Police, Ministry of Health and Justice have strategies for managing drugs which include how they are addressing amphetamines. These strategies have similar themes of reducing harm to our communities. Using the National Drug Policy (developed by the Ministry of Health) the three strategic approaches include:

- Problem limitation (increase accessing support and receiving treatment)
- Demand reduction (having knowledge and options to make informed decisions)
- Supply control (minimising access)

While there is a good range of support and services. There may need to be work to improve user engagement, and greater support or information about for whānau and community. Finally opportunities for more cross agency work that is strategically

What is the Community saying about their support needs ?

There has been a consistent community voice raising concerns about the impact of meth and other drugs. The communities most active in identifying need are Flaxmere, Maraenui and Wairoa. This aligns with the user profile – higher level of use in high deprivation communities. Whānau and community members are managing the associated behaviour of agitation, crime and family violence that stems from meth use.

Whānau are signalling a need for support for example phone line services have seen an increase in calls from those effected by a meth user. A meeting between HBDHB staff and early childhood education providers (2018) identified information about meth as a key need, as they perceived an increased meth impact on children in their services. They have responded to this need through he establishing of community programmes "Nans Against P" and "Flaxmere Stopping P".

"People that access our service are usually not looking for support for their drug issues but primarily for support and advocacy to assist them with the impact it is having on their whanau and themselves." (Te Roopu A Iwi Trust)

Communities are also noting the impact of other drugs including Wairoa identifying the impact of alcohol via a 2016 survey. The Raureka community challenged the license for an off license retailer in their shopping centre noting the negative impact alcohol use has in their community. More recently members of the Maraenui community have highlighted synthetic cannabis use and associated social problems.

"Maraenui is definitely an area where it's (synthetics) extremely accessible" (Whatever It Takes)

Communities are also affected by an increase in crime (e.g. violence, drug driving, theft) linked to drug use and a general reduction in safety. Employers have highlighted the impact of people 'failing drugs tests', resulting in the challenges of recruiting and retaining staff, which intern impacts on business economically growth. Services such as Police, Probation and Courts also note increased workloads. For whānau and community the impact of these behaviours and consequence is economic, social and psychological resulting in community 'despair and depression'.

A community hui facilitated by CAYAD (Community Action for Youth Alcohol and Drugs) was held in June 2017 that discussed possibilities for a "Regional Meth Solution". This hui identified:

- Recovery Whakawaiora provider list, papatanga, improved services and alternatives (work, walking groups, training opportunities)
- Prevention (address supply, why do people use meth, education about meth, look at Portugal, link to Social Inclusion, provide options, reduce harm, whānau action)
- Politics and funding (petitions, submissions, media, linking government agencies to influence change)⁹

It is important to ensure that communities have a voice, are informed about evidence, know how to access services and support and are supported in their local responses and solutions.

What is working in harm reduction?

National strategies from Ministry of Health, Police and Department of Corrections have similar themes. These themes come through in the NZ Drug Foundations advice on addressing meth and illicit drug use generally. All see merit in agencies working together to support change. The focus on; prevention, intervention and treatment is evident in all approaches.¹⁰

Cross-sector approaches

Enabling an environment for social inclusive economic growth requires cross sector input and provides the support for prevention, education and effective treatment.

• Provide intersector strategies to support resilient behaviours and reduce enablers for drug taking.

For Hawke's Bay this could include supporting Matariki projects to increase employment, school training engagement, changing how social services are funded and deliver, and provide a whānau centric approach to meet whānau needs. A further opportunity could be delivery of cross-sector strategies and plans, including community plans - these would be responsive to community needs

¹⁰ NZ Strategic Approaches <u>https://www.drugfoundation.org.nz/</u>

https://www.health.govt.nz/publication/national-drug-policy-2015-2020 http://www.police.govt.nz/aboutus/publication/illicit-drugs-strategy-2010

⁹ Meeting notes distributed by CAYD June 2017

and aspirations to support resilience and healthier communities. Local authorities in Hawke's Bay have community plans that could be built on to respond further to community need.

Using holistic approaches such as Whole of Schools Approach including 'Helping Build a Healthy and Supportive Society'. This approach reduces punitive responses and provides effective links to treatment and support. These approaches would support community raised issues i.e. the Community Hui mentioned above identified the need for prevention and treatment responses. Whānau centric approaches e.g. Strengthening Families and Whānau Ora provide whānau with support across a range of agencies. There is an opportunity for the HBDHB to apply this holistic approach in the planned review of Mental Health and Addictions Services.

Prevention

Reduces the number of people mis-using drugs and the level of harm. Prevention includes supporting people to be drug free through increasing resilience i.e. employment, meeting needs and creating safe environments. Early intervention is also important to reduce harm i.e. education, access to support services.

• Ensure children and young adults stay engaged in school and education.

This is key to building resilience. Developing career pathways with links to training/qualifications and jobs can be delivered via Matariki Social Inclusion and the Regional Economic Development Strategy.

• Support engagement in employment through programmes and socially responsible employers

Being engaged in employment develops resilience, reducing harm and preventing drug use. Programmes that support people into employment are most effective for people on benefits and experiencing barrier to employment (i.e. low or no qualifications, no driver's license, criminal record or past history of substance abuse). Supporting employers to become socially responsible will also help increase opportunity for employment and the support to retain employment.

• Supporting safe homes where children are not exposed to drug misuse.

Ensure children, youth and adults have a relationship with a good adult role model, their basic needs are met (safety, food, sleep and care) and opportunities provided for learning. One-third of meth users in treatment have a family history of drug abuse. Those living in a deprived households have higher rates of drug misuse.

• Address family violence, prevention and respond with support pathways and interventions. This would require multiple agencies working collaboratively including advanced community engagement. More than half of meth associated crime is related to family violence. Supporting whānau with interventions to address family violence would increase children's resilience to reduce future drug use as well as addressing adult meth use. Additional effective interventions include supporting peoplewho "fail drug tests", when they apply for benefits or are picked up for traffic offences. An effective first step is to ensure Police, Work and Income and employers have the right information and skills to refer people to support services.

Education and Community Support

Education is an enabler to prevent drug misuses and reduce harm if it is non judgemental and community based.

• Support community education programmes, provide accurate information delivered in a non-judgemental manner with clear links to support and treatment services.

Information needs to include how to reduce harm e.g. from no-use to the safest way to use. There is some support for providing a service that assesses drugs being used so users are aware of what ingredients are in drugs and the level of risk.

Education is beneficial when it covers all drugs and is not targeted at specific drugs; has clear messaging on harmful drugs and provides accurate information. Scare tactics and abstinence messaging have been proven not to be effective. Drugs covered should include tobacco, alcohol and illicit drugs.

Providing a safe place and key people to talk to should include being; non-judgemental, prepared and able to follow-up. Key people need to have the skills to notice change and ask questions to support and engage. Resiliency research also supports the benefit of a significant adult helping people make beneficial choices and develop skill to manage challenges.

Treatment

Treatment must be available when requested with no waiting lists. Programmes have to respond in a way that provides effective recovery from the drug used i.e. methamphetamine.

A recent meth research and treatment literature review confirms the information and recommendations contained in the Interventions and Treatment for Problematic Use of Methamphetamine and Amphetamine-Type Stimulants (ATS). Specifically the literature confirms that:

- No pharmacology has been consistently identified as being effective in helping people reduce and or stop the use of ATS
- No pharmacology has been identified as being particularly useful to help withdrawal management
- The stepped care model of treatment remains appropriate as an intervention pathway

Clear clinical pathways for meth users with a range of accessible referral points is essential. Accessible support and information for whānau and community is also invaluable.

Prevention approaches start early in life with safe homes, engagement in school and education, employment and developing resilience. Providing people with information to base decisions on is more effective than ignorance. Treatment needs to be accessible and responsive to the needs of a user's. Good harm reduction approaches are effect for all drugs.

SUMMARY

Methamphetamine is a neuro stimulant and most meth produced in New Zealand is illegal. Meth is used by a relatively small proportion of the population (between 0.8% and 1.4% of people over 18 years), however Māori, beneficiaries and low wage earners have the highest rate of use. Meth use is also linked to other offending, particularly family violence and to heart disease in the user.

There are a wide range of services from clinical to community, however there could be gaps particularly for whānau and community affected by a meth user. Improvements in access to information should provide consistent messaging and opportunities for those working across all sectors.

Community and best practice are very closely aligned with a focus on cross-agency approaches, prevention, education and treatment. These actions support a drugs harm reduction approach rather than a focus on a single drug or category. Prevention strategies have the ability to address the wider determinants of health and wellbeing including education, employment, reducing family violence and safe communities.

There is a ripple effect moving out from the meth user to their whānau and community. This requires layers of responses to support all those affected including; empowering communities, responding to whānau needs, educate, prevention strategies and treatment. A cross-sector response to ensure users, their whānau and the community are able to reduce the harm from meth use.

Key Recommendation	Description	Responsible	Timeframe
Include in the Mental Health and Addiction review	Include meth and other drug treatment, community responses and the other recommendations from this paper, in the review of mental health and addiction services review.	Shirley Lammas	2019
Engage with whānau and community to understand their needs and provide appropriate support	Investigate ways to link whānau and community with support and information. Including using co-design approaches.	Shirley Lammas	2019
Take a Cross sector approach	Support a cross sector approach as part of the Matariki Strategy and Tripartite programme of work i.e. employment, family harm reduction and whānau centric approaches.	Shari Tidswell	Ongoing
Establish clear clinical pathways	Establish clear clinical pathways and communicate these with a wide range of referral points including whānau, to maximise intervention opportunities.	Addictions Services Managers	July 2019

RECOMMENDATIONS

String OUR HEALT	CLINICAL SERVICES PLAN (CSP) – Final Draft Clinical Services Plan Engagement Feedback Summary
SKNUTH Clinical Services Flat	For the attention of: Māori Relationship Board; HB Clinical Council; and HB Health Consumer Council
Document Owner:	Kevin Snee, CEO
Document Author:	Hayley Turner – Clinical Services Plan Project Manager, Planning and Strategic Projects.
Reviewed by:	Ken Foote – Clinical Services Plan Project Sponsor, Company Secretary.
Month:	November 2018
Consideration:	For Review and Endorsement

That the Māori Relationship Board, Clinical Council and Consumer Council:

- 1. **Review** the summary of the engagement feedback
- 2. Endorse the listed changes for the final version of the CSP document
- 3. Recommend that the Board approve the final CSP

PURPOSE OF THIS PAPER

The purpose of this paper is to provide a summary of the process collating all feedback at close of the CSP engagement activity, key themes of feedback received and a summary of changes to be included in the final CSP document.

The recommendation is that the listed feedback of changes is endorsed for a final CSP document to be produced as planned for final approval by the HBDHB Board on 28th November 2018.

Attached are the following:

- Two versions of the CSP document (one with tracked changes and one clean)
- Copy of the feedback report including responses

Questions:

- Do you agree with the listed changes made to the CSP document based on feedback?
- Do you feel this is sufficient based on the feedback and are happy to now endorse for a final CSP document based on these changes?

CONTEXT

The Engagement Activity concluded on the 31st October, and overall the feedback received was positive and accepted the CSP direction.

Feedback Received:

- Total feedback received =55
 - Phone=0
 - Email (including letters)= 33
 - Pamphlet= 22
 - Sources of feedback came from:
 - Community (general public, community groups)
 - Health sector (DHB staff, PHO, community providers)
 - Intersectoral partners (At Matariki and formal feedback received from Hastings District Council and Napier City Council)
- Additionally the project team received a lot of general feedback and valued discussions from various meetings/individuals throughout the engagement process.

Feedback Responses:

Not all feedback received was relevant to complete the final version of the CSP. Response to this type of feedback was "noted" and a summary of this type is listed below:

- Support/affirmation of the CSP with no highlighted gaps or feedback.
- Next phase: Requests for more detailed planning to be carried through to the next phase as part of the strategic planning process.
 - Phasing this was indicative only at this stage.
 - Information around the how all the plans will be integrated and where services feature.
 - Detail around the elements/options in terms of priority and decision making for investment.

Accepted changes to be incorporated into the final CSP:

Feedback received that has been included in the updated version included the following

- Language changes
 - Incorrect/ lack of use of the Te Reo Māori. An example includes the description of using Māori health model, Te Whare Tapa wha but thereafter only using English to describe the four dimensions and not Te Reo. This has now been incorporated into the plan.
 - Terminology or spelling corrections
 - Definitions: including extra definitions such as "Equity and inequity"
 - Clarification
 - Enhanced elements/options
- Additional paragraphs/section to the CSP
 - Environmental sustainability Not originally covered, but have now included reference this
 as part of determinants of health and impact on inequity and long term conditions.
 - Dying well Not originally covered, but have now included under person and whanau centred care and wraparound services.
 - Preventative care/population health/public health covered within the "plan in a nutshell" but was not sufficiently covered within the plan. This has now been carried through and developed within the plan, examples include the three pillars of health (diet, exercise and sleep).
 - Behavioural economics Linked to the above as part of understanding the consumer and their needs.
 - Early intervention to dementia has been added.

- Tamariki (Children) and Rangatahi (youth) as a key focus of the plan, this was deemed too general and required further development within the plan.
- Support services previously community pharmacy, radiology, laboratory and dietitians were not sufficiently covered. It is recognised that these services may need to change to support the new models of care and therefore have now been included through relevant sections of the CSP.
- Place based planning Whilst important to recognise community needs by geography, it
 was also highlighted that the plan did not include "communities of interest" being cohorts of
 consumers with similar health needs and not necessarily within a geographic area. Applying
 the same approach and principles used within place based planning would fulfil this
 requirement.

Next steps:

A final version of the CSP will now go to the board for final approval.

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	Best Start: Healthy Eating and Activity Plan - Healthy Weight Strategy
HAWKE'S BAY District Health Board Whakawāteatia	For the attention of: Māori Relationship Board, Pasifika Health Leadership Group, HB Clinical Council and HB Health Consumer Council
Document Owner	Andy Phillips, Executive Director Health Improvement and Equity
Document Author(s)	Shari Tidswell, Equity and Intersector Development Manager
Reviewed by	Phil Moore (Clinical Lead) and Executive Management Team
Month/Year	November 2018
Purpose	The Board requested six monthly progress reports. This report provides an overview of the progress and changes impacting the Best Start Plan's delivery.
Previous Consideration Discussions	Reported six monthly.
Summary	Work delivered is part of the Best Start Plan that includes; supporting healthy eating environments, delivers prevention programmes, provides intervention pathways and supports health leadership in healthy weight. In the last six months we have worked with early childhood services, developed a pre-pilot for the 8 year old measure, worked with schools to support healthy weight environments and set priority areas for Plan delivery in the next 12 months.
Contribution to Goals and Strategic Implications	Health equity – Healthy weight is the second highest contributor to wellbeing for people in Hawke's Bay. Transform and Sustain – increasing focus on prevention. Improving health outcomes for Māori and Pasifika peoples.
Impact on Reducing Inequities/Disparities	Directly aligned to addressing inequity for Māori and Pasifika.
Consumer Engagement	Delivered by the Best Start: Healthy Eating and Activity Plan Development and Delivery, consumer/stakeholder/community engagement are noted in all programme development and delivery.
Other Consultation /Involvement	Ongoing - as part of all delivery and programme development.
Financial/Budget Impact	Not applicable
Timing Issues	Not applicable
Announcements/ Communications	Not applicable

It is recommended that the Maori Relationship Board, HB Clinical Council, HB Consumer Council and the HBDHB Board:

1. Note the content of the report.

2. Endorse the next step recommendations.



Best Start: Healthy Eating and Activity Plan -Healthy Weight Strategy

Author(s):	Shari Tidswell	
Designations:	Intersector Development Manager	
Date:	November 2018	

OVERVIEW

In 2015 the Healthy Weight Strategy and in 2016 the Best Start: Healthy Eating and Activity Plan were endorsed by the HBDHB Board. These documents responded the areas identified as most impacting wellbeing in the Health Equity Report (2015). These documents guides the HBDHB's work in increasing the number of healthy weight people, with a focus on children. Work is delivered across HBDHB and other sectors including primary care, councils, education, workplaces and Ngati Kahungunu Iwi Inc.

Childhood healthy weight is also being reported to the HBDHB Board via Te Ara Whakawaiora performance programme and nationally through the Raising Healthy Kids target. These reports share information and the Best Start Plan provides the direction and overview for work.

REPORTING ON PROGRESS

Below is a summary of the highlights for each of the Plan's four objectives. Appendix one provides further detail of the progress on the Plan's activities to date.

1) Increasing healthy eating and activity environments

Resource in development for early childhood settings to support healthy conversation, identifying additional resources to support education opportunities and engage whānau. Schools programme support role is being established so that school's healthy weight plans can be facilitate and monitored.

2) Develop and deliver prevention programmes

Programmes are now at the embedding stage with key messages going to wahine and whanau during pregnancy; via Mama Aroha – messaging is consistently provided to new parents/whanau; Healthy First Foods programme is part of Well Child Tamariki Ora and Plunket services; Healthy Conversation and BESMARTER Tools are used by health professionals engaging with 2-4 year olds and "Water is the Best Drink" messaging is consistently being used from 2 to 10 years.

An evaluation is underway to identify improvements in how we communicate about healthy weight with whānau. This is to engage with whānau to complete their child's Before School Check. These findings will be used to improve working with whānau.

The 8-year old measure is being pre-piloted this term, with a pilot to be delivered in Term One 2019. Kimiora, Marewa, Irongate and Henry Hill Schools are participating in the pre-pilot. The aim is to measure 90% of 8-year olds in decile 1-4 schools annually; providing information for schools about their school population's healthy weight, impact of their healthy weight activities and ability to feedback to their whānau. A pathway will also be provided to support the child and their whānau if they are identified as obese. We can also now monitor change over three measurement points; 4-year olds (B4SC), 8-year olds (decile 1-4 schools) and 13-year olds (completing HEADDSS assessments in decile 1-4 secondary schools)

To increase the rate of breastfeeding for Māori pēpē we are trialling increased midwife visits for whānau engaged with community midwives. This is to provide extra support with breastfeeding in the first 6-weeks. Data will be collected to assess the impact on breastfeeding rates. There has also been a review of services from 6-weeks to 6-months to improve support whānau are receiving.

3) Intervention to support children to have healthy weight

HBDHB continues to meet the Raising Healthy Kids target six months earlier than the target date and has now achieved 100% of children identified at a B4 School Check in the 98th percentile weight being referred to a primary care assessment. Further supportive pathways and tools have been developed to support whānau to make lifestyle changes which support healthy weight. This includes; Active Families under Five and the BESMARTER goal setting tool.

A programme is being established that will provide support for schools through Public Health Nurses accessing referral pathways to Active Families programmes. This is also linked to the 8-year old measure.

4) Provide leadership in healthy eating

The HBDHB continues to provide leadership across sectors to provide advice and support to implement healthy weight programmes, activities and sharing of information. The DHB have provided feedback on the Child Poverty measures and are contributing feedback on the draft Child and Youth Wellbeing Strategy.

WIDER CONTEXT FOR CHILD HEALTHY WEIGHT

Obesity is the second leading risk to population health outcomes in Hawke's Bay. Medium and longterm costs of not addressing obesity are very high, as obesity leads to a range of diseases with high health sector costs. A third of our adult population are obese; 48% and 68% for Māori and Pacific adult populations respectively. Childhood weight is a significant influence for adult weight and changing behaviours to increase healthy weight are more effective during childhood years.

The national target (Raising Healthy Kids) has been in place for 18 months and Hawke's Bay performs well in our consistent achievement of this target. There is wider work being undertaken nationally including the Child and Youth Wellbeing Strategy and Child Poverty Reduction work programme. Both of these will impact on childhood healthy weight and the DHB are engaging with the development, including providing submissions and feedback on the strategy.

HB Community Fitness Trust held a key stakeholder workshop, which the DHB participated in. Meeting have also occurred with key research staff from Auckland University engaging with the Trust.

NEXT STEPS

- 1. Trial the conversation tool in early childhood settings and collect feedback from whānau and educators.
- 2. Complete a process review of the pre-pilot and apply findings to the pilot design. Deliver the pilot in term one 2019.
- 3. Monitoring the impact of the increased visits and breastfeeding support for whānau.
- 4. Engage 10 primary schools over the next 12 months to implement a healthy weight environment. Establish a baseline with current practice and monitor implementation of change.
- 5. Identify and develop leadership opportunities promote healthy weight messaging, increase healthy weight environments and support national changes which influence healthy weight.

Key Recommendation	Description	Responsible	Timeframe
Develop a pilot programme for in-home support for breastfeeding			July 2018
Develop a pilot for monitoring and measuring children at 8- years	Engage decile 1-4 schools to participate in the pilot, develop tool and supporting clinical pathways for the pilot. Evaluate the pilot.	Child Health Team/ Shari Tidswell	April 2019
Identify and implement leadership opportunities	Engage with nationally led developments to support Hawke's Bay healthy weight gains. Supporting healthy weight messages.	Best Start Advisory Group	July 2019

RECOMMENDATIONS

RECOMMENDATION:

It is recommended that the Maori Relationship Board, HB Clinical Council, HB Consumer Council and the HBDHB Board:

- 1. **Note** the content of the report.
- 2. Endorse the next step recommendations.

Appendix One

Objective 1: Increase healthy eating and activity environments Indicator 1a: Increase the number of schools with healthy eating policies

Indicator 1b: Increase the number of settings including workplaces, churches and marae with healthy eating policy

What the data shows

The data we have is improving, there will be a survey completed by June 2018 for all primary schools and data for the school environments has been collected with Auckland University (Informas) and reported.

Activity to	Activity to deliver objective one				
	What	How	Progress	When	
Current activity	 Work with settings to increase healthy eating including education, schools, workplaces, events, Pasifika churches, marae Support national messaging including sugar reduction i.e. Water Only Advocate for changes in marketing and council planning 	 Healthy eating policies which reduce sugar intake in 5 ECE centres, key community events increase healthy food choices, 4 Pasifika churches have a healthy eating approaches and guidelines for marae reviewed with Ngāti Kahungunu Iwi Incorporated Communication plan implemented for national and regional messages Supporting the implementation of programmes and plans i.e. i Way, Active Transport, Sport HB and Ngāti Kahungunu Iwi Incorporated plans 	 School water only policies reviewed by PHNs, all primary schools have policies and two secondary schools. Support is being developed for ECEs with MoH licensing staff. Four churches engaged, two are working toward reducing sugar. Hasting District Council is going sugar sweeten beverage free at their facilities. Water only messaging promoted in schools, under 5 Healthy Food messages DHB rep on Active Transport group, supporting Ngāti Kahungunu Iwi Inc. events to provide health messages and supplying water. 	July 2017	
New actions	 Support education settings to implement healthy eating and food literacy- early childhood, primary schools secondary schools, 	 50% increase in schools with "water only" policy annually Decile 9/10 communities have a whānau co-designed programme delivered in primary schools, - trialled 2016, 5 new schools annually 	 Schools are being engaged via Public Health Nurses and to support this a new resource is being established in the Child Health Team. Best Start Advisory Group has been meeting monthly to support coordination and the development of 	Reported annually to 2020	

13.1 Appendix One -2018 Best Start Healthy Eating

Activity to deliver objective	Activity to deliver objective one				
for monitorin Engage cross- to gain suppor influence to i healthy eatin environments	rsector groups ort and ncrease 8 sood security for their whānau heal estal boots sood security for their whānau	chools surveyed for status in thy eating/water only policies blish a group to influence ages in the environment across ke's Bay ner with Auckland University to blish a baseline for the Hawke's food environment and monitor ually	 resources/programmes/project. Includes: Health HB, Child Health, Oral Health, Maori Health, Population Health, Pasifika Health, Paediatrics, Primary Care Directorate. Current work is looking at delivering an 8 year measurement for weight Pre-piloting an 8 year old measure to monitor impact acorss the lifespan. Food Environment data collection complete and report shared with stakeholders. Working with Boyd Swinvurn from Auckland University to look at a HB research project. Presented Healthy Weight Strategy to Hastings and Napier Council. 		

Objective 2: Develop and deliver prevention programmes

Indicator 2a: Rates of breastfeeding at 6 weeks increase

Indicator 2b: Number of healthy weight children at 4 years remain stable or improves

What the data shows

- Child fully or exclusively breastfeeding at 6 weeks rates as 72% for total population, 66% Māori and 82% Pasifka (December 2015 Ministry of Health), these show slight increases
- 67.8% of Hawke's Bay four year olds are healthy weight, 62.7% Māori and 55.7% Pasifika (2016 Before School Check data, Health Hawke's Bay), this is 2016 data. Most recent data is obesity data with 13% of Māori, 26% Pasifika and 5.8% other four year old children in the 98th percentile for weight (June –Dec 2017 B4SC)

Actions ar	Actions and Stakeholders				
	What	How	Progress	When	
Current activity	 Implementing Maternal Nutrition Programme activities- breastfeeding support, healthy first foods Supporting settings to implement healthy eating/sugar reduction programmes/policies Supporting health promoting schools 	 Breastfeeding support resources provided via Hauora All Well Child/Tamariki Ora providers trained in Healthy First Foods All schools, ECE, Well Child/Tamariki Ora Providers with health eating policies are provided with information resources and advice Health Promoting Schools health promoters are up-skilled to implement healthy eating approaches 	 Complete Complete Information and resources shared Meeting HPS coordinators, attended workshop with other providers. Training is completed for Tamariki Ora and Plunket staff, LMCs and B4SC nurses. Training plan being delivered for ECEs. Maternal Nutrition and Physical Activity programme being delivered in Wairoa – great response and across HB 	July 2017	
Next actions	 Extend the Maternal Nutrition programme developing programmes in ECE and resources to support B4 School Check providers 	 Deliver training to LMCs, Well Child providers and B4 School Check nurses to increase skills to promote healthy eating- Healthy Conversation, Healthy First Foods, B4 School Check resources 	 Active Families contracts in place and delivered by Iron Māori and Sport HB. Tamariki Ora and Plunket staff trained and delivering Healthy First Foods programmes. Trial programme being delivered via 	Reported annually until 2020	

3

Actions and Stakeholders				
 Supporting healthy pregnancies, via education and activity opportunities Support the development of whānau programme (building on existing successful programme) Develop food literacy resources including sugar reduction messages -deliver via programme and settings Support healthy eating programmes and approaches in schools 	 to deliver the maternal healthy eating activity programme Contract and support local provider/s to deliver whānau based programmes i.e. Active Families Deliver key messages for whānau with 2–3 year olds Develop food literacy resources for B4 School Check provider, promote Healthy First Food and heart foundation school resources Support the co-designed programme for deprivation 9/10 communities 	nity Services to provided increased rt for breastfeeding. rce developed with early childhood ers and resources to support healthy t messages for whānau and children ert group completed this. ry conversation tool implemented valuated – this includes BE SMARTER tu plan, B4 Schools Check nurses ng group developing the survey for all ry schools and tool to support design elivery of healthy weight schools. Is programme facilitated via Child t Team, with additional resource to rt this work.		

Objective 3: Intervention to support children to have healthy weight

Indicator 3a: Increase referrals to programmes which support healthy lifestyles and whānau engagement for 4 year olds with a BMI in the 98th percentile

Indicator 3b: Increase food literacy training to targeted workforce including midwives, Well Child/Tamariki Ora, education workforces, social services and Before School Check practitioners.

What the data shows

- 119 Hawke's Bay children were identified with BMI in the 98th percentile, of these, 90 accepted a referred to a primary care follow, 2 already in care and 27 declined at referral. 98% Māori, 100% other and 100% Pasifika children received a referral to primary care. (Dec 2017 B4 School Check reported Data MoH)
- 100 participants attended breastfeeding support training, 23 Well Child staff attended First Foods Trainer Workshops, 83 health professionals attended Gestational Diabetes updates (2015 HBDHB Maternal Nutrition Report to MoH) and 45 practice nurses attended CNE session on Raising Healthy Kids Target and whānau conversation tool/plan. 63 early childhood teaching attended an information session

Activities	Activities and Stakeholders										
	What	How	Progress	When							
Current activity	 Screening including gestational diabetes, Well Child/Tamariki Ora and B4 School Checks Whānau activity based programmes for under 5s Paediatric dietetic referrals 	 Monitor the screening and responding referrals Fund Active Families under five and monitor implementation. Investigate extending to further providers Monitor referrals and outcomes 	 Monitoring provided via HBDHB Board and MoH. Raising Health Kids target has been met. Active Families under 5 is funded and DHB has received additional funding from MoH Majority of referrals are to Active Families which has 80% of children increasing healthy eating and activity. 	July 2017 Māori Health Targets - 6 monthly to the Board							
New actions	 Support screening in maternal programme, Well Child/Tamariki Ora and B4 School Checks 	 Support training for health professionals completing screening - maternal, Well Child/Tamariki Ora and B4 School Checks. 	 Completed WellChild/Plunket Health First Foods training, B4 School Check Conversation Tool training 	Annually until 2020							

15.1

and Stakeholders		
 Provide whānau based programmes to support lifestyle changes which support healthy weight i.e. Active Families Support referrals to programmes via a range of pathways Develop a clinical pathway from well child/primary care to secondary services Support child health workforce, to deliver healthy conversations 	 Contract community providers to take referrals for whānau with an overweight child (3-12 years) Clinical pathway developed with key stakeholders- whānau, parents, children and health professionals Healthy Conversation training delivered 	 Active Families – delivered by Iron Māori and Sport HB. New contracts in place from Oct 2017. Clinical pathway for B4 School Check complete. Working with diabetes pathway Training in healthy conversation completed in 2016. Delivered the Healthy Food conversation tool 2017. Complete. 8 year old measure includes a referral pathway to support whānau with children identified as obese. This includes clinical and family support.

Objective 4: Provide leadership in healthy eating

Indicator 4a: Monitor the implementation of the HB DHB Healthy Eating policy

Indicator 4b: Engage support from key partners

What the data shows

Hawke's Bay District Health Board policy has been updated and aligns with MoH guidelines and an implementation plan is in place, endorsed by EMT June 2016. Auckland University review of the policy has HBDHB ranked 3rd most effective policy for DHBs. Healthy Weight Strategy have been presented to the Intersectorial Forum, Napier and Hastings Councils, MoE East Coast, Priority Population Committee (Health HB) and internally across the DHB. Intersector Group has been established

Activities a	and Stakeholders			
	What	How	Progress	When
Current activity	 Share information, evidence and best practice and healthy weight data with key community partners Show leadership by establish the HBDHB Healthy Eating Policy and implementing the Healthy @ Work work plan 	 Regular updates provided via Maternal, Well Child/Tamariki Ora and B4 School Check forums. Regular meetings with community providers Review and monitor the HBDHB Healthy Eating Policy and support the implementation of the Health @ Work work plan 	 Strategy and Best Start Plan shared with - Sport HB, Mananui, Napier and Hastings Councils, HB Community Fitness Centre Trust, DHB staff and placed on DHB website. Communication Plan developed to increase awareness Policy complete 	July 2017
New actions	 Lead an equity focus by applying an equity lens to review this plan and delivered activity Lead messaging and delivery to reduce sugar intake Align HBDHB Healthy Eating Policy with national food and beverage guidelines 	 Equity assessment written and finding used to refine this plan to improve response to equity Cross-sector activity includes a sugar reduction focus Framework/process implemented for cross-sector approach and inter- agency activity reported 	 All contracts have targets for Māori and Pasifika, resources are tested with Māori and Pasifika whānau and equity lens was applied to funding. Water only and healthy food has been delivered in event planning, Pasifika churches, workplaces and education. Shared Healthy Eating Strategy with Intersectorial Forum – Intersector Group 	Ongoing until 2020

Activities and Stakeholders		
 Develop a process for a cross-sector approach to support healthy eating environments Influence key service delivery stakeholders to maintain best practise and consistent messaging Continue engagement with community particularly key influencers for Māori and Pasifika i.e. marae and church leaders 	 Hauora, general practice, LMCs, contracted community providers provide national messages consistently to whānau, community and their workplace Key activities Waitangi Day celebrations - policy/guidance document development Ngāti Kahungunu Iwi Incorporated and engagement with Pasifika church leaders 	 establish and setting out leadership activities Messaging is "water is the best drink" and promoting the MoH Nutrition Guidelines We have worked with the Te Matatini steering group and promoted water and healthy food choices (with a reduction in high fat, sugar and salt foods). The Healthy Events – Food guide material has been reviewed by Ngāti Kahungunu Iwi (events and comms staff), available on DHB website. Completed submissions and providing feedback on national work including Child Poverty and Child and Youth Wellbeing Strategy. Partner agencies have delivered policies – HDC has "no fizzy" at the venues, Sport HB is working clubs and code to implement "water is the best drink" and healthy food options.

Governance Report Overview

	Te Ara Whakawaiora - Smokefree
HAWKE'S BAY	For the attention of:
District Health Board Whakawāteatia	Māori Relationship Board, HB Clinical Council; HB Health
	Consumer Council and HBDHB Board
Document Owner	Andrew Phillips, Executive Director, Health Improvement and Equity
Document Author(s)	Johanna Wilson, Smokefree Programme Manager
Reviewed by	Shari Tidswell, Intersectoral Development Manager and Executive Management Team
Month/Year	October 2018
Purpose	To provide an overview of the six months implementation progress on the Smokefree plan for discussion.
Previous Consideration Discussions	Reported six monthly.
Summary	Smokefree
Cumury	95% of all patients who smoke and are seen by a health
	practitioner in public hospitals are offered brief advice and support to quit smoking.
	• HBDHB achieved 96.7% in Quarter 1. Health practitioners in secondary care continue to achieve the 95% target of all patients who smoke aged 15 years and over, are offered brief advice and offered support to stop smoking.
	90% of PHO enrolled patients who smoke have been offered help to quit by a health care practitioner in the last 15 months.
	Rates Ethnicity 30/09/2018 Total population 84.7% Asian 84.0%
	Māori 81.6%
	Other / Unknown 88.0% Pacific 80.8%
	• Health Hawke's Bay down 5.5% from this time last year. 13 of 25 practices decreased during the month. All ethnicities decreased. Māori and Pacific both decreased by 1.3 % compared to 0.4% for other.
	90% of pregnant women who identify as smokers upon registration with a Lead Maternity Carer are offered brief advice and support to quit smoking.
	 HBDHB achieved 90.5% with Māori achieving 94.4% in Quarter 1. LMCs and DHB midwives have received ABC Smokefree training and education with an emphasis on D – Documentation.

	We note data issues for the following:
	we note data issues for the following.
	90% of young pregnant Māori women were referred to cessation support.
	Data collection was based on all Māori women.
	• Data provided by the DHB employed midwives for the period 1 July–30 September 2018 identified 33 events, with 18 Māori women were smokers. Seventeen (94.4%) received smoking brief advice, fifteen, (88.2%) were offered support to quit smoking and seven (46.7%) were referred to cessation support services.
	95% of pregnant Māori women who are smokefree at 2 weeks postnatal.
	 Data collection is based on women smokefree status at discharge by DHB midwives. There is inadequate data available for pregnant Māori women who are smokefree at two weeks at this time and we will provide data in the next report.
Contribution to Goals	Improving health outcomes for pregnant women and their whānau.
and Strategic Implications	Health equity – smoking at time of registration and at two weeks postnatal is more common among Māori women.
	Transform and Sustain – increasing focus on prevention.
Impact on Reducing Inequities/Disparities	Directly aligned to addressing inequity for Māori women and their whānau.
Consumer Engagement	Not applicable.
Other Consultation /Involvement	Not applicable
Financial/Budget Impact	Not applicable
Timing Issues	Not applicable
Announcements/ Communications	Not applicable

That the Maori Relationship Board, HB Clinical Council, HB Health Consumer Council and HBDHB Board:

1. Note the content of the report



Te Ara Whakawaiora - Smokefree

Author: Johanna Wilson	
Designation:	Smokefree Programme Manager
Date:	October 2018

OVERVIEW

Following concerns from the National Māori General Managers (Tumu Whakarae) about the slow pace of progress on some indicators in reducing health disparities for Māori, the Hawke's Bay DHB Executive Management Team (EMT) decided to establish a championship role in 2013 for each of the indicators to spur faster traction on implementation. The Champions were tasked to provide the Board with six monthly Te Ara Whakawaiora (TAW) exceptions based report drawn from AMHP quarterly reporting highlighting the implementation progress on these indicators along with recommendations for improvement towards achievement of the annual targets and reducing health disparities. This report is from Kevin Snee, Champion for Smokefree Indicator.

MĀORI HEALTH PLAN INDICATOR: Smokefree

- 95% of all patients who smoke and are seen by a health practitioner in public hospitals are offered brief advice and support to quit smoking
- 90% of PHO enrolled patients who smoke have been offered help to quit by a health care practitioner in the last 15 months
- 90% of pregnant women who identify as smokers upon registration with a Lead Maternity Carer are offered brief advice and support to quit smoking
- 90% of young pregnant Maori women are referred to cessation support
- 95% of pregnant Māori women who are smokefree at 2 weeks postnatal

WHY ARE THESE INDICATORS IMPORTANT?

80% of smokers want to quit and there are immediate and long-term health benefits for those who do. The risk of premature death from smoking decreases soon after someone quits smoking and continues to do so for at least 10 to 15 years. These are interventions that can be routinely provided in both primary and secondary care.

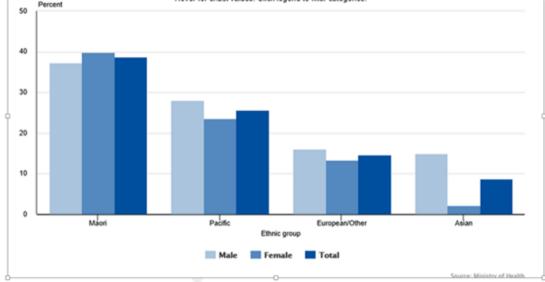


Figure 1: Proportion of population who currently smoke tobacco

Source: Statistics New Zealand, Ministry of Health

As shown in the National Health Survey (Figure 1), the rates of tobacco smoking are higher among Māori than non-Māori with highest rates of smoking among Māori women (36.5%). This smoking behaviour among women continues even when they are pregnant. While rates of tobacco use have declined over the years, the rates for Māori are not declining fast enough to reach equity levels let alone meeting the national 2025 smokefree target of less than 5%¹.

CHAMPION'S REVIEW OF ACTIVITY THAT WAS PLANNED TO SUPPORT THESE INDICATORS

95% of all patients who smoke and are seen by a health practitioner in public hospitals are offered brief advice and support to quit smoking

Table 1. Quarter 1 (1 July-	30 September 201	o) percentage of	beoble wito tece	ive shloking bhe	auvice and support
	Events Coded	No. of people who	No. of people given	Smoking rate	% of people who
		smoke	advice /support		smoke given advice
					/support
ALL	8861	1649	1594	18.6%	96.7%
Māori	2212	843	818	38.1%	97.0%
Pacific	307	64	61	20.8%	95.3%

Table 1: Quarter 1 (1 July-30 September 2018) percentage of people who receive smoking brief advice and support

Health professionals in the secondary care settings have continued to achieve the 95% target of all patients who smoke aged 15 years and over, are offered brief advice and help to stop smoking.

The DHB Smokefree Team includes a Smokefree Liaison Nurse whose primary role is to support health professionals and clinicians to offer brief advice and support to quit smoking. This involves smokefree education and training to new staff, regularly meeting with clinical lead managers and liaising with pharmacy and other health services i.e. DHB coding staff for accuracy in smoking brief advice and cessation support documentation.

¹ Regional Tobacco Strategy for Hawke's Bay update, 2015 – 2020 presented at the MRB, HB Clinical and HB Health Consumer Council, November 2016, update.

90% of PHO enrolled patients who smoke have been offered help to quit by a health care practitioner in the last 15 months

		Target	Total	Māori	Pacific	Other
	Q1	90%	84.7%	81.6%	80.8%	88.0%
2018/19	Q2					
2010/19	Q3					
	Q4					

As at 30 June 2018 Health Hawke's Bay had a smoking brief advice coverage of 89.1% (Data Source: Karo Management). Twelve practices met the 90% target and nine practices were within 10% of the 90% target.

During the first quarter (1 July–30 September 2018) Health Hawke's Bay have reviewed and restructured its health services to include a new Clinical Performance and Support Lead who commences in November. Through this time of readjustment, the primary care better help for smokers to quit health target has decreased 5.5% from this time last year. All ethinicities have decreased. Māori and Pacific have both decreased by 1.3% and 13 of 25 practices have also decreased.

Health Hawke's Bay will continue to provide a twenty hour a week clinician to contact eligible people for updating records, brief advice and cessation support with a focus on high needs population. This includes after hours and weekend calling to people who cannot be contacted during normal working hours.

90% of pregnant women who identify as smokers upon registration with a Lead Maternity Carer are offered brief advice and support to quit smoking

Whole of DHB

Number of events (a)	Number of Smokers	Brief advice given	Offered cessation support	Referred to cessation support	Smokers' gestation (weeks) (b)	% offered brief advice	% offered advice and support to quit	% accepted cessation support	Smoking prevalence (c)
46	21	19	16	7	16.6	90.5%	84.2%	43.8%	45.7%

Māori

Number of events	Number of Smokers	Brief advice given	Offered cessation support	Referred to cessation support	Smokers' gestation (weeks)	% offered brief advice	% offered advice and support to quit	% accepted cessation support	Smoking prevalence
33	18	17	15	7	16.6	94.4%	88.2%	46.7%	54.5%

(a) Number of events: number of pregnancies

(b) Smokers gestation: average for all events (pregnancies) included in the table

(c) Smoking prevalence is for the pregnancies that their data is included here

HBDHB continues to provide smokefree training for LMCs and midwives during education and study days, the importance of capturing ABC and D (documentation).

The HBDHB Smokefree Service developed a project plan and a three month pilot in Wairoa called CO-free Homes. All midwives (5) in Wairoa have received the Maternity Smokerlyzer and training to complete the following tasks:

- CO readings of all pregnant women (smokers and non-smokers)
- Smokefree conversations with smokers
- Referrals to the Wahine Hapu Increasing Smokefree Pregnancy Programme (ISPP).

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This pilot is from 1 September to 30 November. Regular meetings with the midwives during this period to assess progress and iron out any problems prior to an evaluation of the pilot in December. It is our intention to then roll-out a further 10 Maternity Smokerlyzers to LMCs and midwives working in Napier and Hastings with high Māori women case load from February 2019. To date there has been an increase in Wahine Hapu referrals in Wairoa.

90% of young pregnant Māori women are referred to cessation support

The communities where young Māori women live, socialise and belong is also the community in which they learn to smoke, keep smoking and try to quit. The relationships young Māori women have with their whānau and friends influence their smoking. Smoking can be a big part of a young woman's life as many of her whānau, friends, school mates, workplace and social circles smoke. In many instances young Māori women start smoking because their whānau and friends smoke and when socialising, the smoking increases as the two often go together.

In June 2018, HBDHB and Choices Kahungunu Health Services made adjustments to the Wahine Hapu ISPP (the programme) to align with the stop smoking services reporting template to the Ministry of Health and the challenges experienced by the Stop Smoking Practitioners and their clients. The programme includes the following:

- 8 week programme
- Carbon Monoxide testing at the initial assessment then 1, 2, 4, 8 weeks (5 readings documented)
- \$50.00 grocery voucher at weeks 1 and 8. The grocery voucher at week 1 will be banked and given at week 8, making this a total of \$100.00. NB: if the client is not smokefree at week 2 then the grocery voucher will be forfeited
- Nappies will also be provided at 1, 2, 4, 8 weeks
- \$30.00 grocery vouchers at 1, 2, 4, 8 weeks are offered to whanau members who live in the same household or are regular visitors

To date, we have seen an increase in referrals to the programme, with wahine hapu completing the programme.

The following data does not distinguish between young pregnant Māori women and others.

Wahine Hapu ISPP referrals from 1 January to 31 July 2018

Total referrals	185	NZ Māori	NZ European	Pacific	Other				
Ante Natal referrals	144	97	41	4	3				
Post Natal referrals	15	9	5	1					
Whānau	26	10	12	3					

Wairoa Wahine Hapu ISPP referrals from 1 January to 31 July 2018

Total referrals	26	NZ Māori	NZ European	Pacific	Other
Ante Natal referrals	16	14	2	0	0
Post Natal referrals	3	3	0	0	0
Whānau	7	6	1	0	0

95% of pregnant Māori women who are smokefree at 2 weeks postnatal

There is inadequate data available for pregnant Māori women who are smokefree at two weeks at this time and we will provide data in the next report.

CHAMPION'S REPORT: ACTIVITIES THAT WILL OCCUR TO INCREASE PERFORMANCE OF THIS INDICATOR

Hospital Smokefree Target

- 1. The DHB Smokefree Team will continue to provide smokefree education sessions for all staff as required.
- Clinical staff continue to be encouraged to complete the MoH online e-learning tool 'Helping People Stop Smoking' every three years and complete the Nicotine Replacement Therapy Module via Ko Awatea. It is important for all clinical staff to review and receive up-to-date knowledge of smokefree to improve practice and increase confidence with cessation.
- 3. The Smokefree Team will continue to triage all hospital patients who smoke and want help to quit smoking.

Primary Health Organisation Smokefree Target

- 1. All clinical staff in GP practices continue to be encouraged to complete the MoH online e-learning tool 'Helping People Stop Smoking' and complete a refresher every three years.
- 2. The Smokefree Team will continue to provide Wāhine Hapū ISPP and The Top Five to help my baby thrive resources and Te Haa Matea business cards to all GP practices.
- 3. The Smokefree team will meet with GP Smokefree Champions in the next quarter to evaluate the use of smokefree resources in practices.

Maternity Smokefree Target

- 1. CO-free Homes pilot in Wairoa will be completed at the end of November. Meetings with the Wairoa Maternity services continue to progress the pilot. An evaluation of the pilot will be completed mid-December for extending out to the rest of Hawke's Bay by February 2019.
- The Smokefree Team has completed an audit on the unknown categories of the Women Smokefree status at Booking and Discharge by LMC to identify smokefree missed opportunities. The Maternal and Child Health Smokefree Coordinator will make recommendations to address outstanding issues.
- 3. The Wahine Hapu ISPP has been reviewed and changes made to increase referrals to the programme.
- 4. The Smokefree Team will develop a programme in schools and alternative education to support young Māori women to stay smokefree.

NEXT STEPS

- 1. Smokefree Team to evaluate the CO-free Homes project to extend to rest of Hawke's Bay.
- 2. Link in with the new Whanake te Kuri Pregnancy and Parenting Education and Information Programme, providing a referral pathway to the Wāhine Hapū Programme.
- 3. Identify all ante-natal programmes offered in Hawke's Bay to provide a referral pathway to the Wāhine Hapū Programme.

Key Recommendation	Description	Responsible	Timeframe
Ante-natal programmes in Hawke's Bay	 Link in with the new Whanake Te Kuri – Pregnancy and Parenting Education and Information Programme providing Wāhine Hapū resources and Te Haa Matea business cards and a referral pathway to the Wāhine Hapū programme. Identify all Ante-natal programmes 	Johanna Wilson/ Smokefree Team	October 2018 – On Target
	in Hawke's Bay providing Wāhine Hapū resources and Te Haa Matea business cards and a referral pathway to the Wāhine Hapū programme		
Audit patient files	Select a number of 'Unknown' patient files to determine missed opportunity		

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	for Smoking Brief Advice from Quarter 3 data (1 January – 31 March) - Women Smokefree Status at Booking and Discharge by LMC data.	Johanna Wilson/ Smokefree/ Maternity Services/ Medical Records	October 2018 – On Target
Review / evaluate the Wāhine Hapū (Increasing Smokefree Pregnancy Programme)	Conduct an internal review of the Wāhine Hapū programme and action the recommendations.	Johanna Wilson/ Smokefree Team/ Choices Kahungunu Health Services	September 2018 - Completed
Equip LMCs the Maternity Smokerlyzer (Carbon Monoxide Monitor)	 Meet with Maternity Services Develop Logic Model Identify smoking status of all pregnant women at booking Promote Wāhine Hapū (Increasing Smokefree Pregnancy Programme) to increase referrals to be smokefree 	Johanna Wilson/ Smokefree Team/ Maternity Team	November 2018 – On Target

It is recommended that the Māori Relationship Board, HB Clinical Council, HB Health Consumer Council and HBDHB Board:

Note the content of the report.

	Te Ara Whakawaiora (TAW): Access (Ambulatory Sensitive Hospitalisations) (ASH) Rates 0-4 & 45-64 years	
HAWKE'S BAY District Health Board Whakawāteatia	For the attention of: Executive Management Team; Māori Relationship Board; Clinical Council; Consumer Council; and, HBDHB Board	
Document Owner	Dr Mark Peterson, Chief Medical Officer - Primary	
Document Author(s)	Jill Garrett, Senior Commissioning Manager, Primary Care Directorate Marie Beattie, Planning and Commissioning Manager, Primary Care Directorate	
Reviewed by	Patrick Le Geyt, GM Māori - Māori Health; Chris Ash, Executive Director Primary Care and the Executive Management Team	
Month/Year	November 2018	
Purpose	Provide a quarterly update on progress against data and activities identified within the System Level Measures (SLM) Improvement plan that relate to ASH rates for 0-4 yrs and 45-64	
Previous Consideration Discussions	The TAW access report to have quarterly updates rather than 6 monthly as had been previously	
Summary Comments	 ASH rates 0-4: Data: No improvement over baseline in headline indicator. No improvement across all ethnicities in the contributory measures Activities: Activities aligned to this indicator are in their initial stages or are about to begin. Some temporary activities were in place over winter to assess the resource demand and scope feasibility and sustainability. 	
	 ASH 45-64: Data: Improvement over base line in headline indicator. No shift in contributory measures indicators to date. Activities: Majority of activities aligned to this indicator are underway. Good progress being made in the area of readmissions, and engAGE extension to the rurals. Too early to be seeing a shift in data in the contributory measures as a result. Teams working closely with business intelligence to ensure uniform and robust data in place for these indicators. 	
	Progress on previous recommendations 45-64 Ompleted or on track for completion	
Contribution to Goals and Strategic Implications	Focus is on Improving Health and Equity for Māori	
Impact on Reducing Inequities/Disparities	Directly aligned to addressing inequity between Māori and Other	
Consumer Engagement	(Forms part of each work stream)	

Other Consultation /Involvement	Not applicable for this report	
Financial/Budget Impact	Not applicable for this report	
Timing Issues	Not applicable	
Announcements/ Communications	None	

That the Maori Relationship Board; HB Clinical Council; HB Health Consumer Council; and HBDHB Board:

1. Note the content of the report and progress against recommendations.



Te Ara Whakawaiora: Access (Ambulatory Sensitive Hospitalisations (ASH) Rates 0-4 & 45-64 years)

Summary: Below is a summary of the current data and activities within the System Level Measure improvement plan relating to ASH 0-4 and 45-64yrs.

ASH 0-4yrs

1. Keeping Children Out of Hospital

Headline Measure 1	ASH 0-4 years					
Milestone	20% reduction in the inequity gap over 5 years will eliminate inequity. This equates to 19 children per year = Maori 6,320					
	Base line	Quarter 1	Quarter 2	Quarter 3	Quarter 4	
Māori	6,693	7,490				
Pasifika	10,000	12,535				
Other	4,824	5,498				
Total	6,000	6,843				
Equity Gap - Māori and Other	-1,869	-1,992	0	0	0	
Contributory Measure: 1.1	Reduced ASH 0-4 yrs due to Dental					
Aim	20% reduction in the inequity gap over 5 years will eliminate inequity. This equates to 5 children per year = Maori ≤784					
	Base line	Quarter 1	Quarter 2	Quarter 3	Quarter 4	
Māori	882	1,096				
Pasifika	556	1,408				
Other	390	461				
Equity Gap - Māori and Other	-492	-635	0	0	0	
Contributory Measure: 1.2	Decreased	hospitalisation	s (Māori and P	asifika) due to	Respiratory	
Aim	20% reduction in the inequity gap over 5 years will eliminate inequity. This equates to Maori ≤3404					
	Base line	Quarter 1	Quarter 2	Quarter 3	Quarter 4	
Māori	3,625	4,243				
Pasifika	-	7,605				
Other		2,749				
Equity Gap - Māori and Other		-1,494	0	0	0	

Summary Comments:

There has been a deterioration in the equity gap overall for ASH and across all ethnicities. Dental results have increased on baseline which may be an indicator of heightened screening and awareness as the lift the lip initiative is about to begin and awareness has been raised. Respiratory data reflects similar trends.

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Activities:

1.Keeping Children Out of Hospital	ASH 0-4 years		Activities Plan Progress Green, Amber, Red
Activities	LEAD	Contributory	Narrative by Leads
		Measure 1.1	Quarter 1
Develop a pathway for community oral health service referrals to secondary care to ensure the child's appropriate primary care practitioner is informed of the child's health status.	Susan Barnes	ASH relating to Dental	A named dental therapist, supported by a dental assistant has been identified to lead a specific workstream as part of the over arching 0-5 year old Dental Equity Project, to develop a care & support package for all children & their families/whanau who have been referred for treatment under general anaesthetic. This package will include notifying the families GP/primary care provider.
Pilot General Practice 'Lift the Lip' at 15-month Immunisation Visit.	Primary Care Innovation Lead		Delayed start as awaiting the arrival of the Clinical Programme and Support Lead in November
Activities	LEAD	Contributory	Narrative by Leads
Activities		Measure 1.2	Quarter 1
Develop a respiratory pathway to standardise follow up of tamariki, post admission, by general practice	Charrissa Keenan		Temporary measures were implemented over the winter months this year to ensure follow-up and support to Tamariki 0-4 and their whanau who were admitted to hospital as a result of a respiratory illness.
Provide community based respiratory support for targeted tamariki and their whānau during peak winter months	Charrissa Keenan	ASH relating to Respiratory	In response, a scoping exercise is being undertaken to ascertain the feasibility and sustainability of these measures within current resourcing. The model, yet to be decided will provide support and education for 0-4 year olds and their whanau to improve understanding of the illnesses and actions to mitigate readmissions and remain well.
Work with the Child Health Team to distribute the skin care resource to early childhood centres, Kohanga Reo and Punanga Reo/language nests, taking a population health approach to promotion and socialisation of the resource.	Liz Read		Te Reo and Samoan translation of the resource completed. Resource will be promoted at Early Childhood Education/Te Kohanga Reo/Te Punavai hauora hui at Pukemokimoki Marae early November

Summary Comments:

Temporary measures were implemented and as a result of responses to those in regard to respiratory a scoping exercise is being undertaken to ascertain the feasibility and sustainability of these measures. Addressing respiratory wellness from a whanau vs individual perspective across the age bands is forming the thinking around contract reconfiguration and service design modelling. This is underway.

ASH 45-64 yrs

2. Using Health Services Effectively					
Headline Measure 2	Acute Hospital Bed Days				
Milestone	20% reduction in the inequity gap over 5 years will eliminate inequity. This equates to 1712 beds p.a. or 33 beds per week (Target = Maori ≤530)				
	Base line	Quarter 1	Quarter 2	Quarter 3	Quarter 4
Māori	570	588			
Pasifika		494			
Other	336	364			
Total	378	407			
Equity Gap - Māori and Other	-234	-224			
Contributory Measure: 2.1	ASH rates 45-64				
Aim	20% reduction in the inequity gap over 5 years will eliminate inequity. This equates to 75 admissions p.a. = Maori ≤7159				
	Base line	Quarter 1	Quarter 2	Quarter 3	Quarter 4
Māori	8,092	8,302			
Pasifika		7,954			
Other	3,404	3,435			
Total	4,370	4,414			
Equity Gap - Māori and Other	-4,688	-4,867	0	0	0
Contributory Measure: 2.2		Acute readmi	ssions to hosp	ital - Diabetes	
Aim	Establisin	g Baseline ind	ictor with Busi	iness intellieg	ence team
	Base line	Quarter 1	Quarter 2	Quarter 3	Quarter 4
Indicative base line only	12.5%				
Contributory Measure: 2.3	In patient average length of stay				
Aim		1	o achieve ≤ 2.	3	
	Base line	Quarter 1	Quarter 2	Quarter 3	Quarter 4
Quarter 3 2017	2.39	2.4			

Summary Comments:

Small reduction in the equity gap in the headline indicator. Quarter 1 results will show little shift for the contributory measures as activities for aligned to these are only in their early phases of implementation. Focus on the actual reduction number p.a. quantifies for sector leads the size of the task to make an impact on this measure. This make the work that sits under the measure more tangible.

Activities:

	Headline I	Vleasure	
2. Using Health Services Effectively	Acute Hosp. B	Bed Days Per	Activities Plan Progress Green,
2. Using nearth services Enectively	Сар	ita	Amber, Red
Activities	LEAD	Contributory Measure	Narrative by Leads
Activities		2.1	Quarter 1
Identify through the Whānau Wellness Resource Programme, those at risk of respiratory issues / concerns and actively screen through the respiratory programme.	Programme Delivery Lead		Work has commenced but will become more evident inthis in the October quarter as we have a full compliment of staff.
Evaluate the effectiveness of the High needs enrolment programme and work with NGOs, Maori health providers, secondary services, and other stakeholders to increase the understanding, uptake and effectiveness of the high needs enrolment programme.	Clinical Support and Performance Lead		Delays dues to waiting new Clinical Performance and Support person to start.
Work with general practice and Hastings Hospital staff to promote and encourage increased use of the Hospital Discharge Programme with a particular emphasis on admissions associated with Diabetes, Respiratory and Cardiac Disease.	Programme delivery Lead	ASH 45-64yrs	Work has commenced but will become more evident in the October quarter as we have a full compliment of staff.
Work with general practice to investigate the feasibility of undertaking different models of patient care with the view of increasing capacity.	Group Manager - Health Services and innovation		Work has commenced but awaiting arrival of Group Manager - Health Services and innovation.
Health Hawke's Bay to review the new urgent care model.	Group Manager - Corporate Services		Met, completed submitted to committees at HHB and UC Governance Group - for further discussion.
Scope extension of the Co-ordinated Primary Care Options (CPO)	Jill Garrett		Proposal to proceed to business case approved by EMT
		Contributory Measure	Narrative by Leads
		2.2	Quarter 1
Eaxamine readmission rates in relation to diabetes, trageting those with 1-3 readmissions and work up a plan to address	Wietske Cloo	Acute Readmission rates	Working group has formed- Tackling Readmissions rates. Multidisciplinary and cross sector. Action plan (3 areas) to be developed end Nov
		Contributory Measure	Narrative by Leads
		2.3	Quarter 1
Increase utilisation of intermediate care beds by reviewing acceptance criteria.	Allison Stevenson		Work is commencing in this area and extending engage to the rural areas has also commenced
Introduce Geriatric Evaluation and Monitoring (GEM) beds in the AT&R to expediate the acute hospital journey for frail and older people	Nikki Ryniker-Doull	In patient average length of stay for acute admissions	AMBER – this work has progressed and patients are being brought directly from ED/AAU under the GEM pathway. The pathway is currently in draft and we are working with the relevant parties to ensure the patients are safely managed under GEM.

Summary comments:

Good progress in the majority of activities aligned to this indicator. Collaboration across the five top medical long term conditions areas to address care coordination and transitions of care well underway. Work in the health of older person, extending engAGE to the Rurals on track.

Status of Recommendations (45-65 yrs)

	Key Recommendation	Implementation lead	Champion(s)	Time Frame	Status
1.	Clinical pathways become part of business as usual supported by a sustainable funding resource.	Strategic Services Manager Primary Care LTC Portfolio Manager	CMO Primary CMO Secondary	Dec 2018	Paper going to EMT and Clinical Council proposing local solution to pathways
3.	In relation to Cardiac/ Respiratory & Renal/ Diabetes Service plans include: • Workforce development • Care coordination • Transition of care	Head of Planning Strategic Services Manager Primary Care LTC Portfolio Manager	Directorate Leads Chief Nursing and Midwifery Officer	Dec 2018	Completed See item 8
4.	Enhance use of CNS/NP in specific LTC, evidenced by the outcomes achieved to date by Diabetes and Respiratory CNS workforce and engagement with primary care	Directorate leads	Chief Nursing & Midwifery Officer	On-going	Completed See item 8
5.	Increase the weighting that is applied to <u>health award</u> <u>applications</u> in relation to equity.	Clinical Council	ED Equity and Health Improvement	July 2018	Deferred by coms till 2019 round
6	Retain ASH 45-65 as contributory measure with activities to address within the SLM Improvement Plan	Medical Directorate Leads Portfolio Manager – Integration Innovation and Dev Mgr PHO	Exec. Director Primary Care	Quarterly	In place
7	Present CPO scoping paper to committees and support a focus on addressing equity as the top line priority.	Emergency Department and Medical Directorate Leads Snr. Commissioning Mgr. Innovation and Development Manager - PHO	Exec. Director Primary Care	December 2018	Scoping paper completed. Service redesign and business case to be developed for budget round 2019
8	LTC Framework implementation plan to include formalised use of medical directorate clinical leads to influence activities directly relating to reducing ASH	Medical Directorate Leads Portfolio Manager – Integration Innovation and Dev Mgr PHO	Mark Peterson, CMO Primary	On confirmation into roles (Sept 2018)	LTC cross sector group established. , Action plan stage to address readmission rates top 5 LTC.

RECOMMENDATION:

It is recommended that Māori Relationship Board; HB Clinical Council; HB Consumer Health Council; and the HBDHB Board:

1. Note the content of the report

	HBDHB Performance Framework Exceptions Report Quarter 1 2018/19
HAWKE'S BAY District Health Board Whakawāteatia	For the attention of: Māori Relationship Board, Pasifika Health Leadership Group and HBDHB Board
Document Owner	Chris Ash, Executive Director of Primary Care Directorate
Document Author(s)	Peter Mackenzie, Business Intelligence Analyst
Reviewed by	Executive Management Team
Month/Year	November, 2018
Purpose	Monitoring
Previous Consideration Discussions	N/A
Summary	Areas of Success: HPV Vaccination Areas of Progress: DNA Rates, LMC Booking by Week 12 Areas of Focus: Shorter Stays in ED, Breastfeeding at 3 months
Contribution to Goals and Strategic Implications	Ensuring the DHB meets/improves performance for our Ministry of Health key performance indicators and local measures outlined in the DHB Annual plan.
Impact on Reducing Inequities/Disparities	This report highlights areas of inequity, comments are provided in relation to programs of work that are underway/planned in order to positively affect equity gaps.
Consumer Engagement	N/A
Other Consultation /Involvement	Comments are supplied from various staff members throughout the DHB including service directors or their delegate, program Leaders and the PHO
Financial/Budget Impact	NA
Timing Issues	NA
Announcements/ Communications	NA
RECOMMENDATION:	1

Governance Report Overview

It is recommended that the Māori Relationship Board, Pasifika Health Leadership Group and HBDHB Board:

1. **Note** the contents of this report



HBDHB PERFORMANCE FRAMEWORK Quarter 4 2017/18

Author:	Peter Mackenzie
Designation:	Business Intelligence Analyst
Date:	August 2018

OVERVIEW

The purpose of this paper is to provide the Board with exception reporting on the Hawke's Bay District Health Board's performance on the Statement of Intent (SOI) and the District Annual Plan (DAP).

As this report ends 30th September 2018, the results in some instances may vary to those presented in other reports.

BACKGROUND

The National Health Board (NHB) facilitates DHB performance planning and monitoring within the Ministry of Health. DHB non-financial monitoring arrangements operate within wider DHB accountability arrangements including legislative requirements, obligations formalised via Crown Funding Agreements and other contractual requirements, along with formal planning documents agreed with the Minister of Health/Minister of Finance.

ANNUAL PLAN (AP) 2018/2019

The AP is a statutory requirement that includes the key actions and outputs the DHB will deliver in order to meet Government priorities and Health targets. Through the AP, the DHB has formally agreed to deliver on the performance expectations associated with the measures in the NHB-mandated monitoring framework.

STATEMENT OF PERFORMANCE EXPECTATIONS (SPE) 2018/19

The SPE is produced annually within the context of the four-year Statement of Intent (SOI) 2016-19. The SPE informs the House of Representatives of the performance expectations agreed between a Minister and a Crown Entity. Formal agreement is gained annually through the AP process and actual performance is assessed and reported through the audited HBDHB Annual Report.

HAWKE'S BAY DISTRICT HEALTH BOARD (HBDHB) PERFORMANCE FRAMEWORK

The four dimensions of the non-financial monitoring framework, which was developed by the Ministry as a mandatory framework, will reflect DHB's functions as owners, funders and providers of health and disability services.

The 4 dimensions of DHB performance are:

- Achieving Government's priorities and targets (Policy priorities)
- Meeting service coverage requirements and supporting sector interconnectedness (System Integration)
- Providing quality services efficiently (Ownership/Provider Arm)
- Purchasing the right mix and level of services within acceptable financial performance (Outputs/service performance)

MINISTRY OF HEALTH ASSESSMENT CRITERION

Progress towards ea	ach target	or measure will be assessed using the following criterion:
Rating	Abbrev	Criterion
Outstanding performer/sector leader	0	 Applied in the fourth quarter only – this rating indicates that the DHB achieved a level of performance considerably better than the agreed DHB and/or sector expectations.
Achieved	A	 Deliverable demonstrates targets/expectations have been met in full. In the case of deliverables with multiple requirements, all requirements are met. Data, or a report confirming expectations have been met, has been provided through a mechanism outside the Quarterly Reporting process, and the assessor can confirm.
Partially achieved	P	 Target/expectation not fully met, but the resolution plan satisfies the assessor that the DHB is on to compliance. A deliverable has been received, but some clarification is required. In the case of deliverables with multi-requirements, where all requirements have not been met at least 50% of the requirements have been achieved.
Not achieved	Ν	 The deliverable is not met. There is no resolution plan if deliverable indicates non-compliance. A resolution plan is included, but it is significantly deficient. A report is provided, but it does not answer the criteria of the performance indicator. There are significant gaps in delivery. It cannot be confirmed that data or a report has been provided through channels other than the quarterly process.

KEY FOR DETAILED REPORT

Baseline	Latest available data for planning purpose
Target 2018/19	Target 2018/19
Actual to date	Actual to date
F (Favourable)	Actual to date is favourable to target
U (Unfavourable)	Actual to date is unfavourable to target
Trend direction	Performance is improving against the previous
	reporting period or baseline
Trend direction ▼	Performance is declining
Trend direction -	Performance is unchanged

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Rate of s29 orders per 100,000 population	
OUTPUT CLASS 4: Rehabilitation and Support Services Error! Bookmark not de	efined.
Better access to acute care for older people Error! Bookmark not d	efined.
RECOMMENDATION	30
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PERFORMANCE HIGHLIGHTS – TOTAL POPULATION

Achievements

- Health Target The DHB has remained favourable for the Raising Healthy Kids measure with a Total Rate of 99%, Māori at 100% and Pacific at 100% against a target of 95%.
- HPV Vaccination The DHB is favourable for eligible girls fully immunised with the HPV vaccine with a Total Rate of 75.7%, Māori at 84.9% and Pacific at 88.3% against a target of 75%.

Areas of Progress

- DNA Overall the DHB have remained favourable at 6.3% against a target of less than 7.5%. This quarter both Māori at 12.2% and Pacific at 12.2% are unfavourable to the target however they have both improved over the previous quarter (page 26)
- Women book with an LMC by week 12 of pregnancy The DHB overall result has improved from 57.9% in the previous quarter to 69.9% in the current quarter. There were also improvements for Māori from 50% to 57.9%.

Areas of Focus

We continue to focus our efforts in order to make gains with particular emphasis in the following areas:

- Health Target Shorter Stays in ED has declined from 91% in the previous quarter to 86% and remains unfavourable to the target of 95% (page 7)
- Breastfeeding at 3 months The DHB is unfavourable against the target of 70% with Total at 51.7% Māori at 35.6% and Pacific at 34.5%. Both Māori and Pacific have declined from the previous quarter (page 16).

PERFORMANCE HIGHLIGHTS – EQUITY

Achievements

- Immunisation HPV Vaccine The Māori rate is currently 85% and the Pacific rate is 88%, both are above to the Total rate of 76%.
- Mental Health Wait Times: Māori results for the Mental Health provider arm are 80% within 3 weeks and 94.6% within 8 weeks compared with Other ethnicities at 76% within 3 weeks and 91.8% within 8 weeks (page 27).

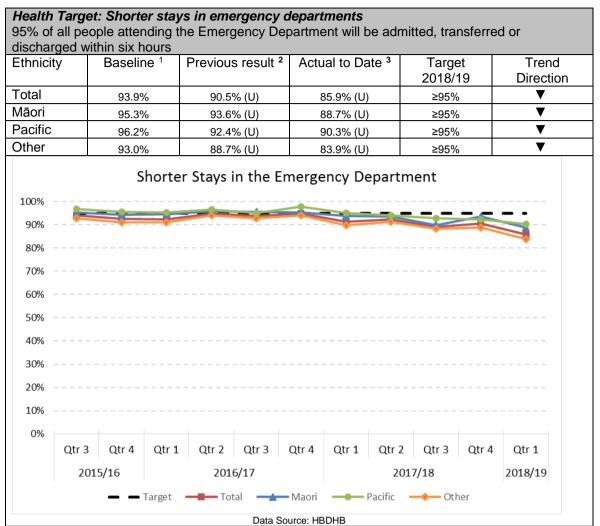
Areas of Progress

 Immunisation 4 year olds – Māori have improved this quarter from 89% to 92% compared with the total rate of 92% and the rate for Other ethnicities of 91%, all ethnicities are unfavourable to the target of 95% (page 14).

Areas of Focus

- DNA The result for Māori 12.2% and Pacific 12.2% are higher than the Other ethnicity at 4.1% (page 26)
- Rate of Section 29 orders per 100,000 population Māori Rates have improved slightly over the past 12 months from 398 to 385 (per 100,000) against the target of less than 375 however the Māori rates are 3 times higher than the non-Māori Rate 115 per 100,000 (page 29)

HEALTH TARGETS



Comments:

Results for all population groups have been worsening since mid-2017. Poor quarter 1 results are related mainly to inpatient acuity and length of stay along with influenza illness and higher than predicted staff sickness. ED was overcrowded with long delays for patients to be seen, then delays for them to have specialty reviews, including medical, surgical, mental health referrals. There has also been limited resources available to backfill RMO (resident medical officer) sick leave and ICU (intensive care unit) operating at or over capacity, leading to patients remaining in ED until ICU beds are available. Mitigation strategies include putting in place the introduction and reporting of Internal Professional Standards (IPS) and a review of data to identify pressure points either under or outside of ED control. There is ongoing focus by the ED SMO group, Duty Nurse Managers, Senior Nurses and Leadership team on ED length of stay and assessment and referral of patients. HBDHB has extended the hours of the "ORBIT" interdisciplinary team to provide 7 day week patient support and assessment 12 hours each day. Going forward there is the allocation of quality improvement team members to support the department to work through identified work stream to improve patient flow and management. HDBHD will be developing a response requirement for ED and specialty teams, identified by IPS. Over the next month work is being completed on the AAU Model of Carenow that pyhysicians have been recruited. We will complete a rapid cycle of change focusing on moving medical patients through more quickly.

¹ October to December 2017

² April to June 2018

³ July to September 2018

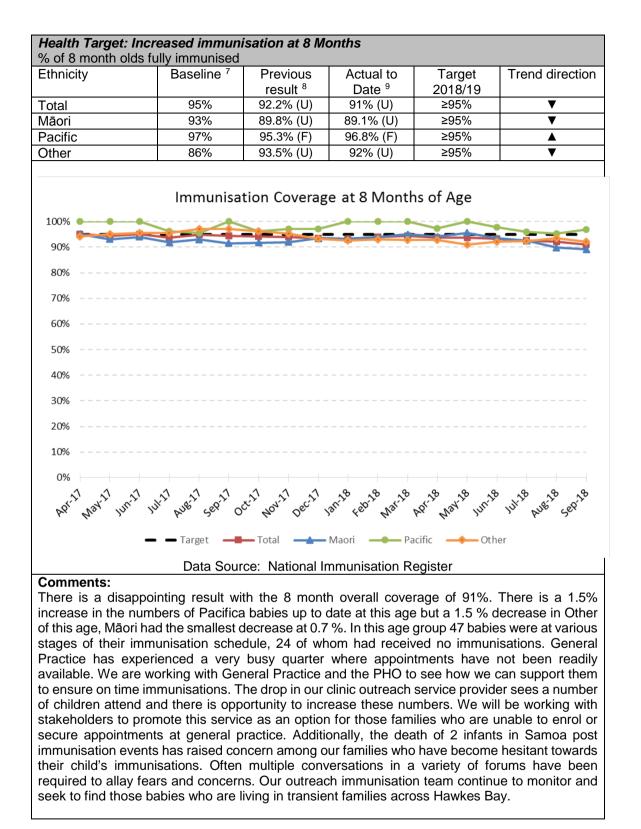
referred with a high suspicion of cancerKey PerformanceBaseline 4PreviousActual toTargetTrend						
Measures		result ⁵	Date 6	2018/19	direction	
Total						
Māori						
Pacific						
Other						

Comments:

^{4 6} months to December 2016

^{5 6} months to March 2018

^{6 6} months to June 2018



⁷ October to December 2017. Source: National Immunisation Register, MOH

⁸ April to June 2018. Source: National Immunisation Register, MOH

⁹ July to September 2018. Source: National Immunisation Register, MOH

Health Target: Better help for smokers to quit – Primary Care

% of PHO enrolled patients who smoke have been offered help to quit smoking by a health care practitioner in the last 15 months

Key Performance	Baseline 10	Previous	Actual to	Target	Trend
Measures		result 11	Date 12	2018/19	direction
Total					
Māori					
Pacific					
Other					

*Data has not been supplied by the ministry yet. Data and chart will be added in time for the board report

Comments:

^{10 15} months to December 2016. Source: DHB Shared Services

^{11 15} months to March 2018. Source: DHB Shared Services

^{12 15} months to June 2018. Source: DHB Shared Services

Health Target: Better help for smokers to quit – Maternity

% of pregnant women	who identify as	smokers upon	registration with	n a DHB-emplo	oyed midwife
or Lead Maternity Car	er are offered br	ief advice and	support to quit :	smoking	
Key Performance	Baseline 13	Previous	Actual to	Target	Trend
Measures		result 14	Date 15	2018/19	direction
Total					
Māori					

*Data has not been supplied by the ministry yet. Data and chart will be added in time for the board report

Comments:

Wahine Hapu - Increasing Smoke free Pregnancy Programme was reviewed in July 2018. Changes have been made as a result and this has translated into increased referrals to Te Haa Matea. DHB Smoke free Team attends peer support meetings with Te Haa Matea Stop Smoking Practitioners to discuss case studies and find shared solutions and streamline processes as required. Recommendations from the Maternal Incentives Programme have been implemented. The DHB is trialling using CO monitors for all pregnant women and their whanau. This will capture the impact of smoking and inefficient heating devices (unflued gas heaters, smoky fires). The aim is to start the conversation about Smoke free homes for healthy pēpi (and whanau). Referral to healthy homes can then be processed to address heating. If it works this will roll out to all midwives with high Māori caseloads.

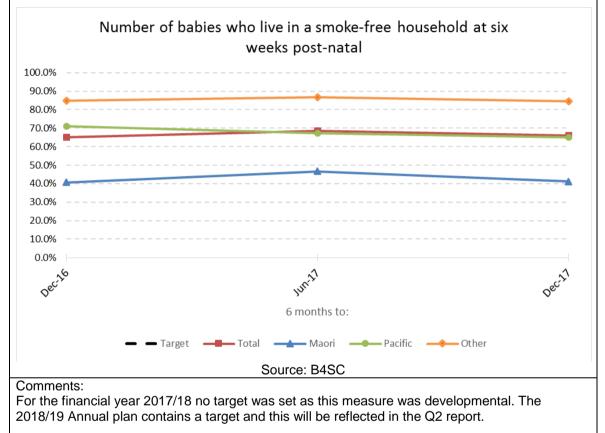
¹³ October to December 2016. Source: DHB Shared Services

¹⁴ January to March 2018. Source: DHB Shared Services

¹⁵ April to June 2018. Source: DHB Shared Services

OUTPUT CLASS 1: PREVENTION SERVICES

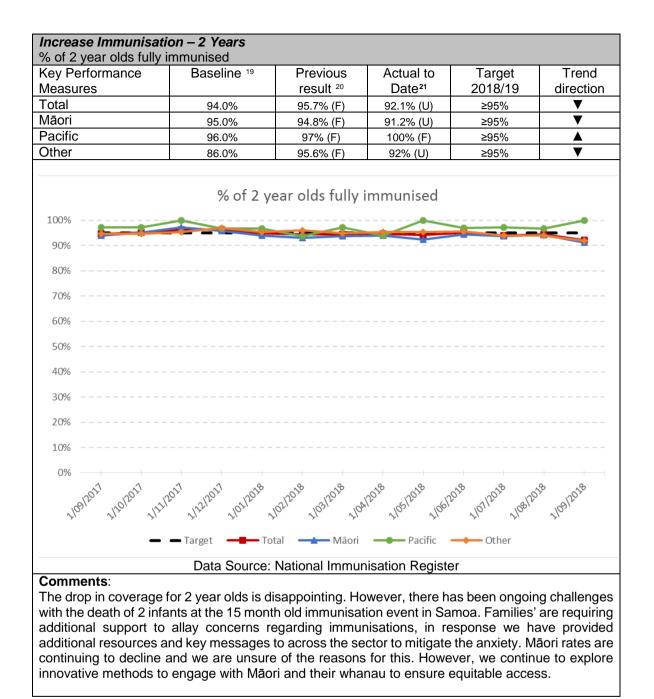
Better Help for Sm	okers to Quit – S	Smoke-free Ho	ıseholds		
Number of babies w	ho live in a smok	e-free househol	d at six weeks p	ost-natal	
Key Performance	Baseline 16	Previous	Actual to	Target	Trend
Measures		result 17	Date 18	2018/19	direction
Total	66.1%	68.4%	66.1%		▼
Māori	0.0%	46.6%	41.2%		•
Pacific	0.0%	67.3%	65%		▼
Other	0.0%	86.8%	84.4%		▼



^{16 6} months to December 2016. Source: B4SC

^{17 6} months to June 2017. Source: B4SC

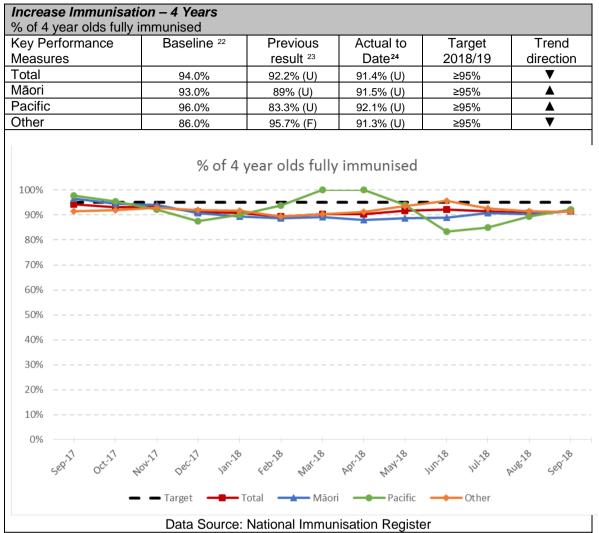
^{18 6} months to December 2017. Source: B4SC



¹⁹ October to December 2017 . Source: National Immunisation Register, MOH

²⁰ April to June 2018. Source: National Immunisation Register, MOH

²¹ July to September 2018. Source: National Immunisation Register, MOH



Comments:

HBDHB remain pleased with the 4 year old coverage with equity maintained. This cohort is the hardest to make progress with due to all the factors that have affected the younger age bands coverage but more so that we seem to have more children coming in from overseas needing catch up immunisations in this cohort. Although we try, capacity of our team is an issue and the focus remains on the 8 month and 2 year coverage first and foremost. We do have really good collaboration between B4SC and ourselves providing each other with details of children that we were unaware of within our area which helps eliminate children falling through the gaps.

²² October to December 2017 . Source: National Immunisation Register, MOH

²³ April to June 2018. Source: National Immunisation Register, MOH

²⁴ July to September 2018. Source: National Immunisation Register, MOH

on - Influenza				
munised – flu va	ccine			
Baseline ²⁵	Previous	Actual to	Target	Trend
	result ²⁶	Date ²⁷	2018/19	direction
59.1%	59.1% (U)	58.1% (U)	≥75%	▼
56.3%	56.3% (U)	53% (U)	≥75%	▼
51.5%	51.5% (U)	51.7% (U)	≥75%	
60%	60% (U)	59.4% (U)	≥75%	▼
	munised – flu va Baseline ²⁵ 59.1% 56.3% 51.5% 60%	munised – flu vaccine Baseline 25 Previous result 26 59.1% 59.1% (U) 56.3% (U) 51.5% (U) 51.5% 51.5% (U) 60% (U)	munised – flu vaccine Baseline 25 Previous result Actual to Date ²⁷ 59.1% 59.1% (U) 58.1% (U) 56.3% 56.3% (U) 53% (U) 51.5% 51.5% (U) 51.7% (U) 60% 60% (U) 59.4% (U)	munised – flu vaccine Baseline Previous result Actual to Date ²⁷ Target 2018/19 59.1% 59.1% (U) 58.1% (U) ≥75% 56.3% 56.3% (U) 51.7% (U) ≥75% 51.5% 51.5% (U) 51.7% (U) ≥75%

Comments:

Coverage for influenza immunisation has not improved over the previous year according to the coverage report on datamart, although the rate will be higher than this as immunisations given through occupational health providers are not on NIR. We have a large number of pharmacies vaccinating in HB which should be making access easier. We also have 2 Māori providers and 1 rural nurse led health centre with contracts providing influenza immunisation to the eligible population. Health HB have run their Whanau wellness programme again this year and the HBDHB immunisation team presented at these sessions and provided influenza immunization to those who wanted them.

^{25 6} months to September 2017 . Source: National Immunisation Register, MOH

^{26 6} months to September 2017. Source: National Immunisation Register, MOH 27 6 months to September 2018. Source: National Immunisation Register, MOH

stfeeding – 3 mo	onths			
exclusively or fully	/ breastfed at 3	8 months		
Baseline 28	Previous	Actual to	Target	Trend
	result 29	Date ³⁰	2018/19	direction
51.3%	51.3% (U)	51.7% (U)	≥70%	
41.0%	41% (U)	35.6% (U)	≥70%	▼
42.6%	42.6% (U)	34.5% (U)	≥70%	▼
-	-	-	≥70%	*
	Baseline ²⁸ 51.3% 41.0%	Baseline 28 Previous result 29 51.3% 51.3% (U) 41.0% 41% (U)	exclusively or fully breastfed at 3 monthsBaseline 28Previous result 29Actual to Date3051.3%51.3% (U)51.7% (U)41.0%41% (U)35.6% (U)	exclusively or fully breastfed at 3 months Baseline ²⁸ Previous result ²⁹ Actual to Date ³⁰ Target 2018/19 51.3% 51.3% (U) 51.7% (U) ≥70% 41.0% 41% (U) 35.6% (U) ≥70% 42.6% 42.6% (U) 34.5% (U) ≥70%

Data Source: Well Child Tamariki Ora

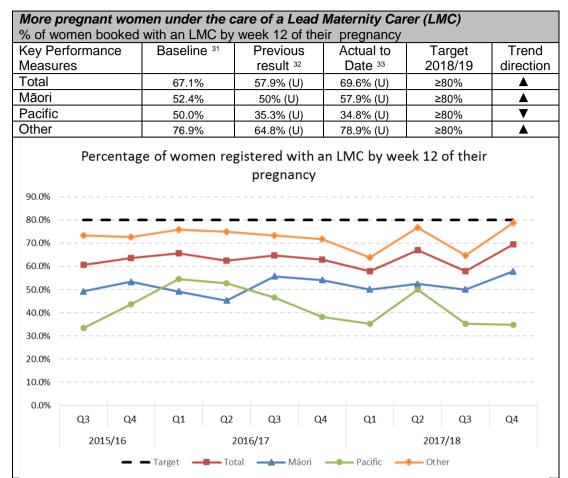
Comments:

HBDHB is aware of the declining trend in the breastfeeding rate in particular for Māori at 3 months which is reflective of a declining trend of breastfeeding on discharge from hospital and at 2 weeks. Some factors that appear to be related to this trend are higher than average complications i.e. SCBU admissions and also increased staffing/workload pressures for Midwiferv services which has reduced the ability of time spent supporting mothers to establish breastfeeding. In response, a one off support PVS from Population Health is being used as a pilot approach to increase community midwifery breastfeeding support in the home of .9FTE for Maori and Pacific mothers on discharge and Te Tai Whenua O Heretaunga have recruited within the last month to a 1 FTE Breastfeeding support position funded via Maori Health for Well Child Tamariki services. A similar contract has also been established up in Wairoa with Kauhungunu Executive. An ongoing concern is a restructure of Plunket services locally to a centralised service which has not yet allowed the local office to appoint their similar Māori health funded contract for a 1 FTE lactation Consultant. Interviews conducted with 50 Māori Mama from last year's birth cohort recently for the Kaupapa Māori Maternal Wellbeing program has identified breastfeeding issues/lack of support as one of the highest priority areas that will need to be addressed and strongly embedded by development of this new program over the next 6 months.

28 6 months to December 2017

^{29 6} months to December 2017

^{30 6} months to June 2018.



OUTPUT CLASS 2: EARLY DETECTION AND MANAGEMENT SERVICES

Comments:

The ongoing fluctuation of bookings by week 12 of pregnancy is evident here with a rise in all ethnicities except Pacific island. As a DHB our top 5 to thrive campaign continues with the intent through the MOH MQS programme to refresh and target both Māori and Pacifica women to support ease of access to a midwife early in pregnancy. Interviews with Māori women who have had a baby in the last 12 months has been completed with good feedback on what would work to support better access. The development of a Hapu Mama maternal programme is coming together with the intent of having this set up by mid next year. Ongoing collaboration with primary care colleagues, LMCs and resource centres across the district supporting visibility and responsiveness to a positive pregnancy tests continues, this is a particular focus and ongoing project within the Maternity quality and safety programme.

31 October to December 2017.

32 January to March 2018.

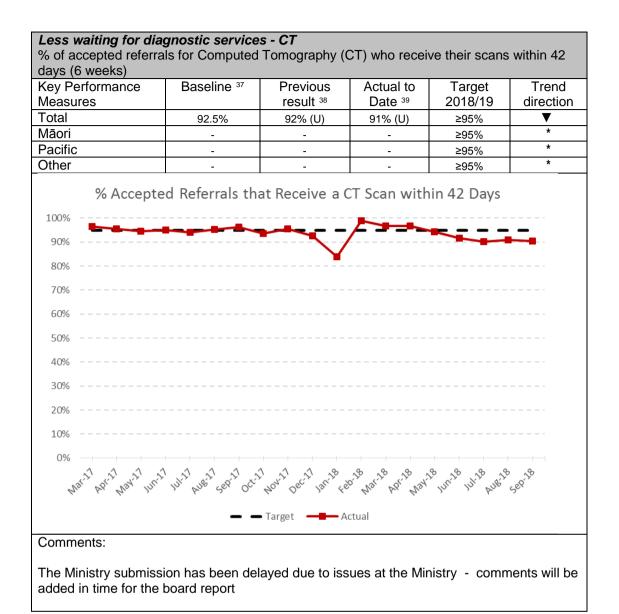
33 April to June 2018

CVD Risk Assessm Improved managem and Stroke)	ent of long-tern				
% of the eligible population Key Performance	Baseline ³⁴	Previous	Actual to	n the last 5 ye	ars Trend
Measures	Daseine	result ³⁵	Date ³⁶	2018/19	direction
Total					
Māori					
Pacific					
Other					
Source: Ministry of F *Data has not been s board report		inistry yet. Data	a and chart wil	ll be added in	time for the

^{34 5} years to December 2016. Source: Ministry of Health

^{35 5} years to June 2017. Source: Ministry of Health

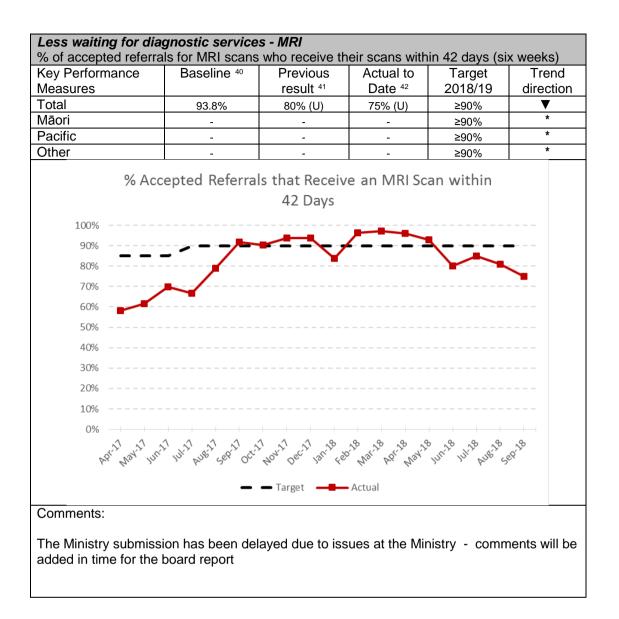
^{36 5} years to September 2017 . Source: Ministry of Health



³⁷ December 2017. Source: Ministry of Health

³⁸ June 2018. Source: Ministry of Health

³⁹ September 2018 . Source: Ministry of Health

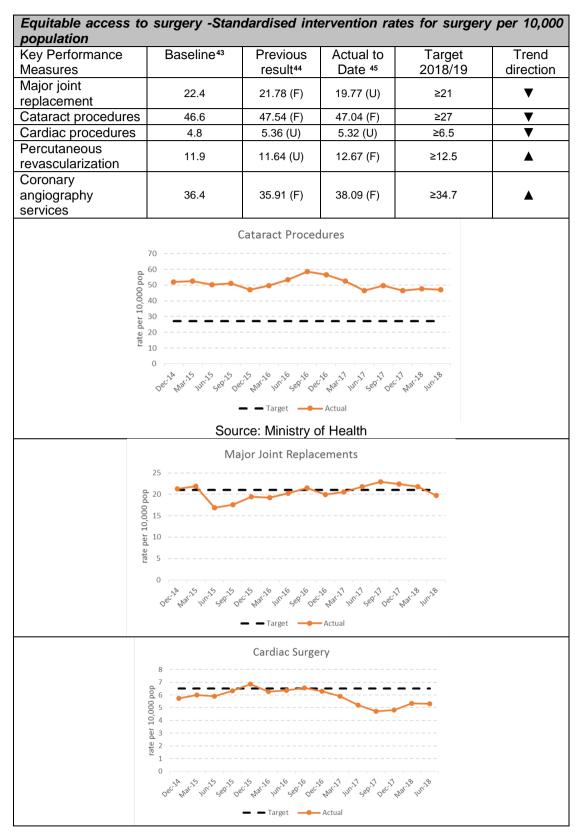


⁴⁰ December 2017. Source: Ministry of Health

⁴¹ June 2018. Source: Ministry of Health

⁴² September 2016. Source: Ministry of Health

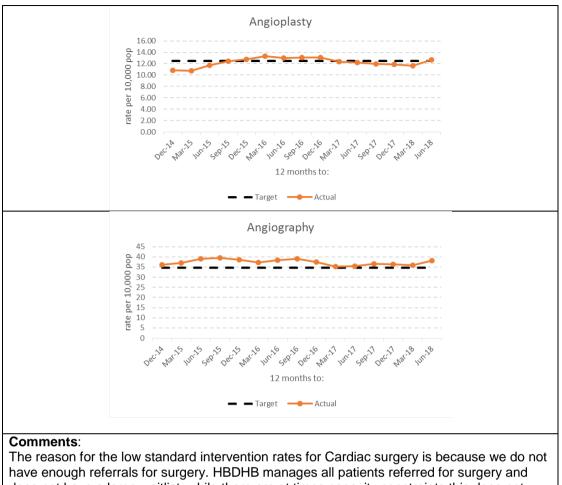
OUTPUT CLASS 3: INTENSIVE ASSESSMENT AND TREATMENT SERVICES



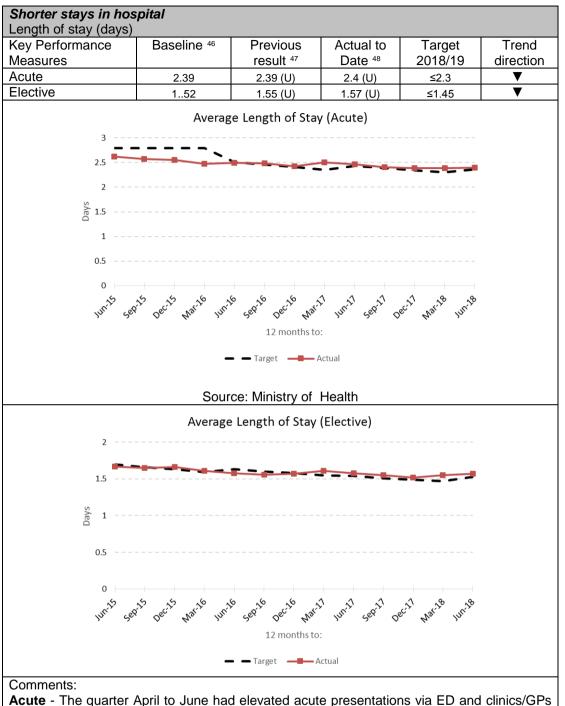
43 12 months ending December 2017. Source MoH

44 12 months ending March 2018. Source MoH

45 12 months ending June 2018. Source MoH



does not have a large waitlist, while there are at times capacity constraints this does not impact on the standard intervention rates, the number of referrals do.



Acute - The quarter April to June had elevated acute presentations via ED and clinics/GPs with complexity and high acuity. All wards were sitting at over 90% occupancy due to Surgery postponements affected by high electives, with waiting time for acute surgery delayed at times due to high volumes. In order to help, A2 was open to 10 beds and we are recruiting to permanent staff so those beds can be open 7 days per week (In this period only budgeted 5 days a week). Casual and relief nursing pool were increased by 10 FTE to ensure all beds can be resourced. Plans for high care rooms in x2 surgical wards being worked up to ensure these patients coming in increasing numbers are kept under close Senior RN care- this should decrease any rapid responses or post-operative complications that increase LOS.

^{46 12} months to September 2016. Source: Ministry of Health

^{47 12} months to August 2017. Source: Ministry of Health

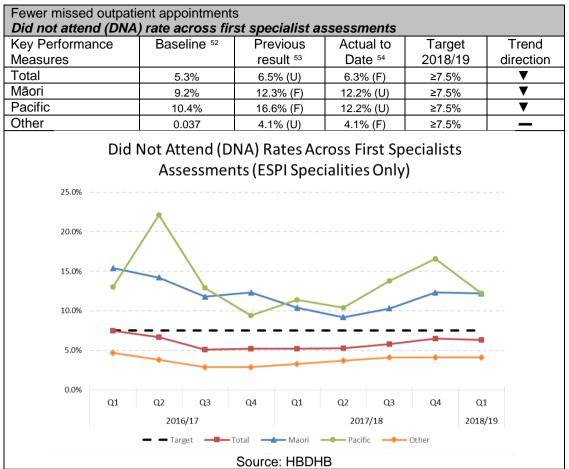
^{48 12} months to September 2017 .Source: Ministry of Health

Elective – HBDHB had higher case weights leading to longer stays e.g. increasing bowel cancers requiring complex surgery and often HDU (high dependency unit) stays then to wards and this always lengthens stay. Lighter cases that turn over in 24 hours were not done generally in this period as no theatre or ward capacity was available due to the above. Outsourcing was capped from April and these are smaller case weights but they were all just put into a waiting pool. Going forward HBDHB is looking at making elective We aim to change Lap Cholecystectomy cases to day cases (no overnight stay) were as currently the stay is 24 hours, we will trial with one General Surgeon to being with. HBDHB also have an acute Lap Cholecystectomy pathway developed to ensure these patients are not sitting in an acute beds for 3-4 days waiting for surgery. Instead those that meet the criteria will be sent home with specific instructions and return to a dedicated acute list for this procedure.

Quicker access to diagno	stics				_
Key Performance	Baseline 49	Previous	Actual to	Target	Trend
Measures		result 50	Date⁵¹	2018/19	direction
% accepted referrals for elective coronary angiography completed within 90 days	87.8%	94.4% (U)	97.5% (F)	≥95%	
% of people accepted for an urgent diagnostic colonoscopy will receive their procedure within two weeks (14 calendar days, inclusive),	93.5%	96% (F)	94% (F)	≥90%	▼
% of people accepted for a non-urgent diagnostic colonoscopy will receive their procedure within six weeks (42 days)	59.0%	55% (U)	54% (U)	≥70%	•
% of people waiting for a surveillance colonoscopy will wait no longer than twelve weeks (84 days) beyond the planned date	68.0%	78% (F)	60% (U)	≥70%	▼
Comments:					

The Ministry submission has been delayed due to issues at the Ministry - comments will be added in time for the board report

49 December 2017.50 June 2018.51 September 2018



Comments:

The overall total DNA continues to remain below the target rate of 7.5%, however the inequity with Maori and Pacific is still apparent. Maori and Pacific DNA levels sit at three times the level of Other, showing that barriers remain, preventing Maori and Pacific from utilising the HBDHB services in the same way as the rest of our population. The fluctuations in DNA levels over the last 3 months is a reflection of stretched resourcing across Outpatient Booking and Kaitakawaenga, resulting in less resource available to actively chase up those patients that are difficult to reach. The loss of the evening calling by our Switchboard continues to have a negative impact on DNA, and outpatient bookers workloads have been at levels where prioritising the calling of patients to attend appointments has not always possible. Over the last guarter the Pacific DNA result for September has dropped to 7%, this is the lowest level recorded over the last year. Although Pacific figures vary considerably with low numbers it is worth noting that additional training was recently given to the Pacific Navigator to assist in a more efficient targeted approach to the Pacific population. Hopefully we continue to see this positive impact on the Pacific DNA rate into the next quarter. Focus is going into capturing the 'real story' with plans for Kaitakawaenga to survey people who have DNA'd especially in the worst areas of General Surgery and Dental

⁵² October to December 2016. Source: Ministry of Health

⁵³ July to September 2016. Source: Ministry of Health

⁵⁴ October to December 2016 . Source: Ministry of Health

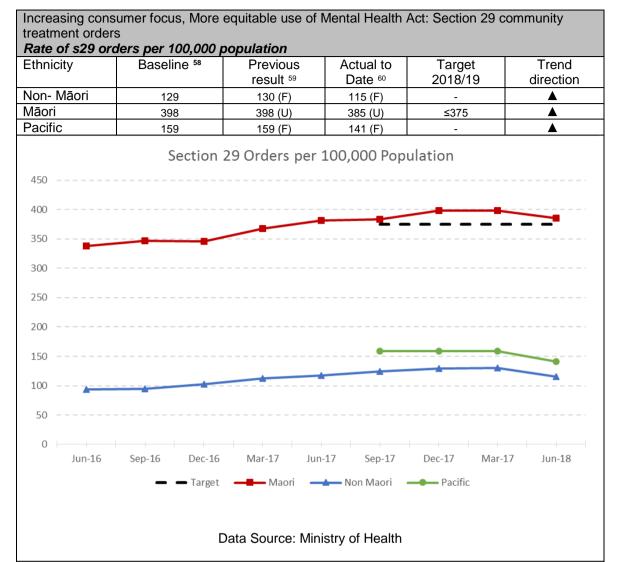
Key Performance	D 1 1 1	- ·		T	
•	Baseline ⁵⁵	Previous	Actual to	Target	Trend
Measures		result 56	Date 57	2018/19	direction
Mental Health Provid	er Arm: Age 0-1	9			
<3 weeks					1
Total	72.5%	73.4% (U)	75.7% (U)	≥80%	
Māori	76.4%	78.7% (U)	80.2% (F)	≥80%	
Pacific	82.6%	91.3% (F)	100% (F)	≥80%	
Other	70.2%	68.7% (U)	71.3% (U)	≥80%	
<8 weeks Total	04.00/	00 70((1))	00.00((11)	> 0 5 %	
Māori	91.2%	92.7% (U)	93.2% (U)	≥95% >05%	
Pacific	94.1%	94.4% (U)	94.6% (F)	≥95%	
Other	91.3% 88.7%	100% (F)	100% (F)	≥95% >05%	
Addictions (Provider		91% (U)	91.8% (U)	≥95%	
<3 weeks		jo 0-13			
 Sweeks Total 	72.1%	73.8% (U)	73.2% (U)	≥80%	V
Māori	61.1%	64.9% (U)	66.7% (U)	≥80%	· ·
Pacific	100.0%	100% (F)	100% (F)	≥80%	_
Other	85.7%	86.9% (F)	81.8% (F)	≥80%	•
<8 weeks					
Total	95.6%	93.4% (U)	98.2% (F)	≥95%	
Māori	94.1%	94.4% (U)	94.6% (F)	<u>≥95%</u>	
Pacific	100.0%	100% (F)	100% (F)	≥95%	
	100.070	10070(1)	10070(1)	-00/0	
	100.0% al Health and A (Le		0	≥95%)-19 Years	
Other 	al Health and A		iting Time: C		
Menta	al Health and A	Addiction Wa	iting Time: C		
Menta	al Health and A	Addiction Wa	iting Time: C		
Menta 100% 90%	al Health and A	Addiction Wa	iting Time: C		
Menta 100% 90% 80%	al Health and A	Addiction Wa	iting Time: C		
Menta 100% 90% 80% - 70% -	al Health and A	Addiction Wa	iting Time: C		
Menta 100% 90% 80% - 70% 50%	al Health and A	Addiction Wa	iting Time: C		
Menta 100% 90% 80% - 70% - 60% 50%	al Health and A	Addiction Wa	iting Time: C		
Menta 100% 90% 80% - 70% 50%	al Health and A	Addiction Wa	iting Time: C		
Menta 100% 90% 80% - 70% - 60% 50%	al Health and A	Addiction Wa	iting Time: C		
Menta 100% 90% 80% - 70% - 50% 40% 30%	al Health and A	Addiction Wa	iting Time: C		
Menta 100% 90% 80% - 70% - 60% 50% 30%	al Health and A	Addiction Wa	iting Time: C		
Menta 100% 90% 80% - 70% - 60% 50% 30% 20% 10%	al Health and A	Addiction Wa	iting Time: C		
Menta 100% 90% 80% - 70% 60% 50% 30% 10%	al Health and A (Le	Addiction Wa	iting Time: C eeks)		
Menta 100% 90% 80% - 70% - 60% 50% 30% 20% 10%	al Health and A (Le Ro ^{f-1} N ^{RO} ¹² Jun ¹² Jul ¹²	Addiction Wa ss than 3 We	iting Time: C eeks)	0-19 Years	

5512 months to December 2016

56 12 months to June 2018

57 12 months to September 2018

meet the target. We have put in a number of short term mitigation strategies in place: Firstly the utilisation of the FTE underspend to purchase packages of care from outsourced clinicians, this is currently not reflected in our target data. Secondly the DHB have deployed non clinical capacity to follow up first time appointments to decrease DNAs and ensure the first time appointments are utilised. Lastly the DHB have actively recruited staff with FTE commencing in January 2019.



Comments:

We have completed a Mental Health Indicator Review that has provided us with challenging but encouraging information on the status of this mental health indicator. The review recognises that being placed under s29 of the Mental Health Act is compounded by the complexity of social, family and health factors. The differences in the population rates of these underlying factors may be a significant driver of compulsory treatment and is an important component of any strategies to reduce the rate. We are considering the report recommendations.

^{58 12} months to December 2017

^{59 12} months to March 2018

^{60 12} months to June 2018

RECOMMENDATION:

It is recommended that the Māori Relationship Board, Pasifika Health Leadership Group and the HBDHB Board:

1. Note the contents of this report

ATTACHMENT:

• HBDHB Quarterly Performance Monitoring Dashboard Q3 (not available at this time)



Recommendation to Exclude the Public

Clause 32, New Zealand Public Health and Disability Act 2000

That the public now be excluded from the following parts of the meeting, namely:

20. Minutes of Previous Meeting

21. Matters Arising – Review Actions

The general subject of the matter to be considered while the public is excluded, the reason for passing this resolution in relation to the matter and the specific grounds under Clause 32(a) of the New Zealand Public Health and Disability Act 2000 for the passing of this resolution are as follows:

- Official Information Act 1982 9(2)(ba) to protect information which is subject to an obligation of confidence.
- Official Information Act 1982 9(g)(i) to maintain the effective conduct of public affairs through the free and frank expression of opinions between the organisation, board and officers of the Minister of the Crown.
- NZPHD Act 2000, schedule 3, clause 32(a), that the public conduct of the whole or relevant part of the meeting would be likely to result in the disclosure of information for which good reason for withholding would exist under any of sections 6, 7 or 9 (except section 9(2)(g)(i) of the Official Information Act 1982).