

DOMPERIDONE (For increasing breast milk supply)

Other names: Motilium®, Prokinex®



Important note: The following information is intended to add to, not replace, the knowledge and judgment of your doctor, pharmacist or other health care professional.

Why you are taking this medicine

Domperidone increases the level of a hormone (prolactin) in your body which is involved in the production of breast milk. As the prolactin level is increased the greater the amount of breast milk is produced.

Domperidone is recommended for use only when breast milk supply is low and when non-drug methods (such as expressing regularly) alone are not enough to increase the milk supply.

When to take this medicine

Take exactly as directed by your doctor or midwife. The dose is usually taken three to four times a day.

It may be a week before you notice an increase in breast milk supply. It could take up to 2 to 4 weeks of therapy to reach maximum effect. Sometimes the medication may need to be continued for up to 8 weeks.

As very little domperidone passes into the breast milk, taking domperidone when breast-feeding is considered to be relatively safe for your baby.

If you miss a dose

Take it as soon as possible except when it is close to the time for your next dose. If it is almost time for next dose, skip the missed dose and return to your regular dosing schedule. You should not take two doses at the same time.

Side Effects

Unfortunately as well as having good effects, most medicines have some effects on your body that are unwanted. These are called *side effects*.

Call your doctor **immediately** if you have any of these side effects:

- loss of balance
- restlessness
- palpitations
- breast tenderness/pain

Tell your doctor or pharmacist if you have these side effects:

- headache
- abdominal pain
- dry mouth
- rash
- trouble sleeping
- diarrhoea

The list of side effects is **not** complete. Tell your doctor or pharmacist if any side effect is of a concern to you.

Other Medication

Tell your doctor or pharmacist if you are taking any other medicine including herbal or complementary products and medicines you can buy without a prescription.

Certain medicines can increase the domperidone concentration in the body which can affect your heart beat. For example, amiodarone, erythromycin, itraconazole, and ritonavir. Check with your doctor or pharmacist about new medicines that are started while you are taking domperidone.

Storage

Keep all medicines out of reach of children.

Read this leaflet and discuss any questions you have about your medicines with your doctor or pharmacist.