

# MEBEVERINE

Other names: Colofac®



**Important note:** The following information is intended to add to, not replace, the knowledge and judgment of your doctor, pharmacist or other health care professional.

## Why you are taking this medicine

Mebeverine works by preventing spasms by relaxing the muscles in your the gastrointestinal tract (your gut).

Mebeverine is particularly useful to help ease the spasm-type pain that may be associated with inflammatory bowel disease and other similar conditions.

Mebeverine has been used for the following condition:

- irritable bowel syndrome
- gastrointestinal muscle cramps

## When to take this medicine

Mebeverine should be taken about 20 minutes before a meal.

Before taking mebeverine, make sure your doctor or pharmacist knows if you:

- are pregnant or breast-feeding
- have a condition called paralytic ileus (bowel blockage)
- have a condition called porphyria

## If you miss a dose

Take it as soon as possible except when it is close to the time for your next dose. If it is almost time for your next dose, skip the missed dose and return to your regular dosing schedule. You should not take two doses at the same time.

## Side Effects

Unfortunately as well as having good effects, most medicines have some effects on your body that are unwanted. These are called *side effects*.

Call your doctor **immediately** if you have any of these side effects:

- general tiredness
- decrease in pulse rate
- skin rash, severe itching or hives
- losing weight
- difficulty sleeping

Tell your doctor or pharmacist if you have these side effects:

- indigestion or heartburn
- dizziness
- constipation
- headache

The list of side effects is **not** complete. Tell your doctor or pharmacist if any of these side effects are of a concern to you.

Mebeverine tablets contain lactose (80mg / tablet). If you are lactose intolerant, consideration should be given to not using this medicine.

### **Other Medicines**

Tell your doctor or pharmacist if you are taking any other medicines, including herbal and complementary products and medicines you can buy without a prescription.

### **Storage**

Keep all medicines out of reach of children.

**Read this leaflet and discuss any questions you have about your medicines with your doctor or pharmacist.**