

Constipation Management

Registered Nurse Care Guides for residential aged care - CONSTIPATION & GASTRO INTESTINAL CARE GUIDE. Waitemata DHB 3rd Edition. 2012

<https://www.waitematadhb.govt.nz/assets/Documents/health-professionals/rn-care-guides/P10-11-GastroIntestinalConstipationGuidelines2012.pdf>

Bristol Stool Chart

<https://www.nzgp-webdirectory.co.nz/site/nzgp-webdirectory2/Bristol%20Stool%20Chart%20-%20A3%20poster.pdf>

Training Power Point

Nurse Assessment Questions

(Clinical nurse managers and community pharmacists can obtain the answer sheet obtained from pharmacist@healthhb.co.nz)

Additional reading

1. Managing of constipation in older adults
Bpac^{nz} Feb 2019. <https://bpac.org.nz/2019/constipation.aspx>
2. World Gastroenterology Organisation Global Guidelines Constipation: a global perspective
November 2010
http://www.worldgastroenterology.org/assets/export/userfiles/05_constipation.pdf
3. Evaluating and Managing Constipation in the Elderly
David A. Ginsberg, MD, Sidney F. Phillips, MD, Joyce Wallace, MSN, CRNP, APRN-BC, Karen L. Josephson, MD
Urol Nurs. 2007;27(3):191-200, 212. http://www.medscape.com/viewarticle/559895_1
4. Treatment of Constipation in Older Adults
Christine Hsieh. Am Fam Physician. 2005 Dec 1;72(11):2277-2284.
<http://www.aafp.org/afp/2005/1201/p2277.html>
5. Diagnostic Approach to Chronic Constipation in Adults
NAMIRAH JAMSHED, MD; ZONE-EN LEE, MD; and KEVIN W. OLDEN, MD
Am Fam Physician. 2011 Aug 1;84(3):299-306. <http://www.aafp.org/afp/2011/0801/p299.pdf>
6. Chronic Constipation in the Elderly
Juan F. Gallegos-Orozco , MD 1 , Amy E. Foxx-Orenstein , DO 1 , Susan M. Sterler , RN1 and Jean M. Stoa , RN1
<http://d2j7fjepcxuj0a.cloudfront.net/wp-content/uploads/2012/10/4-ajg2011349a.pdf>