## **Hydrotherapy facilities – Napier**

- Napier Medical Centre 76 Wellesley Road Napier
- Opening Hours: 8am-5.30pm Monday to Friday
- All pool sessions need to be booked in advance
- Cost per session is \$5.00 per person, each pool session is booked for 30 minutes, a group booking by an organisation can be booked for an hour slot if there is availability.
- No more than 3-4 people are booked into the pool at anyone time.
- Changes to pool times may need to occur if/when required.
- Disabled persons need their own support person at all times. The support person is not charged, and can get in to the pool if required to be arranged on booking.
- Each person accessing the pool is required to complete an independent pool access agreement (please see attached), prior to using the facility.
- For individual persons wishing to book in to use the pool, a referral to Proactive Napier is required from a Health provider. An appointment will be booked with a physio to go over the pool processes, Health & Safety, use of hoist (if required) and advise on exercises.
- NO person is allowed in the pool on their own, there must ALWAYS be a minimum of two people

This facility is provided by the Hawkes Bay District Health Board, and operated by Proactive Rehab.

Contact details:

**Proactive Rehab** 

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